



Newsletter of the
BURLEYGRIFFIN CANOE CLUB

Volume 35 Issue 9 June 2025

Your Committee:

President: Laura Kleinrahm

Vice President: Richard Fox

Secretary: Patricia Ashton

Treasurer: Neil Fargher

Boat Captain: Andy Osborne

Safety Officer: Tom Long

Ordinary Members: Shayanna Beck
 & Colin Calderwood

THE TARDIGRADE CAN SURVIVE THE HEAT OF A VOLCANO AND THE VACUUM OF SPACE, BUT IT PREFERS AN OPEN FIRE, A GOOD BOOK AND A CHILLED SANCERRE.



TOM GAULD for NEW SCIENTIST

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*The ACT Government assists this organisation through the
 Sport & Recreation Grants Program*

Position	Person
Membership Secretary	Patricia Ashton
Public Officer	Bob Collins
Editor ('Blazing Paddles')	Helen Tongway
Coaches' rep	Margi Bohm
Webmaster	Geoff Collett
Vice-Boat Captain	Scott MacWilliam
Canoe Polo Convener	Adam Hofmeyer
Time Trials	Helen Tongway & John Lockie
Marathon Convener	Colin Calderwood
Event Co-ordinator	Bob Collins
Sprint Convener	Marcelo Cabezas
WW Convener	Mic Doyle
Slalom Convener	Colin Calderwood
Social Convener	Wendy Xiao

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Coming Events:

- 28-29 June, 2025 Recreation Batemans Bay and Nelligen area Coastal paddling NSW
- 28 June, 2025 Harbour Series Race 2 Spit to Zoo Sydney NSW
- 12 July, 2025 PNSW Marathon Series Race 7, CSPC, Swallow Rock, Sydney, NSW
- 20 July, 2025 Harbour Series Race 3 La Perouse Sydney NSW
- 3 August, 2025 PNSW Marathon Series Race 8, PVC Penrith Sydney NSW
- 16 August, 2025 Harbour Series Race 4 Central Coast NSW
- 31 August, 2025 PNSW Marathon series Race 9, MWKC Narrabeen Sydney NSW
- 29 Sep-4 Oct 2025 ICF World Slalom Championships SIRC Sydney NSW
- 8-9 November, 2025 Hawkesbury Canoe Classic Windsor to Mooney-Mooney NSW
- 17-21 November, 2025 Massive Murray Paddle Yarrawonga-Koondrook NSW/Vic
- 6-7 December, 2025 24Hour Relay Paddling Challenge Molonglo Reach BGCC ACT

President's Report

We are almost through to the shortest day of the year! Well done to those troopers who are still paddling. According to our survey, 76% of members still paddle during winter; not a mean feat in our cold climate!

A huge thank you to the 84 of you who completed our Club Membership Survey. It has already provided some really useful insights to the Committee. Keep an eye out for a summary of the results and what we'll be doing with the info coming out soon.

Some activities you might see around the Club include the continuing site preparations for our back shed addition, upgrades to our CCTV and some repairs after something hit the corner of our gutter on the extension end. You will also have seen the Canoe Polo ramp angle has been improved and the main pontoon relocated and ramp added. Thanks to Adam Hofmeyer, Shane Lund and Scott Hunter for this.

I hope to see many of you this weekend at the Winter Solstice potluck. It should be a great socialiser and also coincides with BGCC's 35th Birthday, so a big Happy Birthday to BGCC!

- Laura Kleinrahm

Paddling proverb: *Thou shalt not feel thy fingers when winter paddling is nigh.*

Canoe Polo Report

Over the June Long Weekend, many BGCC paddlers travelled North to the warmer waters for the Nambucca Header. This is the 5th year we've hosted the event and it was great to recognise the 11 paddlers who have attended each event so far, including Adam Hofmeyer, Laura Kleinrahm and Roly Mangos from BGCC. 10 teams competed over A and B Grade,



with one of the event's unique points being that all teams are designed to be even, leading to many draws and single-goal results across the weekend. It also meant players had the opportunity to play with athletes from across Australia, including NSW, Qld, Tas and Vic. Following a bunch of games, the Mudcrabs, featuring Adam and Laura reigned supreme in A Grade, with the Gliders taking out B Grade thanks to highest goal-scorer, Caitie Burr.

Left: Mudcrabs with Laura and Adam

More locally, we are still chugging along. Numbers have been a bit low for Friday night games and have been a bit thin for A Grade trainings (after work, in the dark and cold) with a sudden influx in players being 'very busy at work' and unable to attend. Definitely no correlation with the wintry temps..!



Above: Gliders, with Caitie Burr in centre; Below: Ethan James; Above: Louise Gates; Below: Daniel Leigh



Below: James Harmer and Roly Mangos



-Adam Hofmeyer

Marathon Racing Report

PNSW Marathon Series Race 6 Report:

Race 6 of the PaddleNSW Marathon Series was held on Saturday, June 14. The forecast for light rain was, thankfully, off the mark. A moderate breeze did provide a headwind for the up-river stretch but tides weren't hugely impactful and it did remain dry.

