



BLAZING PADDLES

Newsletter of the

BURLEYGRIFFINCANOECLUB

Volume 33 Issue 4 October 2023

Your Committee:

President: Tom Long

Vice President: Laura Kleinrahm

Secretary: Patricia Ashton

Treasurer: Neil Fargher

Boat Captain: Colin Calderwood

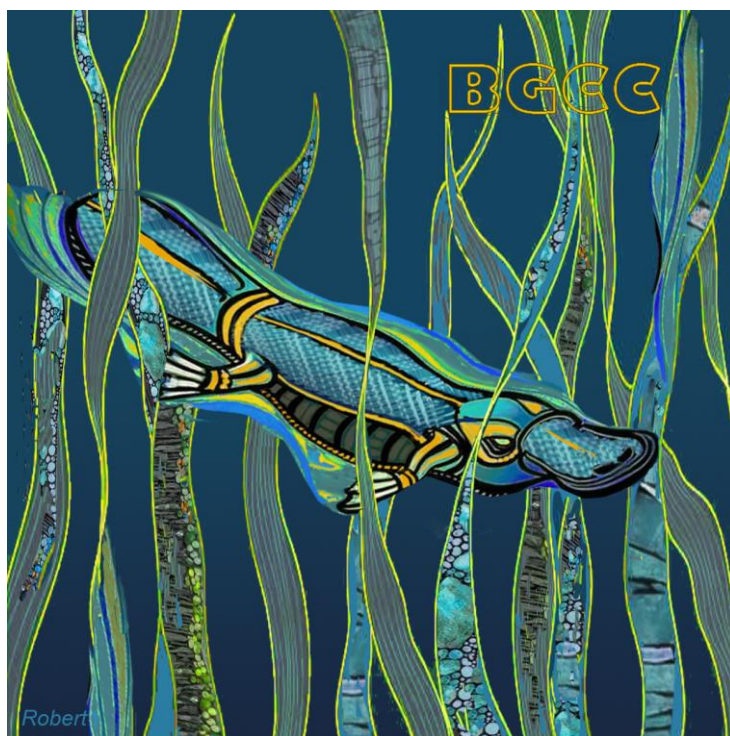
Membership Secretary: Patricia Ashton

Safety Officer: Margi Bohm

Ordinary Member: Andrew Osborne

Ordinary Member: Adam Hofmeyer

Editor: Robert Bruce



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- [Swallow Rock Results](#)
- [Recreational paddling](#)
- [Marketplace](#)



*The ACT Government assists this organisation through
the Sport & Recreation Grants Program*

Position	Person
President	Tom Long
Vice President	Laura Kleinrahm
Treasurer	Neil Fargher
Secretary	Patricia Ashton
Public Officer	Bob Collins
Editor ('Blazing Paddles')	Robert Bruce
Coaches rep	Margi Bohm
Webmaster	Geoff Collett
Boat Captain	Colin Calderwood
Canoe Polo	Laura Kleinrahm
Time Trials	Matilda Stevenson*
Marathon	Richard Fox
Event Co-ordinator	Bob Collins
Sprint	Marcello Cabezas
Slalom - WW	Craig Elliott
Social Convener	Maria Ouvrier
Recreational paddling	

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Coming Events:

- RaceHawkesbury Classic - Windsor – Mooney-Mooney.....28th – 29th October 2023
- Competition...PNSW Slalom Championships....Cotter River, ACT.....28th - 29th October, 2023
- Race.....BGCC 24 Hour Paddling Challenge....Molonglo Reach.....11th – 12th November, 2023
- Training...BGCC Introduction to Club Paddling.....19th November – 17th December (Sundays)
- Social.....**BGCC Presentation Evening.....Tradies' Club, Dickson.....25th November, 2023**
- Massive Murray Paddle.....Yarrawonga – Koondrook.....415 km/5days...20th -24th November, 2023
- Races.....PNSW Marathon Championships.....Molonglo Reach.....March 2024
- Competition....PA Canoe Polo Championships.....Molonglo Reach.....Easter, 2024

President's Report

Hi everyone, it's great to write to everyone after the cold and dark days of winter. Firstly, I would like to thank everyone that turned out for the AGM meeting last month. Without members support at these meetings the club would struggle to operate as smoothly as it does.

