



Newsletter of the

BURLEY GRIFFIN CANOE CLUB

Volume 28 Issue 11, August 2018

Your Committee:

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Vice President: Patricia Ashton

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Treasurer: Jane Lake

Safety & Training: Vacant

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*The ACT Government assists this organisation
through Active Canberra, ACT*



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Coming Events

Dates	Event	Location
Saturday, 4 August	PNSW Series Race 9 (HVPC)	Teralba
Saturday, 25 August	PNSW Series Race 10 (WCC)	Windsor
September, date TBA	BGCC AGM	
Saturday, 15 September	PNSW Series Race 11 (BWP)	Davistown
Saturday, 22 September	PNSW Myall Classic	Tea Gardens
Saturday, 20 October	PNSW Series Race 12 (Makai)	Burrill Lake + Series Presentation Dinner
Saturday, 27 October	Hawkesbury Canoe Classic	Windsor to Mooney- Mooney
10–11 November	Canoe Polo Invitational	Molonglo Reach
Monday 19–Friday, 23 November	Massive Murray Paddle	Yarrowonga to Swan Hill
Saturday, 1–Sunday, 2 December	24-Hour Paddling Challenge (BGCC)	Molonglo Reach

President's Report: Russell Murphy

Is it just me, or can you feel the first stirrings of spring in the air? If you were one of those who went to the Nelligen Cup on the weekend (or are lucky enough to be one of our South Coast members) you definitely felt some spring. Despite the wind, the weather was glorious. Hopefully it keeps up.

If you aren't one of those dedicated people who paddle through winter, it might be time to think about dusting off the rashie and booties and coming out for the winter time trial, or just a paddle.

Also in the news this month is the excellent progress being made on stage 3 of the shed. The new showers are looking particularly good and it won't be too much longer before waiting for a shower will be a thing of the past.

See you on the water,

Russell

REMEMBER

September is our BGCC AGM month.

Here is your chance to put something back into your club.

Why not nominate for a job on the committee?

Remember: All positions will be declared vacant and all current club members are eligible to stand for a position and to vote on all nominees.



16 Wollongong Street, Fyshwick, Phone: 02 6239 1323

Coach of the Year Award

Congratulations to Margi Bohm for winning the Sport NSW Community Sports Award for Community Coach of the Year. Margi was nominated for this by BGCC and PNSW for her work both within our club and within PNSW as well as the Training Camps for our upcoming paddlers in the Australian team. While this was recognition for the last 12 months, it was also for her contribution to coaching over the last 18 years or more.



Foundation Flatwater Coaching Course

Several club members will be taking part in the Australian Canoeing / PaddleNSW **Foundation Level Flatwater Coaching Course**, to be held at MWKC's clubhouse at Narrabeen in August.

The course will include classroom and on water instructions and participation. We are inviting all PaddleNSW members, particularly parents and experienced paddlers, to consider taking the course and becoming accredited Foundation Level Coaches.

This is an excellent opportunity to become accredited and learn how to pass on paddling skills and knowledge to others, including children, beginners and friends.

Hopefully, this means we'll have some extra coaches for our beginners this summer!

The Nelligen Cup—Race 1

We had superb weather for the first round of the Nelligen Cup. 10 kayaks, 11 paddlers. No wind, most paddlers in late spring paddling attire due to the sun and 15 degree temp. Gabrielle Hurley took out the dolphin cup by being the first single female home...well done. All paddlers had a social coffee and light lunch overlooking the water ... a cracking event.



There were smiles all round as the temperature rose during the morning. From 9am to 9.45 there was a significant improvement, so that by the time we were ready to start, we were hoping we weren't overdressed. In places the water was so clear you could see the bottom, sand and river stones, - jelly fish just at the start. The Clyde River can be quite rough, however, there was little to no wind and a turning tide so not much tidal influence either.

Thanks to Graeme and his mate for taking the turning buoys out and staying there until the last boat went through. Thanks also to Carolyn for taking on the time keeping. We had several paddlers from the Makai club, with more coming along for Race 2.