12 BGCC paddlers competed in eight of the thirteen divisions. BGCC was represented by at least one paddler in each of the first five divisions. . Division 1 had the most BGCC members. From there , Divisions seven, eleven and thirteen also had BGCC representation.

The river at Woronora was heavily impacted by flooding a few years ago. I recall hitting a submerged garden chair with my paddle that race. The river was much freer of debris in 2025, though there were a few sizeable 'sticks' that kept paddlers on alert. Nothing compared to the last stretch towards The Rock on our own Molonglo River, however!

At the presentation event post-race, the healthy turnout of local junior paddlers was on display. Robert Bruce blames the youth for missing a podium finish in the 5 km distance.

BGCC had a number of paddlers who finished in the top three of their division: Matthew Gates 3rd in Div 2, Jason Rantall 3rd in Div 2, Laura Lee 2nd in Div 3 and Richard Fox 3rd in Div 4.

Race 7 of the series is on Saturday, July 12 at Swallow Rock, Greys Point. Like Woronora, it is located in the south of Sydney and is one of the easier up-and-back venues from Canberra. BGCC members are encouraged to get along to this event and help BGCC remain a competitive club in the series.

-Richard Fox

BGCC Results - Woronora: <https://www.webscorer.com/race?raceid=394226>

Division 1:	3 rd	Matthew Gates	K1	1:33:34	98
	7 th	Craig Elliott	K1	1:26:37	94
	8 th	Michael Hanemaayer	K1	1:40:32	
Division 2:	3 rd	Jason Rantall	K1	1:41:59	98
Division 3:	2 nd	Laura Lee	K1	1:47:51	99
Division 4:	3 rd	Richard Fox	LR1	1:55:52	98
Division 5:	4 th	Patricia Ashton/Bob Collins	LR2	2:03:27	97
Division 7:	4 th	Helen Tongway/Yvette Maconachie	LR2	2:29:30	97
Division 12:	6 th	Louise Gates	K1	1:15:51	95
Division 13:	6 th	Robert Bruce	OS1	0:35:07	95

Below: The first start. Note the slack flag on Richard Barnes' boat!





Above: Bob Collins & Patricia Ashton, mid-journey.

Below: Robert Bruce, happy to be finished.



Above: Louise Gates, determined to cross the finish line before Right: Matthew Gates – who looks pleased with his results – as does Below left: Craig Elliott.



Below R:

Michael Hanemaayer



Below: Laura Lee had a ball!





Above: a very determined Jason Rantall about to finish, as are Below: Bob Colins and Patricia Ashton



Above: Richard Fox, cruising to the finish, while Right: It was a tighter finish for some.



Left: Yvette Maconachie and Helen Tongway, the last BGCC boat over the finish line, but showing how to keep in time

Next Series Race: **24th July, CSPC Swallow Rock/Hacking River – enter now!**

2026 Australian Canoe Marathon & SUP National Championships:
Thursday 9th April – Monday 13th April, 2026. Hosted by BGCC at Molonglo Reach. Volunteers will be needed! Please consider how you can contribute to this event – and provide to the rest of the Australian paddling community *a Capital Event!*

Upskilling PNSW Coaches

PNWS Coaching Coordinator, our very own Margi Bohm, ran a Coaches Upskilling Course over the June long weekend. These 2-day Workshops are designed to build on the online coaching courses run by PA towards preparing NSW/ACT Coaches for the practicalities of coaching in a club environment. At the centre of the Upskilling Program is the need to teach injury free, efficient technique and develop good training behaviours in all club paddlers, regardless of their level or interest in competition. 14 people attended.

The June long weekend Workshop focussed on teaching new and established paddlers how to paddle properly. The course was attended by flatwater and ski coaches from BGCC, the South Coast, Sydney, and Northern NSW. Despite the cold weather, participants practised their coaching skills on each other on and off the water, learning how to identify which aspect of the stroke contributes most to moving the boat and needs to be fixed first, and different ways to guide the paddler towards improvement.

The next Workshop will take place in October or November. If you are interested, please contact *-Margi Bohm.*

BGCC Winter Time Trials Results:

Results: 24/5/2025: 1 lap: Dave Kernick OS1 23:54(**PB**); Andy Osborne K1 24:19; Katherine Cross LR1 25:59; Neil Fargher LR1 27:48; Nick Hocking V'AA DNF; 2 laps: Matthew Gates K1 32:23; Craig Elliott K1 35:15; Sam Wellings-Booth K1 38:04; Laura Lee K1 38:38; Marcelo Cabezas C1 39:04(**PB**); Matilda Stevenson K1 41:25; Dom Hides K1 42:36; Patricia Ashton/Bob Collins LR2 43:50; Margi Bohm K1 45:47; Ted Hall SS1 46:49; Jeremy Cook LR1 48:10; Ali Thwaites K1 49:39.