Over the winter there has been a lot that has happened and many dedicated members have been braving the cooler temperatures and continuing to paddle through winter. For the rest of us there's light now that the weather is warming, so hopefully we can all get on the water soon.

During the last couple of months, we have had two club members become world champions! We have had Canoe polo competing in various competitions and raising money for the Canoe polo Nationals and international trips (read about both stories in this issue).

We have also had some fund-raising events for the Hawkesbury Classic. Thank you for all who turned up to raise money, hear epic tales and eat and drink tasty beverages. A massive thanks must go to Richard Barnes, the Star of the night for not only sharing his tales but donating his time so generously.

All in all, with the change of the weather things are looking up for the club and I hope as a club we can build on the momentum we carried through winter and build onto it going forward to the end of the year and into next year.

Regards,

Tom

~~~~~

## Paddling

The water is warm (at last), and morning temperatures are above zero. The platypuses are out and about with new sightings along the bank across from the put-in pontoon. It is definitely time to think about getting on the water.

A MUST DO for your calendar should be the Wednesday Twilight Paddle series – an opportunity to test yourself over the time-trial course, rack in a few bragging rights including seeing the platypus, go for a paddle onto the lake to see the sunset and enjoying time with other BGCC'ers. Bring some food for afterwards and join in the festivities around the BBQ.

**Margi**

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Shed clean-up

We had a brilliant Saturday morning with at least 20 club members getting together for a spring clean. Thanks to everyone who came along and got down & dirty!

Special thanks to Laura who is a force to be reckoned with! She is on a mission to clean out the meeting room/ gym and soon the kitchen area. Also, a special mention to Lucy and Andy who took cabinets, TV and other assorted junk to the tip & green shed.

Patricia

Club News

On a bright warmish day in September a group of enthusiastic club members gathered in front of the Club Shed to elect a committee that they thought may be capable of guiding the Burley Griffin Canoe Club through the turbulent waters for the next 12 months. The group that was chosen were seen to be capable of calming those waters and navigating the good ship BGCC through the next year.

The new crew for the next term is as follows:

- President: Tom Long
- Vice-President: Laura Kleinrahm
- Secretary: Patricia Ashton
- Treasurer: Neil Fargher
- Safety Officer: Margi Bohm
- Boat Captain: Colin Calderwood
- Ordinary Member: Adam Hofmeyer
- Ordinary Member: Andrew Osborne





The Gathered Crowd (hanging back from the Table of Action)



Some of the new committee went for a celebratory paddle

BP asked Andrew Osborne, one of the newest members of the club, who has volunteered for committee duty and has been successful in marathon races, for some thoughts regarding his past twelve months:

“When I joined the club 12 months ago, I did not really have any intention of racing. It was only through the camaraderie of the novice squad who joined through the intro to paddling course at the same time, and the commitment and encouragement of all the coaches and volunteers at the club who have made my first year such a fun and engaging experience. I am looking forward to being involved in the club over the next year, both as a committee member and a volunteer. I hope to be able to influence the next group of novices to try to build the same squad mentality that I have experienced”.

Andrew

22/23 AGM Canoe Polo Report

