



*Newsletter of the*  
**BURLEY GRIFFIN CANOE CLUB**

Volume 27 Issue 02 September 2016

**Your Committee:**

**President:** Patricia Ashton

**Vice President:** Russell Murphy

**Secretary:** Jane Lake

**Treasurer:** Tom Hick

**Safety & Training:** Craig Elliott

**Membership Secretary:** Helen Tongway

**Public Officer:** Bob Collins

**Editor:** Helen Tongway

Burley Griffin Canoe Club Inc.

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[www.bgcc.org.au](http://www.bgcc.org.au)

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- Very soon: our AGM. 11<sup>th</sup> September, 2016. Volunteer! Vote!
- Discipline Reports: Canoe Polo, SUP, Marathon, Ocean Racing
- Coming Events, Boats for Sale, Happenings....**Membership Renewal!**

 **SPORT & RECREATION ACT**

*The ACT Government assists the BGCC through Sport and Recreation ACT*

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## Coming Events:

- Saturday 3<sup>rd</sup> September, 2016: Race8, PNSW Marathon Series 9; Makai Paddlers, Burrill Lake
- **Sunday 11<sup>th</sup> September: BGCC AGM, at Molonglo Reach; barbecue lunch and meeting!**
- Saturday 17<sup>th</sup> September, 2016: PNSW Myall Classic; Tea Gardens; 12 km, 27 km or 47 km.
- Saturday 1<sup>st</sup> October, 2016: Race 9, PNSW Marathon Series 9; WBCC, Wagga Wagga, + Presentation Dinner
- **Saturday 29<sup>th</sup> October, 2016: Hawkesbury Canoe Classic; 65 km Windsor to Wisemans or 111 km Windsor to Mooney Mooney. Make this a big event for BGCC! Can we get 40 participants for the 40<sup>th</sup> HCC?**
- Saturday – Sunday November, 2016: Canoe Polo Invitational; Molonglo Reach, ACT
- Monday 21<sup>st</sup> to Friday 25<sup>th</sup> November, 2016: Massive Murray Paddle, 404 km, Yarrowonga to Swan Hill, 5 days
- **Saturday 3<sup>rd</sup> - Sunday 4<sup>th</sup> December, 2016; 24 Hour Paddling Challenge, Molonglo Reach, ACT.**
- Friday 9<sup>th</sup> - Sunday 11<sup>th</sup> December, 2016 – Sprint Grand Prix 1 - West Lakes, SA
- Friday 3<sup>rd</sup> - Sunday 5<sup>th</sup> February, 2017 – Sprint Grand Prix 2 - SIRC, NSW
- Saturday 11<sup>th</sup> – Sunday 12<sup>th</sup> February – Frank Harrison Races – MMCC, Albury, NSW
- Sunday 5<sup>th</sup> - Thursday 9<sup>th</sup> March, 2017 - Canoe Sprint National Championships - SIRC, NSW
- Saturday 11<sup>th</sup> March, 2017: Australian Marathon Championships, SIRC, Penrith, NSW



16 Wollongong Street, Fyshwick, Phone: 02 6239 1323

## President's Report: Patricia Ashton

Well the Olympics are over for another 4 years. Congratulations to all the Australian team members - it was exciting to watch, whether they medalled or not! The K paddlers have hopefully had an impact locally with the club receiving several enquiries from competitive sportspeople looking at changing sports and wanting to paddle K boats. We'll start doing club inductions this week, though we won't be putting new paddlers into K1's yet. You may start seeing new members out on the water. As always, share any advice and help out where you can.

Winter is just about over and we'll soon feel the sun on pogie-less hands and the water will warm up so the Sealskinz socks can go back into the drawer and many of our members who have been hibernating will come out and get back into training mode.

With Spring, traditionally we put away the life jackets; however, while individuals and training groups may decide to go without, they are still required for our Winter Time Trial series. As life jackets will now be required for the PNSW Marathon series races, BGCC will need to decide how we will respond as a club. The ACT doesn't have any regulations regarding the wearing of lifejackets, so, do we follow our parent body, PNSW, or just stick to what we normally do and make them compulsory for winter.

There are some major races coming up – the last of the Marathon Series, the Sprint Series, Harbour Racing, Ocean Racing, the Hawkesbury Classic, the Murray Marathon, NISCO Nationals and our own 24 Hour Relay. Start thinking about putting a team together, for 3<sup>rd</sup> & 4<sup>th</sup> December, with a new start time of 12 o'clock.

So plenty of things to train for, so enjoy  
See you on the water

*Patricia.*



### Coming Events for your Diary:

Saturday 3<sup>rd</sup> September, 2016: **Race 8**, PNSW Marathon 9 Series: Makai Paddlers, Burrill Lake;

Saturday 17<sup>th</sup> September, 2016: PNSW **Myall Classic**, Tea Gardens: 12 km, 27 km or 47 km;

Saturday 1<sup>st</sup> October, 2016: **Race 9**, PNSW Marathon 9 Series: WBCC, Wagga Wagga + Presentation Dinner;

Saturday 29<sup>th</sup> October, 2016: **Hawkesbury Canoe Classic**: 65 km Windsor to Wisemans or 111 km Windsor to Mooney Mooney. Make this a big event for BGCC! Can we get 40 participants for the 40<sup>th</sup> HCC?

Saturday – Sunday in October or November: **Canoe Polo Invitational**

Monday 21<sup>st</sup> to Friday 25<sup>th</sup> November, 2016: **Massive Murray Paddle**: 404 km, Yarrowonga to Swan Hill, 5 days;

Saturday 3<sup>rd</sup>/Sunday 4<sup>th</sup> December, 2016: **24 Hour Paddling Challenge**, Molonglo Reach, ACT.