Results: 31/5/2025: 1 lap: Molly Halpin JTK1 33:45; Diane Gibson S16 39:07; **2 laps:** Matthew Gates K1 33:08; Craig Elliott K1 35:03; Mark Halpin K1 35:03; Laura Lee K1 38:32; Jason Rantall K1 38:32; Matilda Stevenson K1 40:59; Louise Yabsley/Bob Collins LR2 43:26; Margi Bohm K1 43:29; Ted Hall SS1 45:44; Helen Tongway/Yvette Maconachie LR2 52:41; Jeremy Cook LR1 52:43.

Results: 7/6/2025: 1 lap: Dave Kernick OS1 24:59; Katherine Cross LR1 25:28(**PB**); Molly Halpin JTK1 33:48; **2 laps:** Matthew Gates K1 33:25; Craig Elliott K1 35:18; Sam Wellings-Booth K1 37:02(**PB**); Mark Halpin K1 37:03; Laura Lee K1 41:14; Andy Osborne OS1 43:50; Patricia Ashton/Bob Collins LR2 44:24; Jeremy Cook LR1 49:36.

Results: 21/6/2025: 2 laps: Matthew Gates K1 34:32; Craig Elliott K1 34:37; Jason Rantall K1 37:08; Laura Lee K1 38:22; Richard Fox LR1 41:27; Marcelo Cabezas C1 41:45; Dom Hides K1 42:56; Patricia Ashton/Bob Collins LR2 43:20; Margi Bohm K1 43:22; Andy Osborne OS1 44:36; Leonardo Maldoni K1 47:22; Helen Tongway/Yvette Maconachie LR2 52:28; Jeremy Cook LR1 52:28.

Time Trials: 10 a.m. start each Saturday. Paddle against your own best time – not some other speedy paddler in a faster/fancier boat! All grades of paddlers welcomed /encouraged!

News Snippets

From our Boat Captain: My only request this month is for private boat owners to make sure the name card adjacent to their boat rack is labelled with their name. I need to keep track of boats and their owners and there has been quite a lot of rack-switching in the last few months.

Also, if you are still thinking of purchasing your own boat, there are currently a few boat-rack spaces available. Just apply to your boat captain -

-Andy Osborne

Lake Ginninderra: Lower Lake Level 🚤

During the week commencing 16 June, the water level in Lake Ginninderra began to be progressively lowered to approximately 500mm in total, weather permitting. This is needed as part of the investigation work at the lake edge, for the Emu Bank foreshore upgrade.

Lowering of the water level will be undertaken in a staged process of around 80mm per day. Over the next four weeks you will notice the water level in Lake Ginninderra will be lower.

Sections of Emu Bank may be unavailable to the community to access during this time. Signage will be in place to detour pedestrians as required.

Once the investigations are complete, the water level will increase naturally with rainfall and water from upstream catchments. This may take several weeks. It is possible there may be an increase in odour from the lake if the lakebed is exposed.

Winter Virus Season: Garvan Institute of Medical Research

Research led by Professor Tri Phan and Dr Rama Dhenni has found that receiving a booster shot in the same arm as the initial dose can lead to a stronger and faster immune response. This is because immune cells near the injection site are already primed to react. The study – conducted by Garvan and the Kirby Institute – suggests that this simple change in how boosters are given could help the body respond more effectively to vaccines. It also has the potential to lead to next-generation vaccines that require fewer boosters.

From the Grey Army: Shed Extension.

We are still awaiting formal approval from the ACT Government for our proposed small extension at the rear of our shed. Uncharacteristically, I have been shunted around 3 or 4 different areas within TCCS to follow up the application. At 15sq metres, the shed does not need formal approval from TCCS, however the NCA will not give it a tick until TCCS gives it the OK. In the meantime we are planning to go ahead with the base for the shed.

-Bob Collins

Recreational Paddle

If you're interested in having a paddle on the Clyde River on Saturday 28th June, let me know. We'll be meeting around the Batemans Bay boat ramp about 9:15, to head out by 9:45 a.m. At this stage we'll be paddling to Nelligen for lunch then return. It will be about 26 km round trip. Sunday's paddle is yet to be decided and will depend on who comes along and what the ocean possibilities are. Please contact me in case there are changes to the plans – i.e., it will be weather dependent. *Patricia Ashton.*



About ENHANCE Healthcare:



Enhance Healthcare was established by **Peter Garbutt** and **Celina Miller** in 2001, initially providing Massage and Chiropractic Services to the Gungahlin and Canberra community.