This season we visited the Gold Coast, Sydney, Auckland, Nagambie, Nowra, Ballarat and Nambucca Heads. We also celebrated birthdays, Christmases, changing of seasons and victories across the year, over Capital Brewing bevies and fabulous treats by Thomas. The crew welcomed new players to our family and farewelled our beloved spicy players, Rik and Wendy.

We had some great results, including first places in Division 1 at Canberra Summer Series and Division 2 at Nagambie. We also had Roly win Mudcake Challenge and The Nambucca Header (I'm sure he'd appreciate you asking him about it) and a smattering of players in other winning teams. Thomas Saleh, being the sneaky player he is, also managed two wins this season, most importantly as the burliest of the Burley Babes.

Canberrans love a summer holiday, so what better place to visit than Auckland, particularly just before State of Emergency level rainfall? Combining with some Queensland players, we formed three teams to enter the Quarry Competition in New Zealand.

In A Grade, the 'Butterflies', featuring Adam Hofmeyer, James Deakin, Michael Lawrence-Taylor and Matthew Gates came an admirable third; an excellent achievement considering the high-quality level of competition in NZ.

In C Grade, we had two Women's teams entered. Laura's 'train to make the first team' plan backfired beautifully, with the 'second' team, including fair-weather paddlers Toni Harmer, Jess Harmer and Emma Steel flying ahead to take first place and the Burley Babes getting the wooden spoon!

Following an awesome weekend with some great polo, some of the girls decided to extend their trip and spend a week embracing #vanlyfe. Unfortunately, their plans were slightly derailed with Auckland Airport flooding, leading to an extra-extended trip and some soggy memories but great stories.

An exciting achievement for the club, we hosted the largest ever Australian Women's Camp, welcoming 27 female athletes from across Australia and had BGCC member, Adam Hofmeyer, coaching. The camp was an excellent revitalisation for the squad, particularly with the Oceania Championships later this year. Following the camp, we also hosted the Canberra Summer Series competition, which included six Women's teams competing. With the home ground advantage, Canberra won Division 1, with BGCC players also in the first and second placed teams in Division 2.

Perhaps the perfect crowning jewel was our double win at the 2023 Paddle Australia National Championships. We learnt Ballarat at Easter is not the place to be; pushing through three days of torrential rain, wind and hypothermia, but couldn't deny we were more prepared than other states when it came to thermal supplies. Only the second time the Open team has won the event, it was great to have the Burley Babes regain their spot back at the top with them.

We were the only state to enter two Women's teams and thanks to the awesome work of them and our second Open team, ACT also, for the first time, brought home the Best Performing State trophy. It was the best end to the season and a fantastic reflection of the hard work over the last few decades to get ACT Canoe Polo to where it is today.

At the National level, we have several players vying for selection in the Australian teams for the Oceania Championships in December. With the World Championships next year, it's a busy period for the National Squads and we hope to have more ACT Women join the Squad next year. Matthew Gates and Adam Hofmeyer are starting the season with a trip to China in September to compete at the Asia-Pacific Championships, with this event a lead-in to selection in the Canoe Polo Super League in China next year, the closest Canoe Polo has to a professional league.

It has been excellent to see the club excel at all levels, from developing players to the experienced A Graders, everyone had a chance to compete this season. B Graders trained every single weekend, though all weather conditions and it really shows with how quickly new players progress in Canberra. Ahead of us we have international and national events and are excited to be hosts for the 2024 National Championships. We have already been busy raising funds to professionalise the event and sport, with infrastructure such as a second permanent field and pontoons on the horizon. We encourage club members to come down and support ACT and the club at the Nationals, which will be across the Easter Weekend.