## Avon Descent 2016

Awaiting a write-up of their adventures in the West, but from the results page:

James Suthern:	Open	Day 1: 06:00:41	Day 2: 08:49:32	Total: 14:50:14
Tom Hick:	MV60+	Day 1: 06:02:22	Day 2: 08:51:59	Total: 14:54:22

Well done James and Tom! Let us know how it was – high water or low? Sun or rain? Wind or calm? ETC.

## Flatwater Marathon Convener's Report: Russell Lutton

While it's been pretty quiet on the Molonglo of late, there has also been some pretty hard training in challenging winter conditions. Here's the wrap on what's happening.

### 2016 ICF Canoe Marathon World Championships and Masters World Cup

Two of the most consistent and hardest training club paddlers at present are undoubtedly Gary Rake and Gabrielle Hurley, who are preparing for their participation in the ICF Canoe Marathon World Championships and Masters World Cup at Brandenburg, Germany on 13-18 September. We wish Gary and Gabrielle the best of luck in their events and hope to bring you their reports on the regatta and racing in a future edition of *Blazing Paddles*.

### 2016 PNSW Marathon Series, Race 7, Cockle Creek, Saturday 6<sup>th</sup> August



*Left: Jack Jessen*

Given the inordinate travel distances between Canberra/South Coast and Cockle Creek, Teralba in the Hunter region of NSW, I expected to see very few other BGCC paddlers at this race. Amazingly, 15 of our marathon paddlers made the trek north, collectively travelling about 11,000km to compete in the race—all the more outstanding given it was a Saturday event.

This is the first time a PNSW marathon race has been held at this venue and while host

Hunter Valley PaddleSports Club's organisation was first class, it is a race venue with some limitations: on-street parking for competitors (the passing traffic made unloading/loading boats exciting); the race course was, well, rather shallow in most parts; and there was no portage for the Division 1 paddlers.

The first indication that it could be a slow course was provided by the race director during the safety briefing. Paddlers were advised not to worry if they fell out of their craft; in most places, the water depth would be about chest height, making recovery fast and easy. And to top it off, the weather was about as cold and wet as Canberra's that weekend.



*Below: Mark Terracini*

*Above: Allan Newhouse and Gabrielle Hurley.*



In all the circumstances it was a terrific effort by our club paddlers that yielded some great results in testing circumstances.

And the cumulative club points totals: did you notice they were revised about a week after first publication? Mark Terracini, who won division 8 for us, was incorrectly recorded as doing

a no-points ranking race. The resultant points' adjustment sees us still in third place but now only 16 points behind MWKC.

Given the reluctance of north-shorers to cross the Sydney Harbour Bridge to compete south of the bridge and the relative closeness for us of the last two races at Burrill Lake and Wagga Wagga, if we can maintain our participation levels, we must have a chance at least to overtake Manly for second place in the series.

So we need BGCC competitors for the last two races of the 2016 series. If you can make Burrill Lake on Saturday, 3 September and/or Wagga Wagga on Saturday, 1 October, please do so. Your club needs you!

The results achieved by BGCC paddlers at Cockle Creek are below:

Division 1		
	No BGCC paddlers	
Division 2		
2 <sup>nd</sup>	Gary Rake	1:42:55 (6 club points)
6 <sup>th</sup>	Russell Lutton/Richard Fox	1.48:17
Division 3		
	No BGCC paddlers	
Division 4		
9 <sup>th</sup>	Gabrielle Hurley	1:59:39
Division 5		
9 <sup>th</sup>	John Preston	2:00:47
Division 6		
	No BGCC paddlers	
Division 7		
5 <sup>th</sup>	Helen and David Tongway	2:26:38
Division 8		
1 <sup>st</sup>	Mark Terracini	1:25:20 (8 club points)
5 <sup>th</sup>	Graeme Ison	1:27:52
Division 9		
2 <sup>nd</sup>	Jack Jessen	56:57 (6 club points)
4 <sup>th</sup>	Margi Bohm	59:35 (blocked 2 club points)
Division 10		
5 <sup>th</sup>	Robert Bruce	1:03:16
8 <sup>th</sup>	Madeline Hanks	1:06:38
Division 11		
4 <sup>th</sup>	Ian Castell-Brown	1:06:23 (2 club points)
10 <sup>th</sup>	Allan Newhouse	1:15:08
Division 12		
	No BGCC paddlers	

### **BGCC winter time trial series and National Time Trial Series**

The 2016 series is drawing to a close, with only two more time trials: 28 August and 11 September. Thanks to the regulars who braved the cold Sunday mornings to compete but also thanks to all those paddlers who have done the time keeping. It is very much appreciated. *Right: Jack Jessen*

And I can't let this opportunity pass without also thanking Jane Lake, who always promptly and efficiently records and updates the results spreadsheet and Geoff Collett who equally promptly and efficiently posts them to the club website. Thank you all for making the winter series possible.

Running the National Time Trial Series in conjunction with our winter time trials is a great innovation that will gather momentum over time. Thanks to Gabrielle Hurley for introducing it to us and for her work in updating the results. Check them out at: <http://kayak.net.au/timetrials.html>

## 2016-17 Wetspot summer time trial series

The popular Wetspot summer time trial series will commence again on Wednesday, 12 October. Thanks again to Wetspot for their support of the club and the series.