Everyone enjoyed the event and there was plenty of chat once off the water and the opportunity to stock up on jams and pickles at the Nelligen Market before we left. Most of us made our way up to the café for coffee or bacon & egg rolls afterwards. Sitting outside, in the sun looking out over the riverwhat more could you want?



Well.....Race 2 was not quite as pleasant! Challenging to say the least. A change of course to try and stay out of the worst conditions didn't quite work. Well done to all those who managed the 2 lap course – shallows, cross winds, navigational errors, head winds and jelly fish! Great efforts by Liam, Bree and Gabrielle particularly in their K1's.



Wetspot Watersports

Wetspot is a family owned business that Scott started in 2004. Since that time he has grown the business and supported the local paddling/SUP/surfing/windsurfing scenes. Scotty prides himself on the personal attention customers receive and the wide range of stock he offers.

Scott has sponsored the club and supported us in many ways over the past 10 years plus – he has supplied club boats at almost cost price, done many repairs for no cost, both club boats and members' boats or boards, supplied boats for our beginners courses free of charge, given many thousands of dollars of prizes for various races and awards nights, given advice and free lessons to many, 10% discount on purchases for club members (excluding boats – but they are always discounted for club members), the shop, workshop, storage, vans and trailers have all been used by the club and individual club members.

Scotty is the first port of call for all repairs, kayaks, boards, paddles etc. (or like Shane below, using the workshop to make customised modifications to his sea kayak in readiness for the Tassie crossing next year.)

Did you know Wetspot stocks or is the supplier for the following brands of racing/fitness kayaks, SUPs and paddling gear:

Epic, Vadja, Fenn, Carbonology, Romain, Wenonah, Sladecraft and Mirage, as well as Jantex, Vaikobi, Mocke, Ultra, Sharkskin, SealSkinz, Adrenalin and more.

SUPs: Naish, Fanatic, Smik, Red, Starboard, Earth SUP, Adventure and Hobie, plus others by order.

That's not to mention all the other brands of recreational kayaks, whitewater boats and surfboards.

Club members recently requested Vaikobi PFDs and Funky Pants, then Mocke PFDs – Wetspot is now stocking these products for you. By supporting Wetspot, Scotty has more chance of stocking the brands members and the paddling community wants.

If you are considering purchasing a new boat / SUP, or if family or friends are considering buying something, come in and have a chat to Scotty first, support a local business which supports the local community. He may well be able to help you out – that's what he does.

SHOP LOCAL.

Patricia



Social Paddle—11am, Saturday 11th August

Last month I made the suggestion of reinvigorating the Recreational Paddle. We did get some interest from both our newer paddlers and some who had been part of the Rec group previously.

We will be holding a Social Paddle from the shed to Springbank Island on Saturday 11th August from 11am. This will be about a 10km paddle with a stop for lunch. Should take approx. 3 hours.

Please meet at the shed about 10.30am. Bring along your lunch and a warm top to put on over your paddling gear while we stop.

If you're concerned you can't make the distance – it's not a race, we take it easy, but we can take the Mirage double which will make it much more achievable.

We will be using sea kayaks or skis not TKs or K1s.

This will be weather dependent! If the forecast looks too windy, we'll try for Sunday or the following week. So please let me know if you intend to come along so I can contact you.

