



BLAZING PADDLES

Newsletter of the

BURLEYGRIFFINCANOECLUB

Volume 33 Issue 2 May 2023

Your Committee:

President: Tom Long

Vice President: Mary Parker

Secretary: Margi Bohm

Treasurer: Tammy ven Dange

Boat Captain: Lachlan Parker

Membership Secretary: Patricia Ashton

Safety Officer: Dan Irvine

In this issue

- President's notes
- Club News
- Coaches Corner
- Polo News
- Lane Cove Results
- Recreational Paddling
- Marketplace



*The ACT Government assists this organisation through the
Sport & Recreation Grants Program*

Position	Person
Membership Secretary	Patricia Ashton
Public Officer	Bob Collins
Editor ('Blazing Paddles')	Robert Bruce
Coaches rep	Margi Bohm
Webmaster	Geoff Collett
Boat Captain	Lachlan Parker
Canoe Polo	Laura Kleinrahm
Time Trials	Lachlan Parker*& Matilda Stevenson* (Jointly)
Marathon	Richard Fox
Event Co-ordinator	Bob Collins
Sprint	Kolya Cook
Slalom - ww	Craig Elliott
Social Convener	Maria Ouvrier
Recreational paddling	

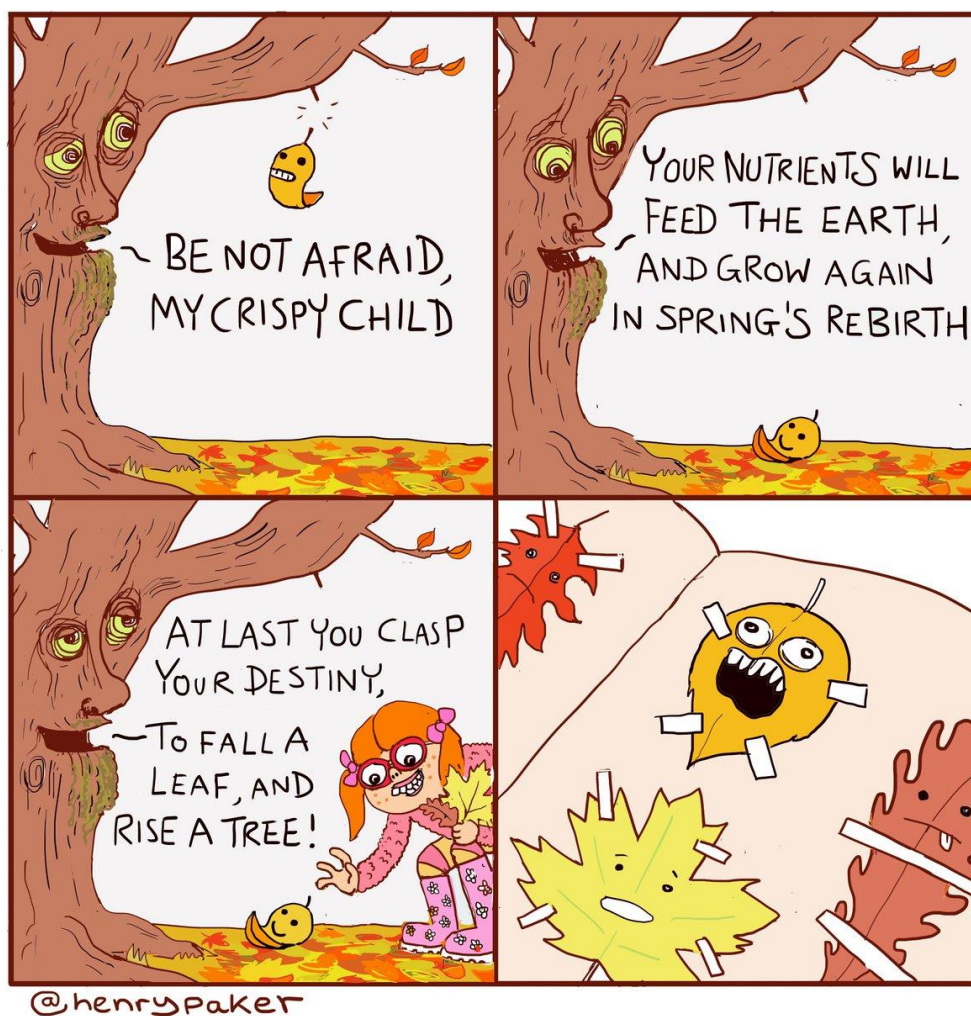


Table of Contents

Coming Events:	3
President's Notes.....	3
Wasp Wars.....	4
Club News.....	6
Coaches Corner – Margi Bohm	7
The little trailer that can	7
Polo News.....	14
Our club juniors.....	19
Race Results	21
Recreational Paddling – Yvonne Best	27
Marketplace.....	27
Thank you to all contributors to this edition of Blazing Paddles.	29

Coming Events:

- *Race ... Davistown marathon series Race 4 ~ 20th May 2023*
- *Race ... Woronora marathon series Race 5 ~ 24th June 2023*
- *RacePenrith marathon series Race 6 ~ 23rd July 2023*

On behalf of the club we wish Andy Bodsworth a speedy recovery

President's Notes

Hi BGCC

Firstly, thanks for everyone understanding my absence when the last Blazing paddles edition was called. I was indeed surfing and camping and living the dream. You know once you become President or PM of something you are allowed to sit on beaches enjoying the sun when important duties are calling.

Over the last month some of you may have noticed that I have been slightly absent from the riverbank and the club again due to outdoors calling me. I have spent a great part of the last month Surfing, Snorkelling and believe it or not Canoeing. This has drained my stress cups and overfilled my joy cups. Although for those who are wondering, yes, this all part of my study and work obligations, well future work opportunities, as I am studying to be a science and Outdoor education teacher. I'll include some shots from my Kangaroo Valley Canoe trip with some of Canberra's High school students. This trip was a paddle from Bendeela to Tallawa Dam wall. If you haven't done this paddle, then I highly recommend getting to Kangaroo valley and paddling on Tallawa dam.