Over the past 15 years, our service offering has increased to include;

- - **Acupuncture;**
- - **Soft Tissue Therapy;**
- - **Chinese Herbal Medicine;**
- - **Chiropractic and Massage Therapy;**
- - **Physiotherapy**

Email: healthcare@enhance.com.au

Book online: <https://enhance.janeapp.com.au/login>

Mitchell: (02) 6241 6060
Denman: (02) 6287 1377

Our business is built with the customer at the forefront of everything we do. We have established a highly skilled and professional team, across multiple disciplines with the specific view of delivering the best possible client outcomes.

At Enhance Healthcare we listen to our clients, diagnose the problem properly and utilise the combined skills of the ENHANCE team to resolve whatever the problem may be. We then follow up to ensure our clients are happy with outcomes

Pete Garbutt is also a long-time member of the Burley Griffin Canoe Club

Denman Prospect Clinic Address

Shop 25, 3 Felstead Vista,
Denman Prospect ACT 2611

Mitchell Clinic Address:

Unit 10, Level 1 141 Flemington Rd
Mitchell, Canberra ACT, 2912

Opening Hours:

Monday	5 a.m. – 8pm	Tuesday	7 a.m. – 7 p.m.	Wednesday	7 a.m. – 8 p.m.
Thursday	7 a.m. – 7 p.m.	Friday	7 a.m. – 6 p.m.	Saturday	10 a.m. – 4 p.m.
Sunday	10 a.m. – 4 p.m. (Mitchell only)				

The 'Volunteer Army'



Over the last week of May, Volunteers from around Australia are celebrated and their vital contributions recognised. BGCC runs on volunteers and it is hard to select just a few club members for others to notice. For 2025, the BGCC committee (itself a bunch of volunteers) selected **Ali Thwaites** to be noticed by PNSW:

Ali joined [Burley Griffin Canoe Club \(BGCC\)](#) about 2.5 years ago from Fairfield Club in Victoria. Ali's background is in teaching and that comes across in her interactions – she is friendly, helpful and enthusiastic and is able to give advice on technique in a clear, encouraging manner. Over the last year particularly she has been a great help with our beginner, novice and recreational paddlers. She also volunteers at any social or paddling events the club holds. Ali has a gift of putting people at ease. She is a great help within the club and a fun paddling companion.

This National Volunteer Week, we're recognising some of the amazing club volunteers who make up BGCC, and there's no way we'd be in the green without our amazing Club Treasurer, **Neil Fargher**!

In addition to bringing calm and measured financial wisdom to our Committee, Neil is also a valuable asset to the Sunday paddle group and can always be guaranteed a smile whilst completing his Saturday Time-Trials (with a bit of heckling!) Thanks for all you do to make our Club special, Neil!



David Burr: *What are your main volunteer activities?* I'm a general helper out there, if something needs doing I try to get stuck in and sort it out. I mostly drive the clubs' boats around but I like to help the younger members of the sport develop as well.

What got you into volunteering with polo? My kids got me involved initially, but as I hung out with the people at polo it became more about the community spirit. *What's your favourite thing about volunteering?* Definitely the people. It is

super-gratifying to be able to help an amazing group of athletes achieve their goals.



This National Volunteer Week we're celebrating those who contribute to our Club. And BGCC wouldn't be what it is without our founding member, **Helen Tongway!**

A BGCC Life Member, Helen can be found writing up editions of the Blazing Paddles, helping run Paddle for Pleasure and ensuring weekly Time Trials run smoothly, whilst also running the Club's annual 24-Hour Challenge. A huge thanks to Helen for all her decades of dedication to BGCC!

This National Volunteer Week, BGCC is featuring some of our volunteers who make the Club tick. Next up we have Whitewater Convener, **Mic Doyle** who has recently joined the Club and established a Whitewater program. Having already delivered two whitewater introductory courses, including river runs and a trip to the Lower Snowy, Mic has been instrumental in getting people into whitewater paddling and adding this exciting discipline to the Club's offerings.



This week we'll be recognising some of our Club's excellent volunteers as part of National Volunteer Week.

John Lockie is an active member of the Club's famed Grey Army, regularly pottering around the Club doing everything from tackling weeds to hanging photos. In addition, every Saturday morning he can be found at the Shed, helping with Time Trials and coaching paddlers involved in the weekly Paddle for Pleasure sessions.

Thanks for all your contributions to BGCC, John, the Club is super appreciative!



And as a continuation on this theme:

Over the chilly King's Birthday weekend: Many thanks to Shane Lund and Scott Hunter, who spent the best part of a day in the cold water relocating our pontoon. It is now slightly up-stream from its original place and hopefully will be able to remain there with further reduced water levels.

Membership Fees

Membership fees are due by the end of June, so, if you haven't renewed your membership, your time is nearly over. Fees have been kept the same as last year:

Adult fees: Paddle Australia \$47, + PNSW \$47 + BGCC \$100 for a total of \$194 (+\$30 new member fee).