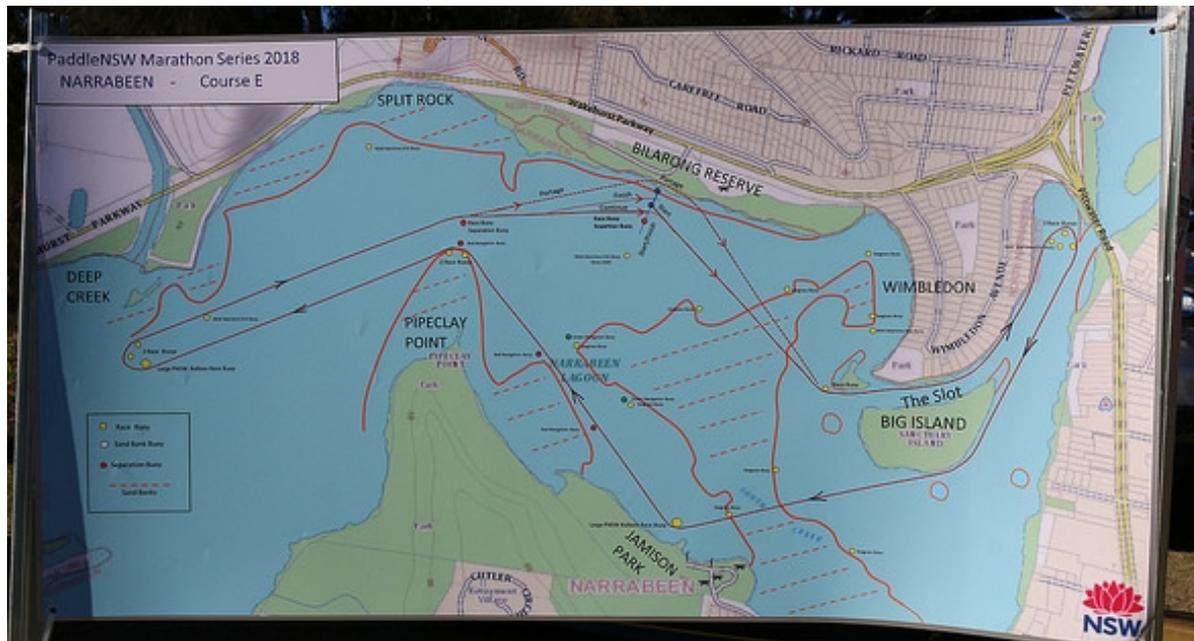
The next Social Paddle will be Sept 29th or 30th at Nelligen–Cyne Mallows Creek, 12–14km with a lunch stop, approx. 4 hours.

Patricia

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PNSW Marathon Series Race 8—Narrabeen: Helen Tongway

This was a frosty morning to start with. Perhaps not as frosty as in Canberra, but still cold and with a cold wind blowing. The only good point to the weather was the bright sunshine, plus the fact that MWKC had organised free parking for those taking part. Manly-Warringah Kayak Club had to modify its usual 5km course because the lake's entrance to the sea was blocked and the recent rain had raised the water level to a point where paddlers would not have fit under the road bridge into the northern section of the lake. So we had to contend with this:



16 of our paddlers made this mid-winter trip to northern Sydney, to paddle in 13 boats. Congratulations to all participants, for making this effort to get there, paddling your best - and flying the flag for our club! Also, welcome to the Marathon Series to two younger people from Margi's TrainSmart weekend in June, who paddled their ranking races at Narrabeen.

BGCC Paddlers:

Division 1	20 km	Michael Hanemaayer	7 th	1:40:13	44
Division 2	20 km	Gary Rake	6 th	1:45:45	45
		Liam Dohnt	Ranking	1:49:34	
Division 3	20 km	Luke Willsmore	3 rd	1:47:24	48
		Brianna Jones	Ranking	1:52:03	
Division 4	20 km	Patricia Ashton & Bob Collins	5 th	1:53:03	46
Division 6	20 km	John Preston	8 th	2:07:34	43
Division 7	20 km	Helen Tongway & David Tongway	3 rd	2:20:40	48
Division 8	15 km	Margi Bohm	7 th	1:29:39	44
Division 9	10 km	Stephanie Rake & Liz Muldoon	5 th	0:56:21	46
Division 10	10 km	Graeme Ison	2 nd	1:01:39	49
		Jeremy Cook	4 th	1:03:00	47
Division 11	10 km	Allan Newhouse	7 th	1:09:37	44



A couple of the locals at Narrabeen, wondering what was going on!