## Molonglo River time trial course

Regular paddlers on the Molonglo River will have noticed that the river is still a bit of an obstacle course with floating debris coming, going and in some cases, unfortunately, being firmly anchored in the river. I was hoping that TAMS contractors would return to remove more of this rubbish before re-setting the time trial course buoys. In any event, we aim to have the course re-set before the start of the summer series.

## 2017 PNSW Marathon Series

This month the PNSW Marathon Committee sought expressions of interest from clubs to host a round of the 2017 series. On behalf of BGCC, I registered our club's interest and provided arguments to support our claim to host a race, with our first preference date being Saturday, 27 February 2017. We hope to have more information soon on whether or not we were successful.

The marathon committee also sought feedback from clubs on how the 2017 series could be improved or changed. After consulting with a sample of regular BGCC marathon paddlers, the following BGCC feedback was provided to the committee:

- Continue to keep reasonable time/weekend separations between the races (this year has been pretty good but in some previous years, the closeness of races – i.e., sometimes just two weeks apart – made recovery and travel very difficult).
- No more than 9 races in the season is the consensus.
- Perhaps another 10 km division is needed, as well as perhaps a second 15 km division. The time slots are certainly “soft” for the upper 10 div.
- The rules appear to accommodate ranked 20 km competitors dropping to lower distance divisions but still win club points in their first lower distance race. The most recent example occurred at the last Cockle Creek race. While it is great that paddlers can opt to come down from 20 km to shorter race distances for legitimate reasons—e.g., recovering from injury—to retain also the ability to accumulate club points, particularly in their first race over the shorter distance, could be reviewed.

One of the issues the committee is grappling with is whether to conduct, and if so how and where, NSW state marathon championships. It will be interesting to see the resolution of that conundrum.

*Russell Lutton*

## Calendar of events:

- [2016 PNSW Marathon Series Round 8 Makai, Burrill Lake](#) Sat, 03/09/2016 - 11:00
- [2016 Myall Classic Ultramarathon](#) Sat, 17/09/2016 - 06:00
- [2016 PNSW Marathon Series Round 9 & Series Presentations WBCC Wagga Wagga](#)  
Sat, 01/10/2016 - 13:00 Presentation Dinner 18:30

## 2016 BGCC WINTER TIME TRIAL/NTTS SERIES

DATE	ACTIVITY
Sunday, 4 September 2016	Coaching/other activity day, TBA, start time 9 a.m.
Sunday, 11 September 2016	NTTS + Time trial, start time 9:30 a.m. (two laps) 9:35 a.m. (1 lap)
Wednesday, 12 October 2016	Wetspot summer time trials 2016-17 commence

## Ocean Racing Convener's Report: Nick Ziviani

Hello all fellow ocean paddlers

We are coming out of the cold time of year making it the time to dust off the ocean ski and hit the water for some cold but crucial training to prepare for the up-coming ocean series which will start with a good little warm-up race held by Pambula Surf Life Saving Club on the 24th September; start time to be confirmed. They will hold two courses: one being 18 km and the other 23 km; both starting from Pambula SLSC and both finishing at the town bridge in Merimbula harbour. This has always been a great event and the best thing is that you don't need to be SLSC member to enter. The only other requirement they ask is for all competitors to wear a pink singlet which they can supply on the day but if your PFD is a fluorescent colour, all the better. Accompany it with a leg leash you will be set to go. Don't worry if you're not in your prime fitness as the race caters for the Elite to Entry Level paddlers who can cover the distance with plenty of support craft on the water during the event.

I hope to see some BGCC ocean enthusiast's at this event and I hope the photo below doesn't happen to anyone as it did me.

I was travelling to training, as we all have done; many kilometres with our pride and joys on the roof when my kayak left the roof of my vehicle with the roof racks, straps and all, still attached.

A truck passed in the opposite direction which must have made the right wind action at the right time and my kayak ended up in the middle of the Highway while the car behind me ran over it to make sure there was no repair need for my favourite kayak.

I along with everyone have heard of this happening but thought if it is tied down securely using quality Thule roof racks this just can't happen!!!

Safe paddling all  
See you on the water  
*Nick*



## SUP Convener's Report: Joanna Nelson

The weather is starting to warm up slowly. No doubt we will start to see more Stand Up Paddlers out on the water very soon.

Keep an eye on the CAP SUP Face book page as I will post any upcoming events that you maybe interested in attending. There has been some interest to attend the Lion Island flat water paddle on 8 October in Sydney, maybe this is an event to motivate us and get us back out on the water.

'Til next time,

*Joanna*

**Don't forget: Sunday 11<sup>th</sup> September**  
**BGCC AGM: Vote; Take on a position;**  
**Nominate a friend – or yourself! 😊**  
**Shed walk-around; Barbecue lunch!**

## Canoe Polo Report: Kai Swoboda

The winter canoe polo season continues at Tuggeranong on Wednesday nights, although numbers have been lower in the last few weeks. We have had a few new people (and some paddlers make a fleeting return). I think most paddlers are now looking forward to getting back on the river in a few months' time.

Sunday afternoons have been generally well supported, with the kids continuing to develop their polo and paddling skills.

James Deakin and Rowan Holt are away in Europe preparing for the World Championships in Italy, which are on from 29 August to 4 September. While Australia was consistently medalling in the mid to late 1990s, our last medal in the men's (gold) was won in 1998. Competition will be strong but hopefully the team has worked well in the lead up competitions and are well prepared for the major event.



direttamente dal Mondo di Titò....

**DINO**

(erede di Archimede!)