One of the other key things that has filled my Joy cup over this last couple of weeks has been all the updates from BGCC. One of my favourite things that I really enjoyed about being out and about in nature this last month is, once I get back into service or had a bit of down times on trips, was catching up on all the great achievements that have been happening in the club. There was all the positive feedback around how good the NSW State Championships were that we held here in Canberra. I must say a Massive thanks to every single club member that donated their time, entered in events and even those who are just club members, as without every member here in BGCC we as a club wouldn't be able to hold such an event that from the sounds of things was one of the best supported State championships run to date. So, thank you again!

Also, there were the updates on all events and trips that members have undertaken. These updates indicated how successful our members were at these events and the adventures that they have been up to. Off the top of my head, we had members attending Marathon States and Nationals, Canoe Polo summer series and Nationals, National Slalom and other members getting out there exploring local and international water ways. I honestly can't wait to read this edition and subsequent editions of Blazing Paddles to get into the details of these events and trips. Hell, I might even write up something about the positivity and growth in young adults around paddle sports and expeditions if the demand is there!

Here's some shots of what I have been up to. Stay Dry BGCC but keep the Paddles wet!!



Tom Long

Wasp Wars

The ACT Government has issued a general warning of gathering of Wasp forces along the border of the BGCC enclave. The Wasps have been suffering significant losses in their campaign to over-run the peaceful principality. Even with these losses they have been able to replace their troops quickly with their ability to reproduce their troop numbers at an alarming rate.

To try and help the ACT rangers and stem the wasp advances the General Staff of the BGCC have been brought out of retirement - 'The Grey Army'. These warriors have fought

many a battle against these invading hordes. "These battle-hardened veterans will be up to the task I am sure" said the Director General.

Heeding the call-up, the men of the Grey Army have been dusting off their mattocks and shovels (trenching tools) and seeking out the largest towel in their household.

It's in their last skirmish that the BGCC (Brave, Gallant, Calvary Corp) honed their skills into a killing machine. Wearing their Kevlar armour only on their backs, arms and legs and leaving their chests exposed, forcing the wasps to attack from the front where they became easy prey to a swinging wet towel and swatter.

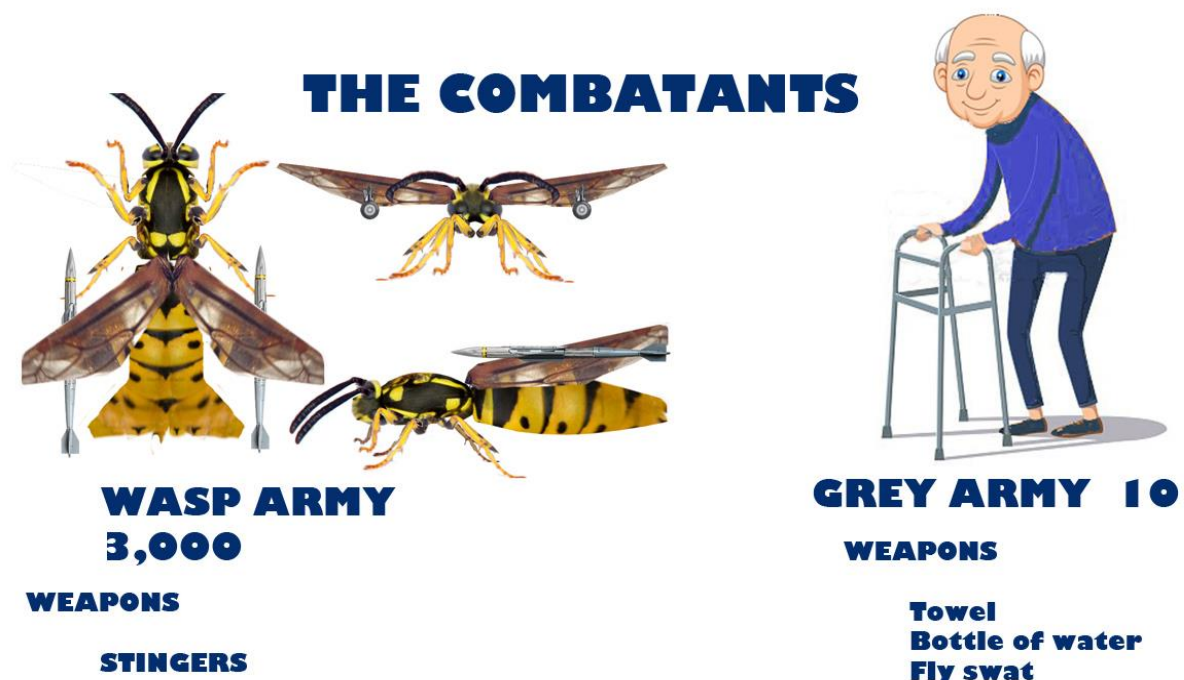
One of the men was overheard muttering "They'll never take me alive". It's that sort of spirit that gives the members of the BGCC community confidence that they will be able to pursue their future paddling activities in safety.

Robert

Note: While we would like to think we could carry out the above, we actually 'took them' by phone! We are grateful to Mr Daniel Patterson, the main ACT Government wasp exterminator for taking the time, at short notice, to do a recent sweep of our area – he found 5 new nests and removed them for us. The ACT Govt. has also been having success with their 'trapping' program and last season trapped some 1500 queens before they could establish new nests.