Canoe Polo is always open for those keen to try something different, and we offer an excellent social community. So, if you're tired of paddling solo, maybe it's time to try polo...

Laura

NSW Slalom State Champs - Coming to the Cotter River

The 2023 NSW State Slalom Champs will be held at a new venue on the Cotter River (ACT) on October 28/29. The grade II whitewater venue has been selected to promote the growth of the sport in NSW through providing accessible whitewater and a more social atmosphere with great camping and bunkhouse in the beautiful, adjacent Parks ACT campground. The schedule will also likely include recreational paddling on the nearby Murrumbidgee River. We hope to see you there!

Craig



(photo by Cheryl Mackie)

PNSW Senior Paddler of the Year 2022-23 - Richard Barnes

PaddleNSW has recognised the amazing exploits, as followed by thousands of enthusiasts throughout the year, of Richard Barnes and the Blue Moon adventures.

Richard Barnes was nominated by LCRK for Senior Paddler of the Year. While his incredible feat in February 2023 for paddling solo from Tasmania to New Zealand is well documented and would normally guarantee inclusion as a finalist in the Senior Paddler category on its own, his nomination extends to how he has enthusiastically and unselfishly embraced sharing his story and his message of pursuing adventure to scouts groups, kayak clubs and community groups far and wide.

His nomination also included his genuine enthusiasm for all aspects of paddling. Not many club members and friends escape his loud “g'day” as they pass him and his regular doubles partner (his sister, Linden) in marathon events for which he would be in that rare group of “paddlers who attend all events”.

He continues to compete in the adventure series all over Australia, white water events all over the world, has completed more than 40 Hawkesbury Classics and lines up again for 2023, and has crossed Bass Strait 6 times with the 7th scheduled for next March.

Richard is admired within the paddling community. His passion for paddling and energy are infectious and he is responsible for introducing many people to the sport. A true ambassador for paddling and a very fitting winner of the **2022/23 PNSW Senior Paddler of the Year award**.





24 Hour Paddling Challenge 2023

Weekend of 11th – 12th November

Hosted by BGCC at Molonglo Reach, Campbell, ACT

Entry Categories: Teams of Solo or Multi-person; Competitive or Recreational; **24 or 16 hours.**
(For 16 hours: 10 a.m. to 10 p.m. Saturday, plus 6 a.m. to 10 a.m. Sunday)

Entries: via JustGo; Earlybird Entries: by Monday 6th November.

Final Entries: Wednesday 8th November.

Entry Fee: \$30 for Juniors (15-18); \$40 for U23; \$50 for over 65; \$55 for all others

Course: 4.7 km loop course on Molonglo River (depending on river/weather conditions)

Briefing: 9:30 a.m., Saturday 11th November 2023

Start Time: 10:00 a.m., Saturday 10th November 2023

Finish Time: 10:00 a.m., Sunday 11th November 2023



Early Morning Tranquillity, Molonglo Reach, 26th November, 2006.

Paddler Safety: There will be a safety boat stationed at the start/finish area, but paddler safety is to be by paddlers caring for anyone in need of assistance on or in the water.

While on the water, Paddlers must have: a pea-less whistle, readily available to relay a message along the river that the safety boat is needed.

Any time spent in assisting another paddler in difficulties will be allowed for in the distance paddled.

From Sunset: (lap starting at or after 7:30 p.m.): all paddlers must wear a lifejacket, with a torch and space blanket attached, along with their readily available whistle. All paddlers must have lights on stem and stern of their craft. Cyalumes will be provided for paddlers use.