Mascotte ufficiale



*Kai*

## White-Water Event: Aiden Lewis

The Snow is flowing! The Snowy River Extreme race is to be held on the 2<sup>nd</sup> of October on the section of the Snowy River between Mulyang Power Station and Island Bend.

Two classes of event will be held, catering for both expert and intermediate kayakers:

The expert race will be contested on a 2 km Class III-IV stretch of the river, starting just below the "Can Opener" rapid and ending at the "Rafters Track".



The intermediate race will be held following the expert race on the 1.7 km class III stretch of the river, starting at the "Rafters Track" and ending at the flying fox at the gauging station. Both events will be run as "pairs" time-trial races, which require competitors to race in groups of two.

Proudly sponsored by:

[Wetspot Watersports.](#)

Our sponsorship will be donating a Dagger Jitsu playboat. The race organisers have decided to make this a bib-draw, so any entered paddler on the day can win this boat, as well as one of two other kayaks, plus numerous smaller prizes.

Check out the Facebook page for more info.

## Sprint Convener's Report: Cherrie Reid

### NATIONAL SPRINT EVENTS

The national event dates have now been confirmed and are available via the calendar on the AC web-site:

<http://canoe.org.au/calendar/>

Dates and locations are as follows:

Friday 9 <sup>th</sup> – Sunday 11 <sup>th</sup> December, 2016	Grand Prix 1	West Lakes, SA
Friday 3 <sup>rd</sup> – Sunday 5 <sup>th</sup> February, 2017	Grand Prix 2	SIRC, NSW
Sunday 5 <sup>th</sup> – Thursday 9 <sup>th</sup> March, 2017	Canoe Sprint National Championships	SIRC, NSW

\* Please note the change in days of competition for Sprint Nationals, now running from Sunday to Thursday.

This will be followed the weekend after by the Marathon Oceania Championships, also at SIRC (11<sup>th</sup> – 12<sup>th</sup> March)

Entry details for the events will be available in due course.

### 24 Hour Paddle Challenge: Kiaran Lomas

Approvals for the 24 Hour Paddle Challenge are being finalised with the ACT government, but you will be seeing more information about this event shortly. The partnering charity this year is the RSPCA. The race is on 3-4 December and this year will be from midday to midday to provide more time for interstate paddlers to attend. Another new initiative will be a 6+6 race which will involve a 6 hour session on Saturday and a 6 hour session on Sunday avoiding the paddling at night. The full details of this format are still being worked out.

But these events don't run themselves and we will be seeking a number of volunteers closer to the time to assist with the set up and conduct of the event. More details of the likely jobs and tasks will be provided in the next post.



*Will Xena return this year?*

*Will the C2 return this year?*



### BGCC 2016 AGM: Sunday 11<sup>th</sup> September.

Following the Sunday morning time trial – at approximately 11:30 a.m. – the 26<sup>th</sup> BGCC AGM will be held at Molonglo Reach. We will have tents/shelter and heaters in case of not-so-nice weather. Meeting will include a walk-around with the Shed Extension Committee members, a barbecue lunch, voting on changes to the club's Constitution plus the all-important spill of all club committee, convener and all other positions, with nominations for the coming year to be voted in to take on the next batch of tasks. Remember, you must be a current, financial club member in order to stand for and/or vote on any of the club positions.

#### Reminders:

- ❖ Only current, Financial Members are eligible to stand for and vote at the AGM
- ❖ And, any unpaid Platinum Level members with unpaid fees at the end of July may be asked to remove their boat from the Club Shed
- ❖ And, two months after membership fees become due, unfinancial members may become non-members

*See club Constitution and Club Rules, under Administration, on the BGCC web-site.*

## Burley Griffin Canoe Club: Annual General Meeting

This year's AGM will be held on Sunday 11<sup>th</sup> September at 11:30 a.m. at the river. We will have the club and the Wetspot gazebo out and will hire some heating, so it should be comfortable enough. Time trials will be held at the usual time of 9:30 a.m. with a 'walk through' of the proposed shed extension held about 11 a.m. There will be a BBQ afterwards.

All members are invited to attend and as mentioned in the Presidents report, all positions are open for nominations.

Included below are some rewording for the constitution (finances). These have been doing the rounds for a while now, but we need them to go through at this AGM if we are to be able to use a Debit card for online payments. There are guidelines in place to support this. While many of our larger payments will still be paid by cheque with 2 to sign, it will allow us to pay smaller invoices, reimbursements or sponsorship funds directly to members. Please read through them and if you have any concerns or questions let us know before the AGM.

Also in this issue of *Blazing Paddles* is the committee's position on the shed extension. To many of you this will seem like a pipe dream we have been banging on about for years – and to some extent we have, it will be almost 4 years in the planning and harassing by the time we hear about grant funding. But things are on the move and getting closer to becoming a reality. The committee is aware there is some concern from a few members about the need for a shed extension and that the money saved could be better spent...please read the item, then, again, if you have questions or concerns; get back to us before the AGM.