Should you notice any new infestations around Molonglo Reach, please contact me as I am liaising with Daniel about the infestations in our area. (My new email address is bobcollins48@outlook.com)

Thanks
Bob Collins



Club News



Club Come and Try – April, 2023

As we have many new members who were looking for a boat and some experienced members who wanted to try out some ski's other than the club owned range, we invited club members who were comfortable sharing their kayaks to a Come and Try. We also invited Damo from South Coast Paddler who brought along a range of ski's & a K1 from Nordic and Think and a load of clothing and other assorted gear.

There were quite a range of boats available to try with some for sale. He had a range of k1's from a Nelo 60, to Masters K1's and higher end K's to double ski's (V8 double) tippy ski's, stable ski's to sea kayaks.

Maria manned the BBQ; many of our newer members purchased gear for winter; with 3 purchasing kayaks from the day and others putting Nordic ski's on a wish list. About 40 club members came along and the feedback from all was great.

Patricia



One of our new members made some significant purchases for winter paddling:

- pogies!
- Lockbox to keep my keys attached to my roof bars (love being in charge of my security when I'm away from the club!)



- Cheap light for my 'on dusk' paddling to be super safe;
- Garmin heart rate monitor so I can optimise my training
- seal Skin socks (waterproof and warm!);
- fleece, dry skin, Vaikobi;
- water proof jacket with arms, and neck seal so no water gets in;
- right size life jacket;
- phone cover;
- watch holder for my boat.

Contact Damo on southcoastpaddler@gmail.com if you need any gear.

Coaches Corner – Margi Bohm

Autumn is upon us with darker mornings, leaves falling onto the water and getting stuck on our bows and the inevitable cooler temperatures! But we have been blessed with beautiful calm mornings and paddling on the mill pond has been a delight. Keep an eye open for platypuses - we saw a puggle the other day between the dock and the striped pole. It is noticeably smaller than the usual platypuses that we see so if you see it, please give it a big berth.

BGCC coaches have been very busy this summer. Graduates from our first Club Paddling group have been training regularly three times a week with Margi, Jacqui and Patricia and the second group of graduates joined them in February. It has been wonderful to have a group of enthusiastic newbies on the water and even racing in the Harrison, Wagga Wagga, State Champs and Windsor races. As winter progresses, we will keep training on the weekends and are looking at a pool session during the week to hone some useful boat and paddle skills for spring.

BGCC has done very well so far in the Winter Series races and we are leading the point score. I fear this may change after the next race in Lane Cove but hopefully the momentum will return and we will have a big turnout for the next race on the 20th May in Davistown. Several members are also going to the Harbour Races. The next one is at Dolls Point on 7th May - a great race for those of you just starting to race in this series.

We had a small but very successful contingent of paddlers go to the National Marathon Championships in April (see report later in this edition of BP) with PBs for most of the squad. Well Done everyone and a special thank-you to our support crew (Matilda Stevenson's Dad, Ted Hall, Sophie Hanemaayer and Matthew Gates's parents).

Canoe Polo also brought home the bling - two GOLD medals. Well Done. Matthew managed to compete in both the polo and marathon events, exhibiting a great sense of time management.

Things to look forward to in the next few months: Moruya Camp in June; lots of interesting and different winter/harbour series races and hopefully calm, warm days for idyllic paddling on our river and the lake.

Keep Paddling

Margi

The little trailer that can

The BGCC box trailer, loaded with 2 K2s, 3 K1s and a C1, made its way to Geelong over Easter, followed by a couple of cars with K1s.

Nine BGCC members had entered the Marathon National Championships, competing in Open Men (Michael Hanemaayer and Marcello Cabezas), Open Women (Matilda Stevenson), U23 Men (Matthew Gates, Jace Nepean and Campbell Rowland) and Masters (Mark Halpin, Craig Elliott and Margi Bohm).

Excitement was tempered by the very long portage and a rather intimidating weather report for the weekend, together with a very intimidating trailer situation – well illustrated in this photo showing our tiny little trailer parked between the monsters from Sydney, WA and SA. But never underestimate the BGCC box trailer. Years of experience of being the underdog kicked in and ‘boxy’ soon started to rise above the monsters with 7 wins, 3 silvers, 4 bronzes and 4 very credible 4ths.

Furthermore, Matilda, Matthew, Craig, Mark and Margi produced performances that have them considered for national team selection; Matthew as reserve for U23 Men K1 long course and Matilda in the Open Women K2. Furthermore, BGCC came 5th on the medal tally table, beaten by 3 Victorian clubs and Ascot from WA, all of which fielded much larger teams. We were closely followed by Manly Warringah and Lane Cove.

Racing was hard over the weekend. The portage was particularly challenging, not only being twice as long as usual, but also very slippery in the wet weather. The one blessing was that the wind did not get to the gale force speeds predicted by the BoM – at least not over the course. But we saw some sterling performances from our top paddlers and some very gutsy performances from others.

Matilda really impressed with her strong paddling, especially towards the back end of the race, running people down; Matthew did an excellent job coming 3rd of the Australians in U23 (despite being only 19); Campbell did a great job with his technique (at least when Margi was watching). Craig had a ding-dong battle in each of his single races, winning the short course and coming 2nd in the long course. Margi had to mother her knee over the portages and after sussing the opposition on the short course, came up with a plan to compensate for her portage shuffling – which worked much to everyone’s surprise!

But the performance of the weekend was undoubtedly Matilda and Rachel in the Women K2; where they overcame a slower start and harassment by a certain belligerent U18 MK2 to haul in the leaders, eventually finishing 2nd. The last few laps were very exciting as they chased down the boats in front of them; and the selection clock. A certain coach is very happy and the team is geared up for next year. Accommodation has been booked in Adelaide and plans for training are already in place.