Top:
Michael Hanemaayer

Middle:
Liam Dohnt

Left:
Luke Willsmore



Top:
Brianna Jones



Left:
Margi Bohm

Below:
**Stephanie Rake
& Liz Muldoon**



Club Point-Score standings after Race 8 at Narrabeen:

Lane Cove	8185
Manly Warringah	5729
Burley Griffin	5650
Sutherland Shire	3497
Newy	2932
Windsor	2493
Penrith	2265
Cronulla Sutherland	2076
Brisbane Waters	2009
Central Coast	1848
Hunter Valley	1547
Wagga Bidgee	469
Makai	457
Shark Island Paddlers	381
Just Paddlers	357
ACCA	317
Illawarra	279
Mitta Mitta Canoe Club	225
Sydney Uni	169
Pacific Dragons	147
Pacifica	99
Sloths	95
Northern Beaches	86
Ivanhoe Northcote	49
Swan Hill	44

As you can see, BGCC has slipped to 3rd place after the MWKC's "home" race. How to go up the leader-board? We need at least two boats in every division! It is a numbers game.

The next race is at Teralba (not quite as far as Newcastle ...) on Saturday, 4th August. Try to get there if you can—some Sydney club members consider this one too far to travel to!—but make a big effort to get to the following race at Windsor on 25th August. This is not so long a journey + you can look at the start area for the Hawkesbury Canoe Classic and make you plans for later October!!!



Top:
Graeme Ison



Left:
Allan Newhouse

Below: **Helen & David Tongway**

Bottom of page:
John Preston





Above:
Jeremy Cook



Left:
Gary Rake

Below:
**Patricia Ashton
& Bob Collins**



And then we headed home – leaving the lake to the locals ☺

(Photos thanks to PNSW Flickr.)

Helen.

[Current forecast temperature for Teralba: 21 degrees]

South Coast Report—Allan Newhouse

Narrabeen turned on better weather for this year's race. The white topped waves that made last year's conditions challenging were nowhere to be seen. In fact this was one of those rare occasions when the wind actually eased a little between the briefing and the race.

Two South Coast paddlers competed. Graeme Ison paddled his Fenn ski and finished second in Div 10. Following my PB at Penrith and promotion to Div 11, I was seventh in my Diamond C1.



Graeme Ison on his way to second place in Div 10. Photo credit: Ian Wrenford

For the first time in many years, there were four canoes in one division. Alan Pierson from Hunter Valley and Ian Davey from Newy Paddlers were in Barker C1s, Daryn Egan from Penrith paddled a Wenonah J203 and I was in my own wooden C1.

Perhaps it was the sense of occasion that distracted the canoe paddlers, but we all missed the Div 11 start by about half a minute. We were all gathered in the marshalling area waiting for Div 11 to be called the starting line when we heard Div 12 being called forward. Since I saw several other paddlers miss their start in earlier divisions, it might not have been entirely our fault that we gave all the kayaks and skis in our division a head start.

Ian Castell-Brown and I joined the BGCC paddlers who came down to Nelligen for the first of the Nelligen Cup races. Graeme Ison completed the course, but not as a competitor since he was the official who set out the turning buoys for the event. Conditions were ideal and we are looking forward to the next two races in the series



Allan Newhouse enjoying the relatively calm conditions at Narrabeen. Photo credit: Ian Wrenford



The rare sight of all four canoes competing in the same division.
L to R: Allan Newhouse, Ian Davey, Daryn Egan and Alan Pierson. Photo credit: Ian Wrenford

Cheers

Allan

Slalom and wildwater—Kai Swoboda and Craig Elliot

BGCC will be hosting a slalom and wildwater event on the weekend of 5 and 6 November 2018 on the Murrumbidgee and/or Cotter Rivers near Canberra.

This is not the first time Canberra canoe clubs have hosted such events, with similar events attracting great headlines in the Canberra times as early as the 1960s.