*Patricia*

### **BGCC proposed constitutional changes re financial management**

*(Current Constitutional rules in black print, proposed changes in red print. To be voted on at the AGM)*

#### **Constitution:**

#### **3 FINANCES**

- i. All monies of the Club shall be paid to the credit of the Club and shall be accountable to the Treasurer of the Club.
- ii. **All expenditure of club monies must be in accordance with the rules of the Club.**
- iii. Any such accounts shall be operated on by any ~~two~~ one signatures of the President, Vice President, Secretary and Treasurer, **following internal Club authorisation as set out in Clause iv below. Accounts can include financial products such as debit cards**
- iv. **Internal Club authorisation processes are as follows.**
  - a. **All expenditure must be approved in writing by a minimum of two of the President, Vice President, Secretary and Treasurer prior to expenditure. For moderate and major expenditure [defined below], this step will follow the additional authorisation processes set out in (b) and (c) below.**
  - b. **Moderate Expenditure:** Any expenditure in a single transaction, greater than the "lower threshold", but less than the "upper threshold" [defined below in clause v] must be authorised by a majority of the Committee members prior to expenditure approval;
  - c. **Major Expenditure:** Any expenditure in a single transaction, greater than the "upper threshold" [defined below in clause v] must be authorised by a simple majority of those present at a Special General Meeting, or Annual General Meeting prior to expenditure approval.
  - d. **Expenditure must not be split to bring it under a lesser category.**

- v. The “lower threshold” is one thousand dollars (\$1,000). The upper threshold is ten thousand dollars (\$10,000).
- vi. The “lower threshold” and “upper threshold” can be amended by a simple majority of those present at a Special General Meeting or Annual General Meeting.
- vii. The Treasurer shall keep full and proper records of ALL monies received and paid by the club, and associated records of expenditure approvals.
- viii. The Treasurer shall place a brief statement showing the condition of club funds and financial position before each meeting.
- ix. The Treasurer shall prepare a complete audited statement of income and expenditure of the Club during the preceding financial year and produce all books for inspection by members at each Annual General Meeting.

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## Duties of Club Committee Positions (abbreviated)

**Public Officer:** *(An ACT Government-required position, but not a committee member)*

Presents to the ACT Government, a copy of the incoming committee members plus a copy of the audited financial statement for the previous financial year

### **Officers of the Club:**

#### **President: (The Buck Stops Here.)**

Be a supportive leader of all club members over all disciplines

Be well informed of all club activities, plans and future directions of the club and its members

Manage club committee and other meetings as chairperson – or appoint a replacement to chair

Ensure that planning and budgeting is carried out in accordance with the wishes of club members and within the bounds of the club’s Constitution

Delegate to other club members such duties as are needed for the smooth running of the club

#### **Vice-President:**

Acts in the position of the President in periods of his or her absence

Has a good working knowledge of the club’s Constitution, club rules and the duties of all Office Holders and Sub-Committees

#### **Secretary:**

Is the chief administrative officer for the club; he or she provides the link between the members, the committee and external organisations

Receives and records all incoming and outgoing correspondence

Provides the agenda for club meetings and records the minutes of all meetings

Possesses definitive copies of all official documents; including Constitution, Club Rules, Letter-head, etc

#### **Treasurer:**

Is responsible for the financial management of the club

Maintains a record of all current Income and Expenditure, presenting a monthly update to all club meetings

Prepares monthly accounts and presents invoices for approval by the committee

Collects and banks all club monies

Prepares annual financial accounts for auditing.

#### **Boat Captain:**

Keeps a record of all equipment owned by BGCC and suggests any equipment replacement needs

Consults with Committee on who is permitted access to the Club Shed and use to club equipment

Allocates racks for the storage of both club and privately-owned/stored boats

If appropriate, performs minor repairs to club boats and/or arrange for more heavily damaged boats to be repaired off-site

**Safety and Training:**

Ensures all events are conducted in a safe manner

Checks club shed, club equipment and grounds around the paddling events for any dangerous conditions

Makes sure club coaches, instructors and guides are fully qualified and when needed, hold WWVP cards

**Other Committee Members:**

**Two Ordinary Members:**

Aim to have people from different disciplines to ensure a greater spread of expertise in the Committee

Club members who can take on some of the tasks of other committee members to lighten their work-loads

**Other club positions: (Not Committee positions)**

**Membership Secretary:**

Keeps an up-to-date record of all club members; along with any payments for club extras

Up-dates on-line payment systems for club memberships and club extras

**Editor:**

Asks for and edits contributions to the monthly publication of *Blazing Paddles* club newsletter

Publishes newsletter on-line and sends out a club email to let club members know it is available

**Triathlon Co-ordinator:**

Liaises with Triathlon ACT and other triathlon events in ACT organisers with regards to fees per swimmer to the club, plus any other requests; where, when, how many waves of swimmer and any other information the organisers can provide to the club

Organises via club emails and/or personal contact, sufficient club members to support the organisers' requests

**Coaches' Representative:**

Does not need to be a coach, but takes up any concerns of coaches with the committee

Coordinates coaches getting their qualifications, courses, first aid qualifications, etc

**Web Maestro:**

Keeps the club's web-site up-to-date by liaising with various club committee members re relevant information

**Discipline Conveners:**

Needed for each paddling discipline, to represent their discipline at open meetings or by special request at Committee meetings

Ensures their discipline is able to conduct events and training in a suitable manner

**And then .... the rest!**

Throughout the year there are many things which need to be done – some annually, or weekly, or for a special event. Things like washing the boat wipe-down towels, shed clean-ups, canoe polo field maintenance, pontoon maintenance, food preparation and cooking at barbecues, time-keeping at time trials, umpiring at CP games, applying for ACT Government Grants, cleaning the kitchen area, club trailer maintenance, etc. etc.!!

*Helen*

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**PNSW Myall Classic:** at Tea Gardens is on 17<sup>th</sup> Sept.; you can enter for 12 km, 27 km or 47 km. This has been on our bucket list (or more Bob's list) for a while now, so, as Bob's son has decided to get married on the weekend of the Hawkesbury, we (Bob), needed to look forward to another long distance Marathon. So this year is the Myall. By all accounts a lovely race although we've been told many a horror story about the wind: boats flying overhead, races cancelled last minute...still, why not try it out yourself?