Juniors 10 – 18yrs: PA \$23.50 + PNSW \$20 + BGCC \$40 = 83.50 (+\$10 new member fee)

Juniors under 10yrs (at 1st July) PA \$23.50; PNSW \$0; BGCC \$40 (\$0 new member fee)

If you have boat storage or a shed key, these fees may be paid at the same time as membership renewal. They also remain the same at \$200pa for storage and \$80pa for a shed key.

You may pay these fees separately from your membership fees, however payments need to be finalised by 30 June. If you do require more time to pay, please contact either Laura Kleinrahm (President) or Patricia Ashton (Membership Secretary).

If you haven't already applied for a shed key or storage, please don't make payment until any application has been approved.

Family Memberships

Juniors, rejoining without an adult or a single junior with an adult will remain at \$40, however, our Family memberships, where more than one junior joins with an adult, or a family of 2 adults and one or more children join, the 3rd + will receive a 75% discount on BGCC fees as well as a 30% discount for all via PA & PNSW.

Subscriptions

Some members have chosen the direct debit option – if this is you, please make sure you are aware (emails will be sent out from 1st June). If you don't intend to rejoin – Please cancel your subscription before 30th June. If you are rejoining and have storage and/or a shed key – these fees aren't included so you will be required to make separate payments.

We would love to see all our current members rejoin. There are so many reasons to be a club member. You can take part in any of the disciplines – flatwater, marathon or recreational, canoe polo or white water, there is a range of club boats available, coaching at various levels, support from like-minded people, shed facilities, sharing of information via *Blazing Paddles*, Info sessions or directly from other members.

AGM

The club AGM will be held in August. We will be requiring at least a new secretary and a new treasurer, although all positions will be vacated. Committee members may only hold a position for 2 years in succession – so please consider stepping up and lending a hand. The positions generally aren't too onerous and we're looking for ways to minimise the duties and number of emails.

Recreational Paddles

We'd like to organise some away recreational paddles. These would be suitable for most members, however paddlers would need to be able to paddle around 25 km – at a reasonably leisurely pace with a stop for morning tea and lunch. This would mean about a 5-hour paddle. While we can offer 2 Mirage doubles, it would be preferable for paddlers to work towards being able to do this comfortably themselves. How? Join our Thursday 7 a.m., Saturday 11:30 a.m. and/or Sunday 9 a.m. paddles regularly and throw in some Time

Trials to build up your paddling fitness. There are other times available if you're an early morning person, or possibly some afternoons.

Accommodation should be arranged by individuals, however there may be the opportunity to share a house or cabin. Please let Patricia know if you're interested in coming along and we'll keep you informed.

Participants should also be able to transport their own or club boat – the club trailer may be available to carry boats, but it depends who is coming. Car-pooling may also be an option. Trips are all weather dependent.

28th & 29th June Batemans Bay and Nelligen area: the aim to do some scenic river paddling and if there is interest from people, an optional coastal / surf session (weather allowing). Perhaps paddling from the Bay towards Nelligen and then onto the Buckenderra River. There are various options available.

1st & 2nd November Kangaroo Valley - camping opportunity. More details closer to the date.

Contact Patricia if you require further information on Memberships or Recreational Paddles.

-Patricia Ashton

Market Place: Boats for Sale



Mirage 530 kayak: (with kayak skirt.) **Free.**

The back hatch and elasticised ropes need to be replaced. Pick up from my place only (Chapman).

Will need own kayak cradles and tie downs to transport the kayak.

Ph: 0474 510 828

email:

karen_balderson@yahoo.com.au



For Sale: FENN Surfski.

Primary Stability: 1-2,

Secondary Stability: 2.5

Kayak for intermediate to advanced. Possibly up there with the Epic V10.

Condition: Average to good.

Price: \$1200.

Phone Steve: 0434 264 016



For Sale:

Kermit (Weapon) K1

Primary Stability: 1

Secondary Stability: 1

This Kayak more for the advance paddler very tippy and quick.

Condition: a little worn, but reasonable okay

Price: \$100 Phone Steve: 0434 264 016



For Sale: Mango Racing Kayak K1

Primary Stability: 1.5

Secondary Stability: 1.5

Kayak for the intermediate to advance, good speed. Kayak based on the Vanquish model.

Condition: Average to good. Carbon Fibre

Price: \$300

Phone Steve: 0434 264 016

email:

smesaric2@hotmail.com.au



Free to (almost any) home: Last year Hugh bought an inflatable kayak (Razor R1 Ultra) and equipment (pump, paddle, lifejacket). He has gone out on the water a few times since then and everything worked fine, however it's not his sort of hobby.

"Would any of your club members like to take it off my hands? I'm happy to give it away for free, provided you can pick it up from my unit in Kingston."

Email: huw.cannon@gmail.com or text message: 0447806156.

2025 Hawkesbury Canoe Classic: 8th – 9th November. Moonlight!!



8th / 9th November 2025

Great tides / Great moon

No excuses !!

And new in 2025: you too can create a new record for the 65 km Windsor to Wisemans Dash!