Amenities: BGCC Club Shed has toilets and warm showers; there are public toilets; a club barbecue will be available for you to cook on and if enough interest is shown, a thick soup can be provided. The club kitchen has a fridge and kettle and pod-coffee drink-maker.

Camping: is not permitted - but "Shelter Tents" are – but nothing too elaborate please! There will be designated shelter tent areas - please do not set up camp just anywhere.

This year we are trialling holding the 24-Hour Challenge between the two other "big" marathon events - the **Hawkesbury Canoe Classic** and the **Massive Murray Paddle**.

But this is also a *Fun and Social* event!

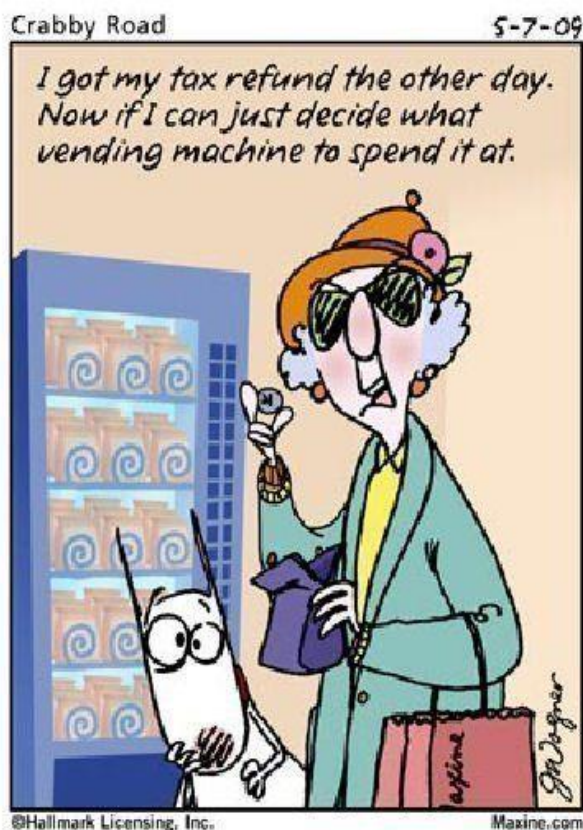
So enter as:

Solo (single or double boat) *or*,

Relay Teams (Serious) competing for the maximum distance glory can have from 2 to a maximum of 4 paddlers (or 4 and 8 for double boats) *or*,

Relay Teams (Fun) paddling to see how far they can go, for fun; can have from 2 to a maximum of 8 paddlers for either **24 or 16 hours**.

Enquiries to: info@bgcc.org.au



Support kayakers required for Sri Chinmoy Swim 3 December

Looking for a way to represent the club, help out some fellow athletes and earn some spare cash? Then why not be a support kayaker for those doing the 10 km Sri Chinmoy Swim in December!

1. Three Sydney based marathon swimmers are looking for paddle support this year. We are prepared to pay for the paddlers' time, effort and expertise on the water.
Jon Wall - 0438202917
2. There are 2 of us coming from Melbourne for the event. Happy to pay for your assistance. Peter Stewart - pastewart25@gmail.com

(And there will most likely be others asking for paddlers to assist them...)

Canoe Polo Newsletter

Burley Griffin Canoe Club were the winners of the July instalment of the *Gerald Slaven Volkswagen's Community 1st Project*, Laura said "Your \$500 would support livestreaming the National Canoe Polo Championships for the first time, which would help us increase the sport's visibility and professionalism, allowing for future fundraising opportunities and attracting new players.

ACT Canoe Polo visit the Pineapple State

Always the fans for a tropical road trip, 13 plucky Canberrans ventured up to the Gold Coast for the kick-off of the Australian Summer Series.

Entering two teams, plus Adam in Butterflies, the weekend also held extra weight as the final selection for Australian teams bound for the Oceania Championships in New Zealand later this year. Four extra keen beans drove the trailer up the scenic Pacific Motorway, enjoying fine accommodation in carparks across the Eastern Seaboard.

With a mix of skill levels, the Burley Babes in Division 2 had some tough results, with two wins and six losses. The girls now have fire in their bellies to train their little hearts out as we hit the busier summer training season. In Open's, the ACT team had more of a split in results, however their win in the semi against the top-ranked and unbeaten Butterflies saw them wiggle into the Grand Final. Against a team stacked with players just named on the Australian Team, the lads showed the power of wisdom and dad bods, going down in a tight loss, 3-4.

It was also exciting to see several BGCC players named on National Teams. Congratulations to the following athletes:

U21 Men's B - Ethan James

U21 Men's A - Matt Gates (C)

Senior Women's - Laura Kleinrahm (VC)

Senior Men's - Adam Hofmeyer, Matt Gates (reserve)



The polo crew rallied behind these athletes the weekend prior to QLD, assisting in fundraising at the Colour Frenzy. Definitely a bit more exciting than your standard fundraising activity, everyone's help was really appreciated as we head towards NZ.

Now that daylight savings is here, we'll be kicking it up a gear, with extra B Grade sessions and weekly games returning to the lake, we're ready for an exciting season!





Images

Photo 1: ACT Open vs Butterflies

Photo 2: Bumper Ladies who Lift session