**Hawkesbury Canoe Classic 29<sup>th</sup> October: Names, Numbers, Training Paddles, etc.**

Are you planning on paddling the Classic this year?

The club generally runs a club-based land-crew – that could be transportation for you and your boat up and back, assisting you with scrutineering, helping you at the checkpoints and the finish, carrying your boat (and you, if need be).

***Please let me know if you think you would be taking advantage of our land crew.***

### **Land Crew Volunteers**

At this stage I don't know how many paddlers will be taking part; however, we will require some land crew. We try to have a few people at each checkpoint and at the finish, so land crew have the opportunity to have a rest/sleep.

If you're interested in finding out what it's all about, or if you think you might like to paddle it one year, come along and spend the weekend helping out your fellow paddlers. If you'd like more information or you'd like to volunteer please let me know.

*Patricia*

### **Don's Follow Me (or Us)!!**

The Nelligen training paddle held last Sunday didn't quite go as planned. Instead of a lovely balmy 19 degrees with next to no wind, it was a chilly, gusty day; however, that's not where it went wrong. In fact the wind calmed down for most of the paddle, and the cloud cover meant we didn't over-heat.

Carrying on to Shallow Crossing instead of paddling to the 20 km point, adding another 6 km to the overall distance also wasn't the problem. Previously we've been there around a low tide so we turn at the 20 km as after that the river does get quite shallow. So why not take advantage of the high tide and the fact that we had the tide helping us in both directions.



Geoff Collett, Shane Norenbergs and Geoff Molloy joined Bob and me on the Clyde River on Sunday 21<sup>st</sup> August for a training paddle – we wanted a longish paddle to get us ready for the Myall; Geoff x 2 are training for the Hawkesbury; and Shane just enjoys paddling. Shane started off about half an hour before us; then Geoff C also left; as we waited for Geoff M to arrive and get ready. Once we were on the water and under way, we only caught up to Geoff C, as he was coming back from Shallow Crossing. We only had another 500m or so to go, so we crossed paths and hoped we'd meet again on the way back. Shane had stopped at the Crossing and was going to take a break for lunch. We turned around and headed back to Nelligen.

We were happy with how we were paddling; with the tide we often sat at about 11.5 kph + comfortably. After a few km's I mentioned to Bob that this section of the river was particularly pretty, with some great reflections. A bit later, I laughingly said that it was funny that even though we'd just come this way, it didn't look familiar. Hmm, I knew the river narrowed a bit towards Shallow Crossing but I had thought we'd passed that section by now.....don't remember the river being this narrow with quite so many bends....

All this as we're paddling, paddling... Bob agreed that it didn't look familiar, though we did pass those reeds – although shouldn't they be on the other side of the river?.....paddling, paddling.....by the time we finally decided we must be going wrong – But where, there weren't any significant creeks up here? We were still paddling forward! Once we turned round I really had no idea how or where we went wrong! It took quite some time to find it. All the while we still didn't quite believe we'd taken a wrong turn, 'we'll meet Shane shortly..' Needless to say we didn't and eventually we found ourselves at the entrance to the Clyde. Hmmm, how could we have thought we were on the right river? It's SO much bigger and more open.

Anyway, there we sat, shaking our heads, How Stupid can we get?! Unfortunately for us, the answer was 'even more so!'



As I went to turn left, Bob asks 'which way are you going?' Thinking he was testing my directions I thought carefully, 'left' I said, not so decisively. Anybody who has been in the club any length of time will be aware of my total dysfunction with directions, whether left and right or points of the compass. Anyway, no says Bob, we have to go right. I double checked my hands – pen hand = right, opposite of where I was heading.....'are you sure?' Yes. OK, we went right. After several 100m of zig zagging up the river, I suggested to Bob we were going the wrong way as the tide change was 11 a.m., so should well and truly have turned. We'd been doing mid 11 kph without too

much effort, though at times you did have to find the sweet spot on the river to get the most benefit. Now we were doing about 8 – 9 kph and I'd tried for a better position. Again, we kept paddling – we figured we'd soon see Shallow Crossing if we were wrong. Luckily, we saw the road which winds along the river, Ha, it was on our left – we were going the wrong way!! So, add another 2 km to the trip. I turned the boat for Nelligen and yes, the speed went up straight away. (No, you couldn't see bits floating with the current)

How much extra had we done? Would it be 50 km? 52 km more like.....all I knew was that Geoff would be wondering and if Shane got back before us too, then there would be some worrying done. We made steady progress back till about the last 5 – 6 km when the wind came up; and often side on. Not really what we wanted at this stage of the paddle. I also knew that you could see Nelligen from 3.5 km out. You round a bend and there it is.... so each bend from about 48 km we were hoping to see it. But no, maybe the next one, no.....

We did actually see the funny side of it and didn't blame either of us, but felt really embarrassed to have done it! Should we keep it secret? No!! At least we had a good training paddle – half of it at a good solid race pace, the new pump Scotty put in worked really well, we did end up catching up with Shane about 2 km from Nelligen, so all was good.

53.85km, 5.30hours, we were happy with that!

The hamburger after tasted great!