What was good to see at the Championships this year was the surge in interest in general category racing – much like the PNSW winter series races but in age groups. Any boat can enter. We saw large contingents of entries in the different age groups, and this is definitely an area where BGCC members can shine. So those of you who like to race (general category - no portage) and want to go to a National Championship, but feel that there is no place for non-ICF boats – you are sorely mistaken. This is a growth area in our sport and PA is recognising our general category paddlers with National Championship status.

So, dust off the paddle and the boat, get training and plan on Nationals in Adelaide over 5-7 April 2024.

PHOTOS



BGCC box trailer dominating in the trailer parking lot!



Marcello and Reka Abraham: Mixed C2 GOLD



Craig with Laura Lee. Mixed Masters: K2 GOLD



Matilda and Matthew just pipped to THIRD in the Open Mixed K2 by legends Mick and Kate Leverett



The old fogeys showing everyone how to paddle in time! Margi with Tony Hystek



Masters K1 coming into the portage. Craig in the sweet spot, Mark staying out of trouble but in touch with leaders



Margi's plan in action: Sit with the young guns and get as far in front of the other oldies as she can, then shuffle the portage.



Craig and Mark getting the front pack wash in Masters K2.



Matthew in the sweet spot at the start of U23 MK1



Matilda and Rachel catching the 2nd boat in Open Women K2 and powering ahead to a convincing: SILVER

Margi



Well! It has been QUITE the spicy autumn!

Emerging from 3 days of soggy thermals, dance parties and bunk beds at Ballarat's premier five-star lodgings, the Shady Acres Motel, the great territory of the Australian Capital were crowned double champions of the senior categories, and also the Best Polo Yahoos (Best Performing State) Award, not bad for a bunch of hooligans held together by strapping tape!

Prior to the festivities, we enjoyed a quiet night at 'Chateau LozzaK' to bid farewell to daylight savings and reflect on a bumper crop of a summer. We celebrated Tom, Rik and Shay having their debut performances, Toni, Jess and Emma winning Quarry Champs in NZ, Tom's tent blowing away in Nagambie and Laura's consistency in coming last in two divisions one comp, and winning both divisions at another. As the sun set and the leaves curled, we looked South-West and sent good weather vibes to Ballarat...

It seems we must've gotten the coordinates wrong, or our weather vibes got lost in the mail, because the 'Gold Rush' Capital badge was quickly replaced with 'windy, wet, cold and a dash of sunshine' Capital for three days. Hobbling under leaking tents like misshapen Coachella revellers, we lived off hot Milo, sausages and Gatorade for our Easter supper. Luckily, that's the exact diet elite athletes such as us thrive off, and we were all at peak performance. Entering two Open and two Open Women's teams, we had quite the full house, perfect for providing ample cheering to those playing.

Adam coached approximately sixty-three teams, some not even belonging to ACT, and unfortunately, we can say the only game the Women's A team lost, was when he wasn't present... With their eye on developing so they can knock us off our perches next year, the Open B and Women's B teams grew across the weekend, learning how to play together and try new things. In the A teams, Jason came perilously close to swimming, missing two fast break opportunities in the process, and by some miracle (maybe it's bionic??) Jess' arm didn't fall off across the weekend, despite being a very impressive second-highest goal scorer for the entire event, only superseded by Adam as top goal scorer (whose arm most definitely did fall out several times).

The finals! Close your eyes! Picture the gentle tickle of torrential rain, a light breeze, a dash of exhaustion and hypothermia. After a loss and a win to SA in the round-robin, the girls were raring to go and make LozzaK proud (or at least not cry). Pinging goals in like popcorn on a hot stove, paired with Carley 'The Machine' Goodwin shutting down their shots with her ninja-like reflexes, we were an unstoppable unit, downing SA 5-2. Woo-hoo. One title down, one to go...

Next up, the lads! I had a shower in the first few minutes of the game so can't be sure what happened, but I'm sure it was Magnifique. But tight! In another SA-ACT final, the boys were horn to horn, toe to toe, polo bumper to polo bumper. Adam showed the use of his long gangling arms and threw a long shot, successfully bagging it in to bring ACT ahead.

A whoopsie from MLT saw ACT down a player and SA converted that into an equaliser, bringing the game into golden goal. Comparable in stress levels to teaching a wayward child to drive, golden goal really pumped my cortisol levels skywards, but I need not have worried, as Jason's decades of unpredictable polo tricks had been waiting for this moment, successfully scoring and bringing ACT the title.

As if two titles weren't enough for my power-hungry little mitts, the successes of all four teams meant we also won the Best Performing State Award for the first time, earning a giant trophy with equally giant travel case, what a treat!



A great end to the season and a reward to all those players who were training through winter, rain, early mornings, birthdays and late-night Southern Cross Club visits. Most of us are knackered and ready for a rest. Some of us (Rik and Wendy) are pumped up for more polo. Yay. We're back at the pool on Friday nights and still training, so if you're looking for a winter paddling activity, hopefully, the above ramble has convinced you.

You can read a more coherent rundown of the weekend and our brilliant successes [here](#).

Love always,

LozzaK



*James Harmer and **Women B – 5th**: 1. Jen Savenake, 2. Wendy Xiao, 3. Cathy Gao, 6. Caroline Houghton, 9. Tammy ven Dange*



Open A – 1st Place: 1. James Deakin, 3. Michael Lawrence-Taylor, 4. Matt Gates,
5. James Harmer, 7. Jason Downey, 9 Adam Hofmeyer.



Women A – 1st Place: 1. Carley Goodwin, 2. Jen Stevens, 3. Laura Kleinrahm,
4. Toni Harmer, 5. Jess Harmer, 6. Louise Gates



Team ACT with the Best Performing State Trophy!!