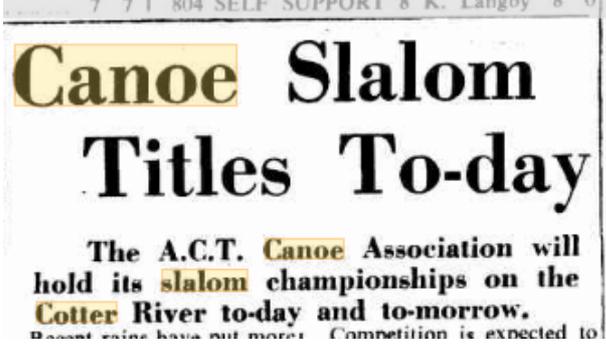
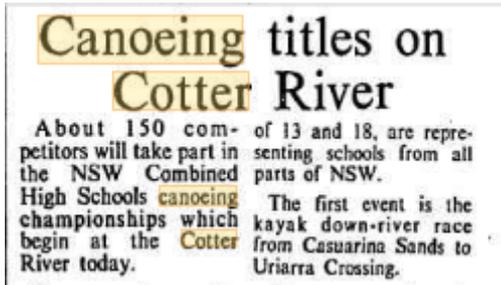
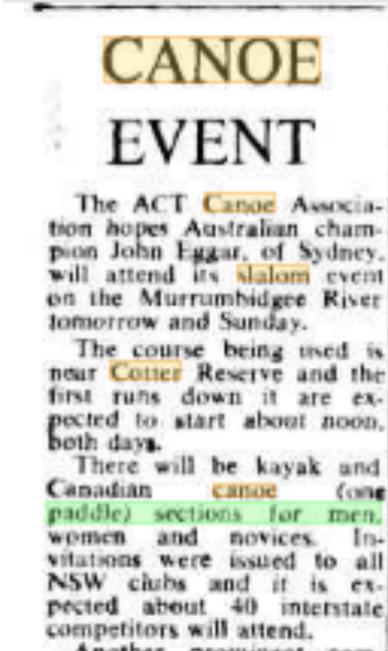
 <p>Canoe Slalom Titles To-day</p> <p>The A.C.T. Canoe Association will hold its slalom championships on the Cotter River to-day and to-morrow.</p> <p>27 October 1962, p.34</p>	 <p>Canoeing titles on Cotter River</p> <p>About 150 competitors will take part in the NSW Combined High Schools canoeing championships which begin at the Cotter River today.</p> <p>of 13 and 18, are representing schools from all parts of NSW.</p> <p>The first event is the kayak down-river race from Casuarina Sands to Uriarra Crossing.</p> <p>11 May 1978, p. 26</p>
 <p>SLALOM AND DOWN-RIVER EVENTS APRIL 7, 8</p> <p>Top canoeists expected for races</p> <p>Some of Australia's best canoeists are expected to take part in the ACT Canoe Association's third annual slalom and down-river race on April 7 and 8.</p> <p>1 April 1979, p.34</p>	
 <p>CANOE EVENT</p> <p>The ACT Canoe Association hopes Australian champion John Eggar, of Sydney, will attend its slalom event on the Murrumbidgee River tomorrow and Sunday.</p> <p>The course being used is near Cotter Reserve and the first runs down it are expected to start about noon, both days.</p> <p>There will be kayak and Canadian canoe (one paddle) sections for men, women and novices. Invitations were issued to all NSW clubs and it is expected about 40 interstate competitors will attend.</p> <p>11 April 1975, p. 18</p>	 <p>Water is right for canoes</p> <p>The falls of snow and rain in the ACT this week have come at the right time for the ACT white water canoe championships this weekend.</p> <p>Water conditions will be ideal on the course, which is near the junction of the Murrumbidgee and Cotter rivers.</p> <p>5 October 1968, p. 29</p>



Photo: Miss Lyn Wagg, of Mosman Canoe Club, Sydney, speeds up as she passes gate six through the rapids in the A.C.T. canoe slalom titles at Cotter yesterday afternoon. Canberra Times, 27 November 1961, p. 14

We want the event to be relatively modest and aimed at allowing BGCC members to try this form of canoeing as well as provide an opportunity for paddlers from interstate to come and enjoy some competition.

Details on the section of the river/s are to be finalised, but will be dependent on snow melt, rain, dam levels at the time.

We will also try to run some sessions with gates so those who are keen for the challenge are able to skill up before the race.

Kai

Canoe polo

It has been a pretty quiet month for canoe polo as the cold has really started to bite. We have continued to play on Wednesday nights and the Sunday afternoon sessions have been well attended.



Australian Women's world championship canoe polo team 2018.