*Patricia & Bob*



## Stories from the deep North or, Norwegian Tails: Geoff Pickup

Another day in Longyearbyen, so here is a bit more info:

The town has a much larger dog population than human. Most are villainous types, many with one glacial blue eye and another brown; and many carry battle scars. Their role appears to be fending off bears; fighting each other for fun; having the odd snarl at tourists who find them cute and want to give them a pat; and pulling sleds. English football supporters spring to mind to some degree, or maybe Uni students. Most are a mixture of Greenland and Siberian Husky, with a dash of wolf and Tyrannosaurus thrown in. There is also the odd decorative dog, most of whom behave around town like nervous tourists who got lost in the backstreets of drug-gang infested Harlem.





We decided to investigate the dog issue in more detail. We have read various romantic tales of epic dog mushing trips such as the thousand km dash in the 1920s to bring diphtheria vaccine to the dying children during the Nome (Alaska) epidemic in the depths of winter across treacherous sea ice by heroic drivers and dog teams (now commemorated by the Iditarod dog sled race). Similarly, inspired by Amundsen's dash to the South Pole powered by Greenland Huskies which he subsequently ate - (the ungrateful sod), I thought to live out my fantasies as a dog musher. We duly signed up for a dog

sledding trip. For atmosphere, I found myself gently humming the theme music from the early 1960s movie "North to Alaska"

On arrival at the dog yards with four other innocents, we were confronted by 100 chained up canine Hell's Angels who were itching for a run, a feed, a fight, an orgy or all the above. Once you touch a sled or harness, all 100 set up a cacophony of howls that continued until we left the scene. All instructions from our guide were totally drowned out so we had only a vague idea of what would follow.

We were next fitted out with an insulated one piece snow suit, Genghis Khan type hats, safety glasses and gloves (I got two left hand ones). The snow suits were designed by someone with only a loose acquaintance with the human body. Having lost a bit of weight over the last year or two, I optimistically tried on a medium. Arms & legs were OK but the crotch was about 6 inches higher than mine. Doing up the front zip caused my eyes to water so it was on to the large. This had legs about one foot longer than mine (clearly designed for a basketball star & a crotch about a foot lower. Feeling rather like a fashionable overweight teenager in droopy shorts, bum crack showing & crotch around the knees, I went on to the next stage. My wife's suit was two feet longer than her legs but she was never any good at basketball.



As snow was long gone, our sleds had wheels and took a driver and a passenger. My dog handling skills, derived from a 30 minute conversation with someone in a bar somewhere on a previous trip to Alaska (who, I came to discover was pulling my leg) were immediately recognised by our guide who assigned the driving role to me. My increasingly suspicious wife decided that she was satisfied with the passenger role as long as she could keep her eyes closed whenever speed increased to more than a walk.



We now had to collect and harness our dogs. We had six. Immediately, they are released from the dog-lines, they transform from dog to a cross between a newly released high tensile spring and a firecracker. All dogs have individual kennels with their names painted on the sides. There are no Fifi's, Peppis or Rovers. My first dog was called Anger. Another was called Garlic (breath?). The other names came from marauding Vikings who specialised in sacking Anglo Saxon monasteries.

To harness dogs, you attach the two lead dogs to the front of the drive line first. Your passenger then holds them so they don't (a) disappear over the horizon, (b) have a fight, and (c) go home. Usefully, the sled is also attached to a fence post to prevent (a). One by one, you haul out the other dogs, or rather they haul you out and attach them in a 2 x 2 x 2 arrangement. By now, they are leaping over each other and trying to turn your neatly laid out drive line into a bird's nest.

Passenger now leaps aboard, you detach the sled from its restraining fence post, ease off handbrakes and footbrake and raise a claw-like device that sticks in the ground and keeps wheels up. The lead team is on the move and your team thinks it should be in front in spite of being told to keep 5 m separation. Your adrenaline level rises as you realise that this is nothing like riding a horse. Instead you have six ravening lunatics who know only one pace - run as hard as they can. It's rather like driving that old car you bought for \$50 from a so-called mate as a teenager. There are no gears, the accelerator is stuck on max, the steering doesn't work and your only means of controlling speed is by keeping the brake on to varying degrees.



Once under way, I started to learn how to control speed by braking. I now had enough control to glance down at my passenger. I hadn't realised that my wife had such white knuckles.



All was going well until we hit some rough ground. My passenger got out, ostensibly to film me but I suspect it was for reasons of fear rather than art. Suspicions were confirmed when she confessed to leaving the lens cap on.

The next obstacle came when we had to do a sharp left turn - this is a challenge when you have no steering. I know the commands in Alaskan:

- Gee!: Turn to the right.
- Haw!: Turn to the left.

... or is it the other way round.

Anyway, it didn't matter as our dogs only speak Norwegian. Fortunately, the lead team had a bitch on heat so all other dogs followed, the girls being dragged along by the boys.

There was one other obstacle to be faced. When the dogs got thirsty, we had to stop to give them a drink & time to cool off. This meant filling up a bucket from a lake and passing around the team. My team didn't bother and drove us into the lake. Fortunately we had our wellies on.

Would we have missed this trip. Not for the world.

While this has nothing to do with paddling, the next day we saw a load of French (obviously beginners) setting off in double Prions into seas that I wouldn't. Nothing on the news yet!

*Geoff*

*(Not the French recently setting off).*



*Dog and sled photos from "Images for Longyearbeyan" website*

## Boats for Sale

Contact Cherie-Anne on 0413 605 513 for the Nelo below:



### Nelo Quattro Vintage K2.

Very Stable. Great for beginners.  
 A1 Construction Large 10-18 kg  
 Regretful sale: True Blue's deck has bodyguard (protective layer) installed professionally so you will not scratch or chip it with paddle blades. Signage done in reflective material – it glows in the dark.  
 Boat is in near new condition.  
 Paid \$6,800. **Sell for \$3,880 ono (reduced)**  
 Located at Gundar near Goulburn.