L-R: Jen Savenake, Wendy Xiao, Jason Downey, Louise Gates, Carley Goodwin, Jen Stevens, Mark Raymond, James Deakin, Laura Kleinraham, Adam Hofmeyer, Jess Harmer, James Harmer, Rik Multem, Matt Gates, Toni Harmer, Cathy Gao, Michael Lawrence-Taylor, Etham James, Michael Young, Tammy ven Dange, Caroline Houghton, Roland Mangos.





Mitchell: (02) 6241 6060
Denman: (02) 6287 1377

Email: healthcare@enhance.com.au
Book online: <https://enhance.janeapp.com.au/login>

About ENHANCE Healthcare:



Enhance Healthcare was established by **Peter Garbutt** and **Celina Miller** in 2001, initially providing Massage and Chiropractic Services to the Gungahlin and Canberra community. Over the past 15 years, our service offering has increased to include;

- - **Acupuncture;**
- - **Soft Tissue Therapy;**
- - **Chinese Herbal Medicine;**
- - **Chiropractic and Massage Therapy;**
- - **Physiotherapy**

Our business is built with the customer at the forefront of everything we do. We have established a highly skilled and professional team, across multiple disciplines with the specific view of delivering the best possible client outcomes.

At Enhance Healthcare we listen to our clients, diagnose the problem properly and utilise the combined skills of the ENHANCE

team to resolve whatever the problem may be. We then follow up to ensure our clients are happy with outcomes

Pete Garbutt is also a long-time member of the Burley Griffin Canoe Club

Denman Prospect Clinic Address

Shop 25, 3 Felstead Vista,
Denman Prospect ACT 2611

Mitchell Clinic Address:

Unit 10, Level 1 141 Flemington Rd
Mitchell, Canberra ACT, 2912

Opening Hours:

Monday	5am – 8pm	Tuesday	7am – 7pm	Wednesday	7am – 8pm
Thursday	7am – 7pm	Friday	7am – 6pm	Saturday	10am – 4pm
Sunday	10am – 4pm (Mitchell only)				

Our club juniors

As much as Burley Griffin Canoe Club is known for the generous volunteering of its members whenever they are called upon, attracting younger paddlers to be future generations of active participants has always been more difficult. The four junior paddlers pictured here were especially welcome for their own and hopefully the club's prospects.

Yuvani Chhetri, Eli Cleverly, Liam Broughton and William Bergan, grandson of club legend John Preston, competed successfully in different events at the recent NSW State championships. Each of them had distinct experiences.

Helen Tongway, who coaches Yuvani, described her race in these terms. As Yuvani missed the briefing, she had to join `a "pack" of adults going past the 3x pink turn-buoys. So, she went on to do a complete adult-loop of 3.7km. in a TK1 even though she often trains in a wider K1'.

William had a similarly exciting experience paddling in a Mirage double with John, where the weight difference between the two posed problems of boat balance, not to mention stroke timing. However, as the smiles at the presentation ceremony suggested, both really enjoyed themselves.

Liam and Eli successfully navigated their course, each in the club's lighter junior K1s, even when the wash from other boats made paddling harder, especially at turning buoys. Proud parent- coaches Aaron and Larissa cheered from the banks.

Let's hope these four younger paddlers not only continue to enjoy the sport in the years ahead but are forerunners for a new wave of juniors joining BGCC.

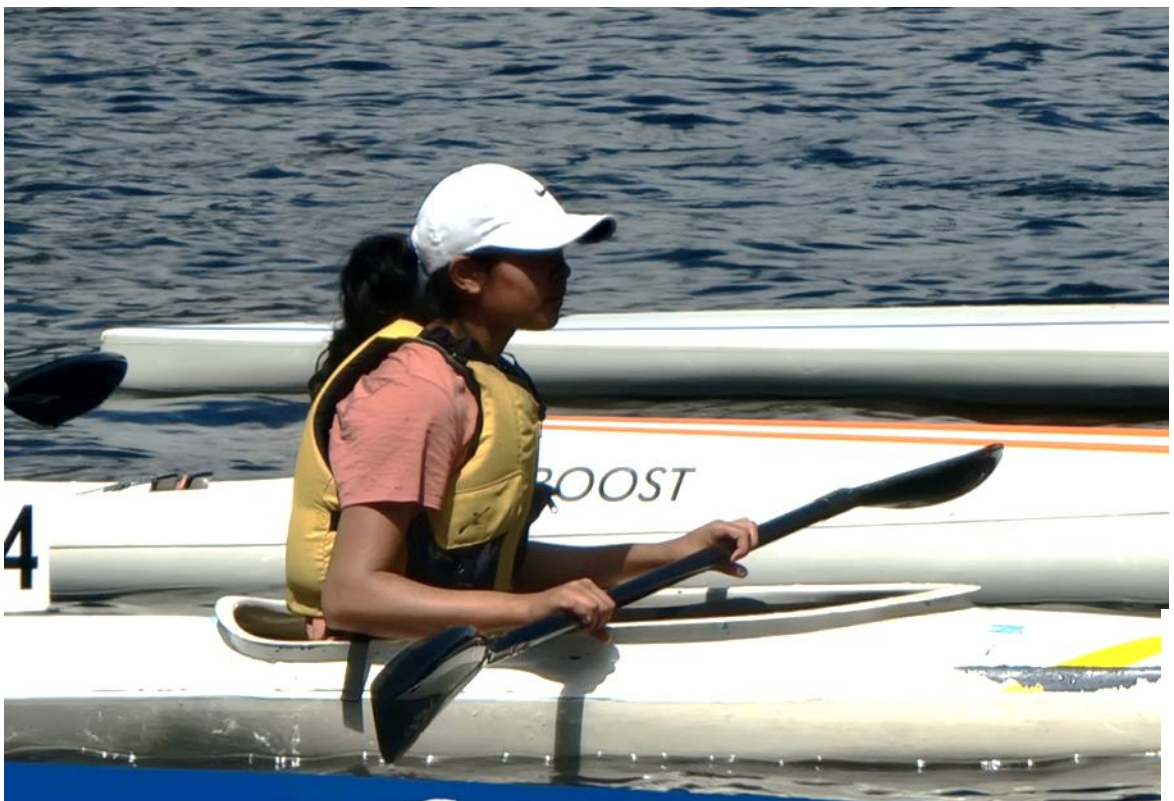
Scott



Liam Broughton



Eli Cleverly



Yuvani Chhetri



John Preston and William Bergan



Eli Cleverly

Race Results

Lane Cove Marathon, Race 3

How much trust should we, as paddlers, place with the BoM. I realise that their forecast is an all-encompassing broad covering sheet that is meant to keep the public safe. But sometimes isn't specifically accurate for the paddling fraternity.