Photo 3: ACT Open Team - James Harmer, Matt Gates, Roland Mangos, James Deakin, Ethan James, Michael Young

Photo 4: Emma Steel experiencing some colour from Walt Daly

Photo 5: Colour Frenzy

Photo 6: Burley Babes - Toni Harmer, Jen Savenake, Isla Dalton, Wendy Xiao, Tammy Ven Dange, Laura Kleinrahm, Cathy Gao

Marathon Race Convener

MYALL CLASSIC REPORT – 16 SEPTEMBER 2023

The Myall Classic, an ultra-marathon race held every September, is used by many paddlers as a stepping-stone to the Hawkesbury Canoe Classic held at the end of October. With the Hawkesbury Classic thwarted by flooding and pestilence since 2019, the Myall has become the mainstay of ultra-marathon racing in NSW in recent years.

Starting at Tea Gardens, paddlers head off as early as 8:00am up the Myall River to the turn point 23.5 km upstream then return. If 47 km is a little too much there is the 27 km and 12 km distances as well. It is a tidal river and undeniably exposed, in sections, to the wind that seems always to make its appearance just when fatigue starts kicking in. In 2023, the tidal and wind conditions were as paddler friendly as you could wish. 28 degrees temperatures and a blue sky made it an excellent day!

Usually, BGCC gets a small band of hardened paddlers to participate in this Lane Cove River Kayakers-run event.

Alas, in 2023 I carried the BGCC flag solo. I raced in a double SLR with David 'Jake' Lowe from Penrith Canoe Club over the 47 km distance. From the get-go we were in a dingdong race with an SLR2 from the Central Coast and a double Sonic from LCRK. It was a good advertisement for *Sladecraft* kayaks!

We had significant amounts of water on-board thanks to a poor functioning bilge pump, so we stopped and sponged at the top turn, and lost 300 metres as a consequence. We were against the tide for 2/3s of the return leg, but we managed to catch the other two doubles with 16 km to go. Who was going to crack? No one! With 500 metres to go all six paddlers dug deep to make a spectacle of the finish and have bragging rights. The Sonic won out with Jake and I second of the group and 3rd in the doubles 50+ category.

There is photographic evidence of how horribly out of sync I was with Jake in the final sprint to the line – painful to look at, so not included here!

And so, to the **Hawkesbury Canoe Classic** at the end of October and spending time in the boat to prepare. At the time of typing I believe BGCC will have five paddlers in the HCC, all in doubles. Good luck to all paddlers and their land crew!

Richard Fox

(So, rather than embarrass Richard, we include a photo of Richard Barnes and Bob Collins leading the pack in 2022 ☺)



Race Results

Penrith Marathon Race 6

Race 6 of the PaddleNSW Marathon Series was held on the Nepean River at Penrith on Sunday 23rd July. A total of nine paddlers made the effort of an early morning's rise and carried the banner for Burley Griffin.

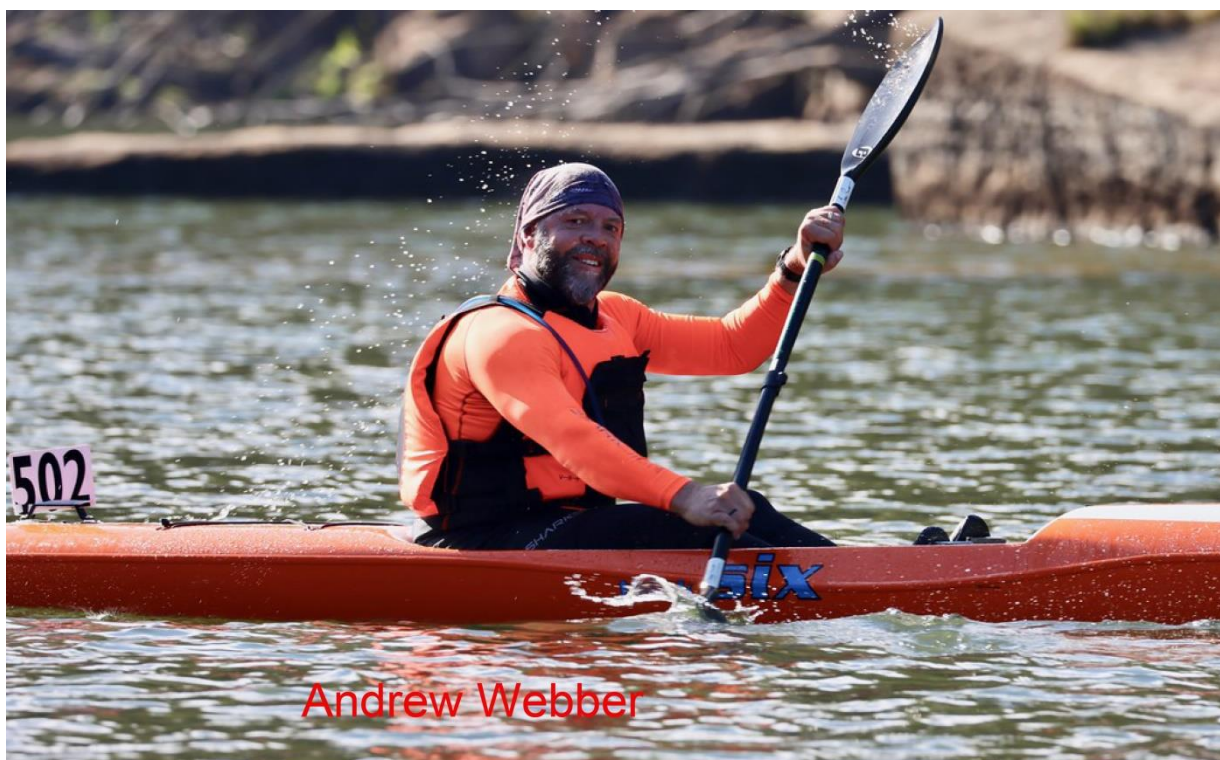
The day started under beautiful winter sunshine with the forecast of a light southerly breeze increasing during the morning to help bring the paddlers home. Ninety-eight racers took to the water which included the usual craft as well as SUP's, Outriggers and a larger crew of canoe paddlers than we've seen in recent times.

The race format for all divisions was again on the unique one-lap course, with the 15 and 20 km divisions heading up through the narrows and into the Nepean Gorge. Due to water release operations at Warragamba Dam recently, water levels were significantly up on usual heights, which meant for a steady current to bring the paddlers back to the finish. This higher water level also meant a faster flow through the narrows with paddlers having to negotiate the currents through this narrower section of the river. However, with the wind also picking up during the morning this combination made for some fast speeds on the return leg.