(Records have not been kept for this shorter course in prior years.)

Kent Heazlett

Event Coordinator / Race Control

On behalf of the Hawkesbury Canoe Classic Association Inc.

M : 0418863950

E : info@canoeclassic.asn.au

Saturday 21st June: about 30 BGCC members gathered to celebrate both the **Winter solstice** and the **BGCC's 35th Birthday!** Members provided a Potluck mix if very yummy foods to enjoy in the winter sun – after the frost had melted away.

But BGCC beanies were all the go in the morning!



Draft Minutes of June Committee Meeting

BGCC Committee Meeting: 6:30 p.m., 10th June, 2025 – at Club Shed

Attendees: Neil Fargher, Andy Osborne, Adam Hofmeyer, Richard Fox, Laura Kleinrahm, Shay Beck, Mic Doyle, Patricia Ashton and we welcomed Walt Daly.

Apologies Colin Calderwood and Helen Tongway

Minutes of Last Meeting:

Proposal: that the Minutes of the May 2025 meeting be approved Proposed: Neil Seconded: Andy Passed

President's Report: Canoe Polo attended and organized the annual Nambucca Header – had a good turn out from the club.

Financial Report: see attached report. Re expenditure budget for 2025-26 – get wish list in, including for the Nationals.

Safety Officer: no report – however thanks to all for the work on the pontoons to mitigate slipping in the frost.

Boat Capt: Fleet management review due – one of the V8's definitely needs renewing due to leaking.

Correspondence In:

Out: Margis' letter re financial models for States – committee agree to send out.

Items from Previous Meeting:

- **Child Safe Standards Scheme:** National Child Safe Program – ask Shay to look at it from a BGCC perspective. As our policies come from PA we need to see where they vary from the ACT requirements. <https://paddle.org.au/wp-content/uploads/2023/09/20230805-PA-Safeguarding-Children-and-Young-People-Policy-1.pdf>
- Mic suggested NSW State Guardian online modules as they cover many of the aspects – **Mic – have you got a link for these? I had a look but couldn't find anything.** Laura proposed that all coaches dealing with juniors should do them within the next 3 months?
We will need to tighten up on our WWVP cards – all coaches and committee members have them but for events ALL volunteers should have one if there are any juniors present.
- **Succession Planning:** We need to do a skills audit of club members so we know who and where we can go for targeted volunteers. We will require a Treasurer, Secretary, Safety Officer and ordinary members at the next AGM.
Look at having positions lead off from others – e.g., ordinary member to Secretary or VP then to President, with mentoring etc.
- **BGCC Survey** - Laura will de-identify the results before sending out to members and other interested parties. We will need to take on board various comments and make sure that members concerns are addressed. Send out a summary of costs so members are aware of what their fees pay for. See new business re support for athletes.

- **Pontoons** – thanks to Caitie Burr & Adam Hofmeyer for fixing the ramp on the Canoe Polo pontoon and the Shane Lund & Scott Hunter who spent most of a day working in the cold water to reposition the main pontoon.
- **Winter Solstice** – Saturday 21 June, 12:30 – potluck lunch. Wendy to organise, details to come.
- **Extension build** - There was discussion on the need to an outside door vs just an inside door. This was agreed to – door to be positioned to the right of the fridge. However, Patricia has since raised concerns via email. Will ask for more info from Bob Collins, Shane Lund and our architect.

Approval for the shed 'store-room' build to the amount of \$15,000. If quote exceeds this it will need to be taken back to the committee for approval.

Proposed: Patricia **Seconded:** Laura **passed**

Convener Reports

Canoe Polo: Nambucca was well attended with about 55 people from Qld and NSW with 16 from BGCC. It's a unique competition now in its 5th year. Organised by Laura and Adam.

Marathon: Woronora this coming weekend. Hoping for a good turnout.

Ultra Marathon: HCC entries now open. There is 30km, 65km or 111km available – anyone can enter – can be on your bucket list, your reason to train through winter....challenge yourself!

Sprint:

Slalom:

White Water: The Intro and Beginners courses were successful. David Burr and Thomas Doyle are on their way to Guide and Instructor for WW. Will advertise another Intro course early next year. Hope to run single day or weekend activities once a month – 6 weeks depending on water levels. There are a couple of Competitions coming up – King of the River in September where Caitie & Bain have to defend their titles. Mic & others are looking into the possibility of a comp closer to home – more to come.

Recreation: have advertised a weekend at Batemans Bay 28th & 29th June.

Coaching: Margi ran an Upskilling course for coaches – 14 attended mainly from Sydney Surf Club – Ali from BGCC

Membership: Finished the 2024-25 season with 258 members – 227 adults, 26 juniors, 4 volunteers & 1 trial member. 106 females & 152 males. 40 members have rejoined so far and 2 new members.

Time Trials: Getting 14 most weeks. Thanks to Helen and John for time keeping.