The outlook a few of our paddlers took literally on the Saturday before the Lane Cove Marathon meant that they were under the impression that the water from the sky would be measured in buckets and the wind in high numbers on the Beaufort scale and that Armageddon awaited them at LC the following morning.

Thoughts of dying on the point of Poseidon's trident had our compliment of participants reduced by a substantial margin.

And so we had a reduced compliment of the hardy, some would have said, foolhardy BGCC paddlers head north into the unknown gloom of Sunday morning.

Fortune favours the brave, an oft quoted phrase, but in this case a truism as the forecast deluge had moved south to the lower regions of the state's coast, leaving the Lane Cove River a quiet backwater.

Jupiter Pluvius had decided to be a spectator for the event and pleasant paddling was had by all.

The results of their efforts can be examined in the following results sheets. Here is where you can ruminate of how you could have 'beaten that guy'

Robert

Race winners » Division 1 (20km 1:30-1:40) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	103	James Harrington Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:33:53.3	-
2	100	Brett Greenwood Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:33:54.3	+0:01.0
3	109	Paul Smith ACCA	ICF Class (K1, K2, C1, C2)	M	1:33:55.2	+0:01.9
4	102	James Pralija Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:33:56.9	+0:03.6
5	110	Pauline Findlay / Darren Lee Lane Cove	ICF Class (K1, K2, C1, C2)	F/M	1:34:52.4	+0:59.1
6	104	Jason Ware Penrith	ICF Class (K1, K2, C1, C2)	M	1:34:54.3	+1:01.0
7	107	Matthew Gates Burley Griffin	ICF Class (K1, K2, C1, C2)	M	1:39:33.1	+5:39.8
8	101	Dmytro Medvedyev Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:41:37.0	+7:43.7
9	105	Kate Leverett Mitta Mitta	ICF Class (K1, K2, C1, C2)	F	1:41:53.8	+8:00.5
-	108	Mick Leverett Mitta Mitta	ICF Class (K1, K2, C1, C2)	M	DNF	-

Race winners » Division 2 (20km 1:40-1:45) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	203	Gareth Stokes / John Denyer Sutherland Shire	ICF Class (K1, K2, C1, C2)	M	1:39:45.8	-
2	201	Chris Murty Cronulla Sutherland	ICF Class (K1, K2, C1, C2)	M	1:39:46.9	+0:01.1
3	205	Lachlan Stokes Sutherland Shire	ICF Class (K1, K2, C1, C2)	M	1:40:30.2	+0:44.4
4	206	Mick Carroll Brisbane Waters	General Class (all other craft)	M	1:42:48.9	+3:03.1
5	207	Peter Manley Lane Cove	General Class (all other craft)	M	1:42:50.4	+3:04.6
6	204	Ian Hofstetter Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:47:40.0	+7:54.2
7	200	Cassandra O'Connor / Stephen Shelley Lane Cove	General Class (all other craft)	F/M	1:47:47.0	+8:01.2
8	202	Craig Macfarlane Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:48:20.0	+8:34.2
-	209	Simon Stenhouse Other	General Class (all other craft)	M	DNF	-

Race winners » Division 3 (20km 1:45-1:50) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	312	Richard Yates / Tony D'andreti Lane Cove	General Class (all other craft)	M	1:45:12.9	-
2	300	Chris Johnson / Harry Janecek Lane Cove	General Class (all other craft)	M	1:45:14.9	+0:02.0
3	308	Paul Moses Cronulla Sutherland	General Class (all other craft)	M	1:45:19.0	+0:06.1
4	314	Tim Binns Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:45:30.2	+0:17.3
5	311	Peter Ryce / Scott Harris Manly Warringah	General Class (all other craft)	M	1:47:37.1	+2:24.2
6	304	Geoff Bedford Cronulla Sutherland	General Class (all other craft)	M	1:47:43.6	+2:30.7
7	306	Karen Tipping / Pete Conway Lane Cove	ICF Class (K1, K2, C1, C2)	F/M	1:48:14.3	+3:01.4
8	303	Don Johnstone Lane Cove	General Class (all other craft)	M	1:49:36.4	+4:23.5
9	301	Daniela Angela Torre Lane Cove	ICF Class (K1, K2, C1, C2)	F	1:49:41.0	+4:28.1
10	315	Tony Hystek Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:51:14.8	+6:01.9
11	310	Peter Avery Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:51:55.4	+6:42.5
12	313	Rodrigo Matamala Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:53:29.4	+8:16.5

Race winners » Division 4 (20km 1:50-1:55) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	402	John Duffy Lane Cove	General Class (all other craft)	M	1:50:24.8	-
2	400	David Lowe Penrith	General Class (all other craft)	M	1:50:42.4	+0:17.6
3	404	Matthew Lowe Penrith	General Class (all other craft)	M	1:50:45.0	+0:20.2
4	406	Stephen Morrow Brisbane Waters	ICF Class (K1, K2, C1, C2)	M	1:51:46.5	+1:21.7
5	405	Michael Lieberman Lane Cove	General Class (all other craft)	M	2:00:11.7	+9:46.9