These great conditions provided for some excellent speeds throughout the divisions. Mathew Gates managed to beat Craig by one second to finish a very credible fifth place in a hotly contested Division 1 race where 13 of the best paddlers competed. Richard Fox finished 2nd as did Marcello Cabezas and Andrew Webber in their divisional races.

Well done guys

Robert



Andrew Webber



Mathew Gates 109

Swallow Rock Marathon Race 7

Swallow Rock was the host for Race 7 of the Paddle NSW Marathon Series held on Saturday the 19th of August. Swallow Rock is situated in the southern fringes of the Sydney basin, on the Hacking River and is one those picturesque paddle-venues where the paddler can enjoy the bush land scenery on the banks as they make their way along the course.

A total of 80 craft competed in 13 divisions, with 9 paddlers competing from Burley Griffin. The honours for this event go to Andrew Osborne who showed his rivals the back of his head in Div. 6. Richard Fox performed well as usual, finishing third in a strong Div. 4

Craig reversed the previous Penrith results with Mathew in Div. 1. Andrew Webber and Bob/Patricia had their usual tussle, taking first and second in Div. 5, while Louise Yabsley and Neil Fargher made a welcome return in Div.s 11 and 12.

Good work guys.

Robert



Neil Fargher



GPS TRACKERS at HAWKESBURY this year

Thanks to the wonderful generosity of an anonymous benefactor, this year's Hawkesbury Classic Paddle will see us introducing an exciting addition – **live GPS trackers!**

These compact, cutting-edge trackers are more than just a safety measure; they're our collective window to an immersive adventure.

As you embark on your paddling challenge, one paddler in each boat will carry a GPS tracker, enhancing safety while offering an exciting way for support crew, friends and family to stay engaged. Picture this: Your land crew and your loved ones can follow your progress down the Hawkesbury River in real-time, cheering you on with every stroke of the paddle, and officials and support crew can watch via a live online map.

The tracking devices are 93g and just a little larger than a matchbox. Their location is updated every 60 seconds and positions are sent via 4G networks.

These trackers not only keep you connected but also provide valuable insights into your journey. Replay the event watching your route, milestones, and triumphs along the way.

The introduction of trackers has been on our radar for some time, and they will benefit our event and other paddling events in many ways. Yes, they come at a cost, but we believe that cost is outweighed by the benefits.

The reality is that if they perform as well as we believe they will, given that Hawkesbury Canoe Classic Association President Rob Cook and his lovely wife Margi paddled the full 111 km course recently trialling the trackers, they will be a permanent feature of most paddling events. Trackers will also make the life of our fabulous volunteers much easier over the weekend of the Classic. Amazingly, we have approximately 350 volunteers on duty on the Classic weekend.

Take a look at the [TrackMeLive](#) to check out the devices.

People's Blockade of the world's biggest Coal Port: Newcastle

Calling Canberra kayakers! If you are worried about the 'era of global boiling' (as the head of the United Nations now [calls](#) it), please consider taking positive action and joining with thousands of others in a peaceful kayak blockade of Newcastle's coal port from 24 to 27 November 2023.

The [people's blockade](#) will be one of the largest peaceful civil disobedience protests for climate action in Australia's history.

[Rising Tide Newcastle](#) is calling for thousands of people to gather and demand an immediate end to new coal projects and the end of coal exports from the world's biggest coal port, by 2030.

It will be a fun and family-friendly gathering, with live music and speakers and food shared by donation

A collective of folks in Canberra is organising for a large Canberra contingent.



Market-place

For Sale: ELIO K1 – great for new K1 paddlers!