New Business

National Integrity Framework – For those who didn't attend the NIF Complaints Process Overview, Education Plan and Resources presentation on 27th May. the recording is now available via this link:

<https://drive.google.com/file/d/1q-0MFdwTff0usHR94BbFn7w4JZDIL5qv/view?usp=sharing>

Keaton is a useful resource for anything regarding the National Integrity Framework.

It would be beneficial if all our coaches and committee members could have a look.

- **Other Business:**

Support for Athletes selected to Australian Teams – we haven't sponsored athletes for several years; however, the club could assist with fundraising, e.g., BBQ's raffles or quiz nights etc. also provide a Resource list of Businesses willing to donate or sponsor. It would be up to the athlete to initiate these ideas.

Business via Email

Meeting Closed: 7:30 p.m.

Next Meeting: 8th July, 2025, 6:30 p.m.

Treasurer's Report for Meeting June 10, 2025

Net loss year to date May is \$ 1,758. I expect that we will be in profit for the year when membership fees are received during June. Expenses year to date are \$68,701 compared to budget \$67,735 with some expenses still to come. During May-June we have spent \$1,767 in labour and materials for guttering repairs and site improvements around the shed. Monthly management report for May provided.

Cash at the end of May was \$ 116,596 including the fixed investment, compared to \$ 101,393 at the end of May last year.

We are coming up to the end of the fiscal year. There will be a payment batch June 16th and then another batch of payments prior to June 30. Please get any outstanding invoices and reimbursements to me for payment.

Starting to put together proposed budget for 2026-2027. Please send wish list items during June and will bring to next meeting.

Recent payments:

Paid	Payee	\$	Reason
16/5/2025	Reimbursement Laura	518.36	Summer Comp costs and printing for coaching
16/5/2025	Infinite Cleaning Invoice 0332	478.50	Cleaning 25/4 to 9/5
16/5/2025	Reimbursement Shane Lund	777.58	Site works - cost of machine hire and materials
16/5/2025	Trent	170.00	Bookkeeping
23/5/2025	ACTEWAGL	244.22	Utilities
23/5/2025	Shane Lund Invoice 4319	550.00	Guttering repair extension. Site work two areas
26/5/2025	Reimbursement Lucy	60.00	Purchase of carton of toilet rolls for shed
2/6/2025	Scott Hunter - Invoice 0125	440.00	Guttering reset, site levelled, road base laid.
5/6/2025	My.sites	10.48	subscription
4/6/2025	Karla Palecek	50.00	Loan of W W equipment
5/6/2025	ANU MC	250.00	Loan of W W equipment
6/6/2025	Cameron Phelps	150.00	Loan of W W equipment
5/6/2025	Australian Paddle Sports	105.00	Pogies for club, less 35 recovered
	To Be Paid:		
	PaddleNSW affiliation fee		To be completed
	Lakeside Leisure	792.40	pool hire 2/5 to 30/5, due 10/6/2025
	Reimbursement Neil Fargher	99.00	Renewed rego on line T74722 with credit card

-Neil Fargher 10/6/2025



Sat Race 1, Wagga Bidgee Bash

1 Feb [2025 Marathon #1 Wagga Bidgee Bash](#) | [Event registration](#) | [Webscorer](#)

Sat Race 2, Frank Harrison - Singles - Albury

15 Feb [2025 Marathon #2 Frank Harrison](#) | [Event registration](#) | [Webscorer](#)

Sun Race 3, Frank Harrison - Doubles - Albury

16 Feb [2025 Marathon #2 Frank Harrison](#) | [Event registration](#) | [Webscorer](#)

Sun Race 4, Lane Cove

30 Mar [2025 Marathon #4 - Lane Cove](#) | [Event registration](#) | [Webscorer](#)

Sat Race 5, Davistown

17 May [2025 Marathon #5 - Davistown](#) | [Event registration](#) | [Webscorer](#)

Sat Race 6, Woronora

14 Jun [2025 Marathon #6 - Woronora](#) | [Event registration](#) | [Webscorer](#)

Sat Race 7, Swallow Rock

12 Jul [2025 Marathon #7 - Swallow Rock](#) | [Event registration](#) | [Webscorer](#)

Sun Race 8, Penrith

3 Aug [2025 Marathon #8 - Penrith](#) | [Event registration](#) | [Webscorer](#)

Sun Race 9, Narrabeen

31 Aug [2025 Marathon #9 - Narrabeen](#) | [Event registration](#) | [Webscorer](#)

Sat Race 10, Windsor & Finale

4 Oct [2025 Marathon #10 - Windsor](#) | [Event registration](#) | [Webscorer](#)

Updated: 21/11/24dl



<https://nsw.paddle.org.au/upcoming-events>



[PaddleNSW - Marathon](#)



marathon@paddlensw.org.au



Race entry: <https://www.webscorer.com/register?raceid=368069>

An event for all paddlers – The annual BGCC 24 Hour Canoe Paddling Relay Challenge

Get ready. Get a Relay Team together. Organise your sequence of paddlers. Plan your food and drinks. Check your boat-lighting system. Prefer to go solo – go for it! You can take a break any time.