Race winners » Division 5 (20km 1:55-2:00) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	503	Wayne Heaton Newy	General Class (all other craft)	M	1:52:30.6	-
2	500	Andrew Webber Burley Griffin	General Class (all other craft)	M	1:54:46.6	+2:16.0
3	501	Bernie Craggs Hunter Valley	ICF Class (K1, K2, C1, C2)	M	2:03:54.2	+11:23.6


Race winners » Division 6 (20km 2:00-2:10) - Overall

Place ^	Bib ⇅	Racer name ⇅ Affiliation ⇅	Category ⇅	Gender ⇅	Finish time ⇅	Difference ▾
1	601	Greg Thompson Penrith	General Class (all other craft)	M	2:02:48.2	-
2	602	Michael Dellapina Sutherland Shire	General Class (all other craft)	M	2:05:25.2	+2:37.0
3	600	Andrew Pearce Lane Cove	General Class (all other craft)	M	2:11:47.8	+8:59.6

Race winners » Division 7 (20km 2:10-2:20) - Overall

Place ^	Bib ⇅	Racer name ⇅ Affiliation ⇅	Category ⇅	Gender ⇅	Finish time ⇅	Difference ▾
1	700	 Andrew Osborne Burley Griffin	General Class (all other craft)	M	2:04:26.1	-
2	701	Helen MacDonald Lane Cove	ICF Class (K1, K2, C1, C2)	F	2:14:06.6	+9:40.5
3	702	Linden Barnes / Richard Barnes Sydney Uni	General Class (all other craft)	F/M	2:17:20.2	+12:54.1

Race winners » Division 8 (15km) - Overall

Place ^	Bib ⇅	Racer name ⇅ Affiliation ⇅	Category ⇅	Gender ⇅	Finish time ⇅	Difference ▾
1	811	Naomi Johnson / Andrew Pratley Lane Cove	ICF Class (K1, K2, C1, C2)	F/M	1:16:36.9	-
2	813	Steven Sey Cronulla Sutherland	General Class (all other craft)	M	1:16:38.1	+0:01.2
3	806	Helen Lee / John Lee Cronulla Sutherland	General Class (all other craft)	F/M	1:16:56.8	+0:19.9
4	801	Chelsea Sutton Manly Warringah	ICF Class (K1, K2, C1, C2)	F	1:22:42.2	+6:05.3
5	810	Massimo Mariani Illawarra	General Class (all other craft)	M	1:24:12.8	+7:35.9
6	802	Craig Dodd Brisbane Waters	General Class (all other craft)	M	1:27:40.5	+11:03.6
7	809	 Margi Bohm Burley Griffin	ICF Class (K1, K2, C1, C2)	F	1:27:42.6	+11:05.7
8	803	David Young Lane Cove	General Class (all other craft)	M	1:27:50.9	+11:14.0
9	812	Scott Tyers Lane Cove	ICF Class (K1, K2, C1, C2)	M	1:28:16.1	+11:39.2
10	807	Jeff Collins Lane Cove	General Class (all other craft)	M	1:29:09.7	+12:32.8
11	808	Leslie Howard Windsor	General Class (all other craft)	M	1:32:11.7	+15:34.8
12	814	Tim McNamara Lane Cove	General Class (all other craft)	M	1:34:17.3	+17:40.4
13	800	Brian English Central Coast	General Class (all other craft)	M	1:35:11.3	+18:34.4
14	805	Graham Matts / Phillip Bellamy Manly Warringah	ICF Class (K1, K2, C1, C2)	M	1:39:34.3	+22:57.4
15	804	Geoffery Horsnell Manly Warringah	ICF Class (K1, K2, C1, C2)	M	1:51:03.0	+34:26.1

Race winners » Division 9 (10km < 0:55) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	900	Jacob Mako Manly Warringah	ICF Class (K1, K2, C1, C2)	M	51:42.7	-
2	905	Viliam Mako Manly Warringah	ICF Class (K1, K2, C1, C2)	M	51:43.8	+0:01.1
3	903	Maximilian Mako Manly Warringah	ICF Class (K1, K2, C1, C2)	M	53:22.4	+1:39.7
4	902	Laura Lee Windsor	ICF Class (K1, K2, C1, C2)	F	54:42.9	+3:00.2
5	908	Elizabeth Pratt / Ian Cooper Windsor	ICF Class (K1, K2, C1, C2)	F/M	56:36.3	+4:53.6
6	904	 Ted Hall Burley Griffin	General Class (all other craft)	M	1:02:23.4	+10:40.7

Race winners » Division 10 (10km 0:55-1:00) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	1000	Anthony Dartnell Manly Warringah	ICF Class (K1, K2, C1, C2)	M	57:57.0	-
2	1003	John Lucas Other	General Class (all other craft)	M	58:19.4	+0:22.4
3	1001	Colin Cook / Stuart Mathieson AOCRA	ICF Class (K1, K2, C1, C2)	M	1:01:32.0	+3:35.0
4	1002	Elisabeth Woodhart / Bruce Sherlock Sutherland Shire	General Class (all other craft)	F/M	1:04:00.6	+6:03.6

Race winners » Division 11 (10km 1:00-1:05) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	1106	Priya Malcolm Manly Warringah	ICF Class (K1, K2, C1, C2)	F	1:00:24.7	-
2	1103	Marni Kay / Russell Brown Hunter Valley	ICF Class (K1, K2, C1, C2)	F/M	1:00:32.3	+0:07.6
3	1101	Ayan Mukherjee Windsor	General Class (all other craft)	M	1:02:19.9	+1:55.2
4	1100	Ann Lloyd-Green Manly Warringah	ICF Class (K1, K2, C1, C2)	F	1:07:25.7	+7:01.0
5	1102	David Veivers Lane Cove	General Class (all other craft)	M	1:08:07.3	+7:42.6
6	1108	 Sylvie Fromont Burley Griffin	ICF Class (K1, K2, C1, C2)	F	1:08:12.9	+7:48.2