BGCC member Laura (front row second from right) and former BGCC members Stacey (front left) and Carley (back middle).

Our annual canoe polo invitational is set to be held on the weekend of 10 and 11 November 2018. BGCC canoe polo is also making a significant contribution to organising the canoe polo nationals in Sydney in 2019. While this is not as hard as hosting our own nationals, it is probably a good outcome given the limited resources both Canberra and Sydney have available to run an event such as this.

As we go to press the canoe polo world championships are being held in Welland, Ontario from 31 July to 5 August. BGCC is represented in the women's team by Laura Kleinrahm, but we also claim former BGCC members Stacey and Carley Goodwin.

Good luck girls!

SUP Convenor Report—Joanna Nelson

Baby news

I would like to congratulate Matt, Lauren and Mitchell by welcoming their new edition to the Scott family—Oliver William Francis Scott. Born on 31/07/2018 @ 12.52 pm weighing 4.21kg / 9lb3 and 52cm in length. Lauren and 'Oli' are both well and Mitchy is believed to be over-the-moon to be a big brother. We look forward to meeting him.



I would also like to congratulate Aidan and Ange, who are also expecting baby no 2 in December this year. Harvey will be a great big brother (to a little brother or sister).



Wishing you all the best.

Joanna



Club Uniforms are available at:

Wetspot Watersports, Fyshwick.

Tops are \$25 each Shorts \$25 each



2018–2019 BGCC Membership Fees: Helen Tongway

- A big thank you to those 153 or so people who have already renewed!
- If you haven't already renewed, nor heard from me to say you are still current, then your fees are now over-due

The BGCC membership fees have been held at last year's level, while the PNSW fees have changed a little. The Adult fees have increased by \$10, while the Junior fees have been reduced by \$30. The Junior fees are for children between 10 and U18 years as at 1st July 2018. Children under 10 years may join PNSW for free, with the BGCC fee remaining at \$40 for Juniors taking part in regular paddling sessions. **All PNSW & BGCC Memberships are paid via PNSW and Paddle Australia.**

Label	Category	PNSW fees	BGCC fees	Total
1.1	Adult – New Member	\$90	\$130	\$210
2.1	Adult – Renewing Member	\$90	\$80	\$170
1.2	Junior – New Member	\$30	\$90	\$120
2.2	Junior – Renewing Member	\$30	\$40	\$70
1.3	Family – New Members	\$180	\$300	\$480
2.3	Family – Renewing	\$180	\$180	\$360
	Children under 10 years at 1 st July, 2018	Free	\$40	\$40
3	Non-paddler, volunteers, officials, carers	Free	Free	Free!
4.1	Adult Single-event Membership	\$20		\$20
4.2	Junior Single-Event Membership	\$10		\$10

Club Shed key-hire: Annual Fee: \$75.Plus **Refundable Deposit** of \$50, for new key-hirers.

Private **boat in Club Shed:** Upgrade Membership fee: \$180

Both private boat in **Club Shed + Club Shed key-hire,** Upgrade Membership: \$255

Both Key-hire and private boat in shed membership require an approved Application Form.

Membership upgrades at: <https://www.registernow.com.au/secure/AccessRegistration.aspx?E=30446>

Club Shed key-holders and paddlers with the privilege of storing their own boat in the Club Shed are reminded that their membership renewals and were due by 31st July – or you may be asked to return your key and/or remove your boat. (See club rules)

If you finances are such that you need a little more time to pay – then please contact me, to let us know that you are still in town and want to continue with BGCC, key and boats.

See club website for how-to-pay links

Helen.

Australian Canoeing Safety Guidelines

Safety Guidelines are available at: <http://canoe.org.au/wp-content/uploads/2015/06/Safety-Guidlines-2015.pdf>

This is a reminder that a lifejacket must be worn whenever a club member is paddling a club boat.

Also a reminder to those club members who have the privilege of having your own boat residing in the club shed, that you have agreed to use your boat at least 25 times per year – or you may be asked to remove it.

Club Rules can be viewed at: <http://www.bgcc.org.au/images/FormsAndGovernance/boatshedrules.pdf>