Volunteers get this – but they would also appreciate a bit of help from **Someone Else!** (And we will be needing these special people as the AGM looms over the horizon!)

Everybody, Anybody, Somebody, Nobody and the sad death of Someone Else

The first four were greatly saddened to learn of the death of one of their most valuable members: *Someone Else*.

Someone Else's passing created a vacancy that will be difficult to fill.

They had been around for years and for every one of those years, *Someone Else* did far more than a normal person's share of work.

Whenever Anybody mentioned leadership, *Somebody* always looked to this wonderful person for inspiration and results: "*Someone Else* can do that job!"

When there was a job to do, a need to be filled or a place of leadership, one name was always given.....*Someone Else*.

Everyone knew *Someone Else* was the largest giver of time and money.

Whenever there was a financial need, *Everybody*, *Anybody* and *Somebody* always assumed that *Someone Else* would make up the difference.

Now *Someone Else* is gone.

And no longer can they utter the words: "Let *Someone Else* do it."

LBG depth going down...



Australian Government
National Capital Authority



As previously discussed in various forums, the NCA will need to lower the water levels to enable critical works at the Dam – (the **Dissipator Strengthening Project for Scrivener Dam**. The project involves installation of 700 new anchors into the foundation rock beneath the dam and construction of a 500mm thick reinforced concrete slab to strengthen the downstream structure of the dam.) On Wednesday 2 April 2025, NCA commenced the initial drawdown of the level of the lake for the major project at Scrivener Dam. The lake level will be lowered by up to 250mm below normal lake level.

While we anticipate that the impact to use of the lake will be minimal, please ensure that you navigate the lake safely and report any hazards to the NCA. Pending weather, NCA will then undertake a further drawdown of the lake level in mid-May 2025 to a maximum of 500mm below normal lake level.

The lake level will remain at the lower level for the duration of the construction program for the project. At this stage, the program for construction is 2 years with completion in mid-late 2027. We will keep lake users update as the project progresses.

Should you require any further information please feel free to contact NCA at LUG@nca.gov.au



A reminder to all Lake Users to please report any near misses, incidents or hazards via the WHS Monitor on the NCA's website. Please use the following link to report incidents of near misses - <https://www.nca.gov.au/node/20364>

To check Lake Burley Griffin water quality:

<https://www.nca.gov.au/environment/lake-burley-griffin/water-quality#>

Other Waters:

<https://www.cityservices.act.gov.au/news/news-and-events-items/water-quality-in-our-lakes-and-ponds>

Club Coaching and Escorted Paddling

- **Saturdays 10:00 a.m.:** Club Time Trials. 1 or 2 laps; 3.7 laps. You can use these to increase your paddling fitness, or you can take out a boat and go for a paddle yourself. Shed is open from about 8:30 till 11:00 a.m.
- **Thursdays 7:00 a.m.:** David Gordon and Russell Murphy's session, for Novice and Recreational Paddlers. 1 hour; some interval training and technique instruction.
- **Lunchtime Thursday:** Masters' training with Margi Böhm. Capitalise on the ability to train at lunch time in the Nation's Capital!
- **Saturdays 11:30 a.m. – 1:00 p.m.** over winter, Paddle for Pleasure with John Lockie and Helen Tongway.
- **Sundays 09:00 a.m.:** Lake Paddle. 6 km – 10 km paddle, usually out on LBG
- Train with Gary Rake – **06:00 a.m. Thursday** (& some people 06:00 a.m. Tuesdays); **06:30 a.m. Saturdays**
- **TrainSmart** – for the more serious paddler who wants to be the best they can be. This group **trains most mornings** under the guidance of Margi. If you want to know more about TrainSmart, contact Margi on margi.bohm@gmail.com.

Recreational Paddling

The Eurobodalla Kayakers organise fortnightly kayak touring trips along different waterways between Narooma and Bateman's Bay. It's a great way to enjoy nature and explore coastal waterways with experienced paddlers.

There is no fee to participate and trip maps for each trip are available from the website: www.eurobodallakayakers.com or you can just turn up at the meeting spot and simply follow the leader. The trips average 12 km in length, suit stable craft such as sea kayaks; and there's a 30 min stop for BYO morning tea. Most trips are round-trip paddles and have been well-planned to favourably factor in tidal movement. Send an e-mail to eurobodallakayakers@gmail.com to request being added to their mailing list to get detailed information about each upcoming paddle. You need to be able to comfortably paddle 12 km, have the usual safety equipment and be reasonably self-sufficient on the water.

Thank you to all contributors to this edition of *Blazing Paddles*. If you have contributions for the next edition, please get in touch as soon as your event happens or as soon as you know some dates to advertise an event. htongway@iinet.net.au