Race winners » Division 12 (10km >1:05) - Overall

Place ^	Bib ^	Racer name ^ Affiliation ^	Category ^	Gender ^	Finish time ^	Difference ^
1	1201	Andrew Lynn Windsor	General Class (all other craft)	M	1:08:06.7	-
2	1203	Robyn Hawes Newy	General Class (all other craft)	F	1:09:34.6	+1:27.9
3	1202	 Neil Fargher Burley Griffin	General Class (all other craft)	M	1:12:35.6	+4:28.9
4	1200	Allan Newhouse Central Coast	ICF Class (K1, K2, C1, C2)	M	1:17:03.2	+8:56.5

Race winners » Division 13 (5km) - Overall

Place	Bib	Racer name Affiliation	Category	Gender	Finish time	Difference
1	1302	Jeffrey Tonazzi Lane Cove	General Class (all other craft)	M	33:48.5	-
2	1303	Kevin Nettle Cronulla Sutherland	General Class (all other craft)	M	37:28.9	+3:40.4
3	1304	Lachie Wrenford Lane Cove	ICF Class (K1, K2, C1, C2)	M	38:53.4	+5:04.9
4	1300	Amelia Branley / Dylan Binns Lane Cove	ICF Class (K1, K2, C1, C2)	F/M	40:51.7	+7:03.2
5	1301	Ian Wrenford Lane Cove	General Class (all other craft)	M	40:54.0	+7:05.5
6	1305	Ross Ferguson Hunter Valley	General Class (all other craft)	M	41:35.6	+7:47.1



Recreational Paddling – Yvonne Best

Recreational Paddling South Coast waterways touring: The Eurobodalla Kayakers organise fortnightly kayak touring trips along different waterways between Narooma and Bateman's Bay. It's a great way to enjoy nature and explore coastal waterways with experienced paddlers.

There is no fee to participate and trip maps for each trip are available from the website www.eurobodallerkayakers.com - or you can just turn up at the meeting spot and simply follow the leader.

The trips average 12 km in length, suit stable craft such as sea kayaks, and there's a 30 min stop for BYO morning tea.

Most trips are round-trip paddles and have been well-planned to favourably factor in tidal movement.

Send an e-mail to eurobodallakayakers@gmail.com to request being added to their mailing list to get detailed information about each upcoming paddle.

You need to be able to comfortably paddle 12 km (if I can do it, you can), have the usual safety equipment and be reasonably self-sufficient on the water. Hope to see you there. (BGCC contact: Yvonne Best thewritestuff007@gmail.com 0423 118 990).

Yvonne Best

Marketplace

For Sale:

Stellar S18S Advantage Gen 1

Length: 5.5m
Width: 53.3cm
Weight: 16 kg.
Price: \$1,500

It has an adjustable leg length and is designed for paddlers from 5' to 6'6" tall, with up to a 145kg capacity. Ski is currently stored in the club shed.

Contact Samantha:
0409 800 560
sam.g.morley@gmail.com



For Sale:

EPIC V5

Excellent stability allows beginners to jump on and paddle with confidence and give more experienced paddlers a short, stable surf ski to use in big or rough conditions. Sleek lines and Epic's comfortable surf ski cockpit make the V5 perfect to learn downwind paddling and great for playing in the surf zone.

The V5 comes standard with under hull rudder, adjustable foot brace (including pedals that automatically adjust line length), rear storage compartment, bow and stern handles, centre carry handles, water bottle holder and Epic's patented bailer.

An optional stern kick up rudder can be added to the Rotomolded version with no modifications needed to allow the V5 to be paddled in shallow or rocky areas (not included in this sale)

SPECIFICATIONS

Length: Roto 14' (4.26 m)

Width: 60cm

Weight: 22kg

Depth: 32cm

Capacity: 127kg

Storage Capacity: 46L

Rotomoulded Polyethylene

Speckled grey with moulded in graphics

Contact: Sally McClellan 0457 463 586



For Sale:

Epic V10 L Red tip

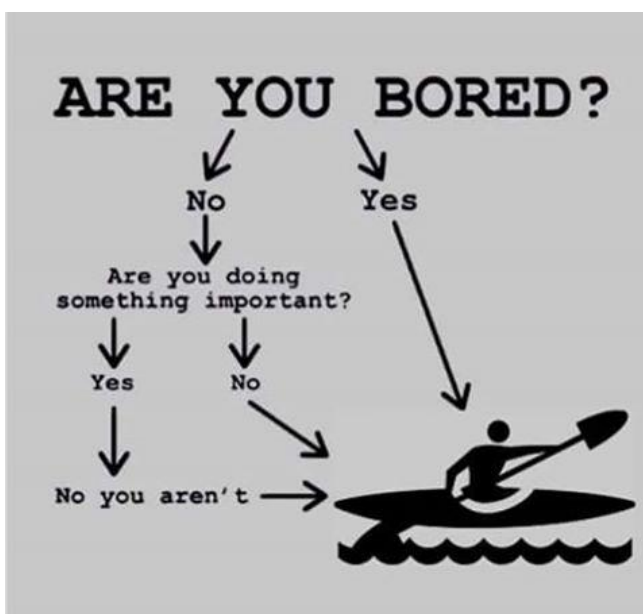
Weight: 11.8kg

Price: \$2,700 ono - with brand new soft cover

New Price: \$4900

Contact Kerri:

Pipdog44@yahoo.com.au



Thank you to all contributors to this edition of Blazing Paddles.

If you have contributions for the next edition, please get in touch robertba28@gmail.com