Super light to carry and fairly stable. Suitable for paddlers under 75kg. No leaks or issues with the boat. Only selling it because I rarely paddle it these days

\$1100

Message Tammy at
0424 299 057



For Sale: FENN Mako XT Double

This ski has spent its life in a boatshed and has had minimal use so needs to go to a new owner who will love, cherish and use it. The most stable double ski produced by **Fenn**

Construction:

Carbon vacuum

Weight: 20kg (ridiculously light for a double kayak!)

Length: 7.5m

Steering: Single adjustable front foot-well

Self-drainers: Both front and back foot-wells

Handles: At front foot-well and on the tail

Water bottle holders: Both front and back, plus straps behind rear seat. Includes fabric kayak sock for protection and a spare carbon rudder

Price: \$2000 ono

Contact emily@resultz.com.au if you are interested.





Mitchell: (02) 6241 6060
Denman: (02) 6287 1377

Email: healthcare@enhance.com.au
Book online: <https://enhance.janeapp.com.au/login>

About ENHANCE Healthcare:



Enhance Healthcare was established by **Peter Garbutt** and **Celina Miller** in 2001, initially providing Massage and Chiropractic Services to the Gungahlin and Canberra community. Over the past 15 years, our service offering has increased to include;

- **Acupuncture;**
- **Soft Tissue Therapy;**
- **Chinese Herbal Medicine;**
- **Chiropractic and Massage Therapy;**
- **Physiotherapy**

Our business is built with the customer at the forefront of everything we do. We have established a highly skilled and professional team, across multiple disciplines with the specific view of delivering the best possible client outcomes.

At Enhance Healthcare we listen to our clients, diagnose the problem properly and utilise the combined skills of the ENHANCE team to resolve whatever the problem may be. We then follow up to ensure our clients are happy with outcomes

Pete Garbutt is also a long-time member of the Burley Griffin Canoe Club

Denman Prospect Clinic Address

Shop 25, 3 Felstead Vista,
Denman Prospect ACT 2611

Mitchell Clinic Address:

Unit 10, Level 1 141 Flemington Rd
Mitchell, Canberra ACT, 2912

Opening Hours:

Monday	5am – 8pm	Tuesday	7am – 7pm	Wednesday	7am – 8pm
Thursday	7am – 7pm	Friday	7am – 6pm	Saturday	10am – 4pm
Sunday	10am – 4pm (Mitchell only)				

Words of Wisdom

My doctor asked if anyone in my family suffered from mental illness and I said, "No, we all seem to enjoy it."

Just once, I want a username and password prompt that says, "Close enough."

I don't trip, I do random gravity checks.

If you can't think of a word, say "I forgot the English word for it." That way people will think you're bilingual instead of an idiot.

Recreational Paddling

Recreational Paddling South coast waterways touring The Eurobodalla Kayakers organise fortnightly kayak touring trips along different waterways between Narooma and Batemans Bay. It's a great way to enjoy nature and explore coastal waterways with experienced paddlers.

There is no fee to participate and trip maps for each trip are available from the website www.eurobodallerkayakers.com - or you can just turn up at the meeting spot and simply follow the leader.

The trips average 12 km in length, suit stable craft such as sea kayaks, and there's a 30 min stop for BYO morning tea.

Most trips are round-trip paddles and have been well-planned to favourably factor in tidal movement.

Send an e-mail to eurobodallakayakers@gmail.com to request being added to their mailing list to get detailed information about each upcoming paddle.

You need to be able to comfortably paddle 12km (if I can do it, you can), have the usual safety equipment and be reasonably self-sufficient on the water. Hope to see you there. (BGCC contact Yvonne Best, thewritestuff007@gmail.com, 0423 118 990).

Yvonne Best
thewritestuff007@gmail.com
Phone 0423 118 990

Thank you to all contributors to this edition of Blazing Paddles.

If you have contributions for the next edition, please get in touch robertba28@gmail.com