### Ex demo and stock OS1's since exiting Carbonology:

Model: Zest - great beginner's boat. Similar stability to original V10 sport.

1x Glass Epoxy ~14kgs -\$1000

Model: Flash- racing ski great in ocean and flat water

1x Glass Epoxy ~14kgs -\$1200

1x Carbon/glass epoxy ~12.5kgs \$2000

Model: Vault - intermediate boat

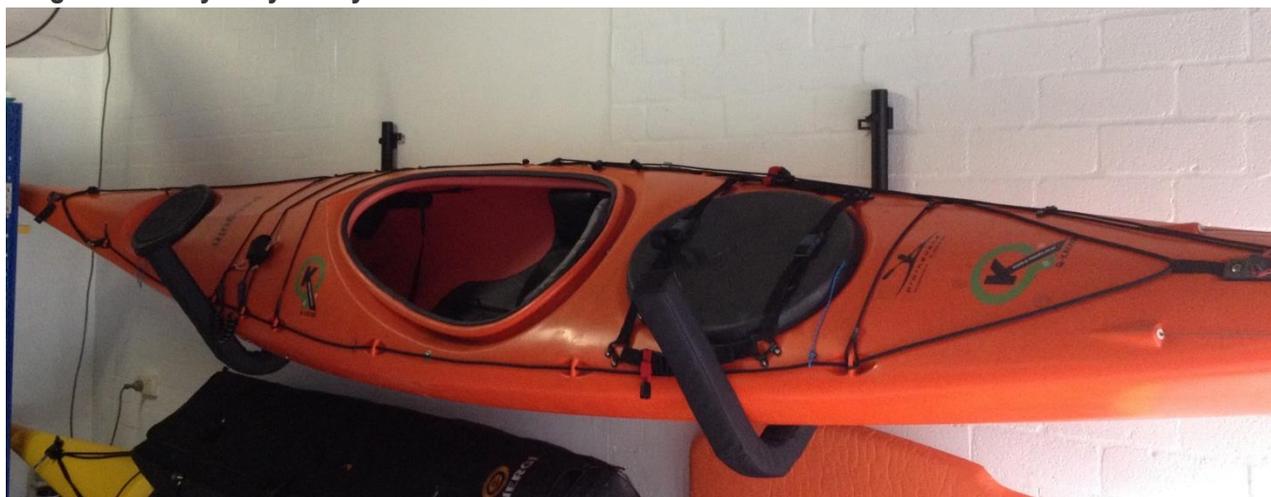
1x Glass Epoxy ~14kgs -\$1000

Model: Pulse - lower volume racing boat, very fast racing boat best for <85kgs

1x Carbon/glass epoxy ~12.5kgs \$2200

Happy to bring to winter time trials for try-out  
**Malcolm** 0459 824 315  
[Mally.hall@bigpond.com](mailto:Mally.hall@bigpond.com)

## Penguin Sea Kayak by Q Kayak NZ



- Sit in sea kayak
- Very stable responsive and low profile for less windage
- Paddle included
- 2 watertight hatches
- Rudder controlled by foot peddles
- Length 480cm
- Beam 61cm
- Weight 23kg
- Cockpit 80 x 46cm
- Volume 305L
- Construction polyethylene foamed core
- Excellent condition
- Garaged only a few minor scratches underside
- **\$900**
- **Contact:** Bob 0417264365 [hootonjay@gmail.com](mailto:hootonjay@gmail.com)
- **Location:** Broulee NSW

## KayakPro Nemo racing sea kayak



A competition-ready sit in sea kayak designed by Rob Feloy. Fast and smooth on flat water; easy and predictable in the sea. Nemo has a low volume cockpit area to allow unrestricted paddling action. It comes as standard: fitted with Bulkheads, deck-lines with recessed deck fittings, carrying handles, hatches a retractable pull-up rudder system. Paddle included

Full Carbon Kevlar, Vacuum Bagged, heat cured

Length: 17'11.5" [5.47m]

Width: 21.5" [547mm]

Cockpit Size: 42.5cm/16.73in and 81cm/31.8in

Volume: Front 80 litres, Aft 110 litres,

Weight: 39 lbs 17.7 kg

Garaged only a few minor scratches **\$1100**

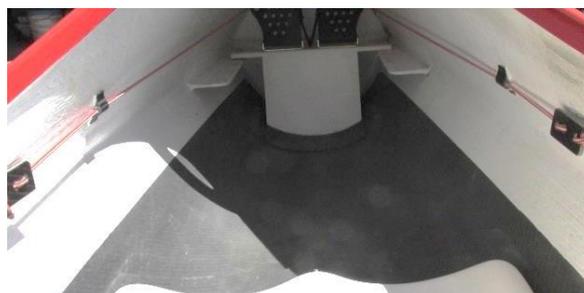
**Contact:** Bob 0417 264 365 [hootonjay@gmail.com](mailto:hootonjay@gmail.com)

**Location:** Broulee NSW

## Sladecraft Sonic for sale:



5.8m long. 46cm wide. Underslung rudder with foot pedals.  
Good to excellent condition. Always stored under cover.  
**\$2000** Or offer. Contact Barry: 0419 603 119



## Other Items for Sale

- Latest design BGCC long-sleeved paddling top, Medium size - \$45 (unused)
- Phone Cherie on 0413 605 513

## Club Uniforms for Sale: Get yours for the racing season!



Club Uniforms are available at:

Wetspot Watersports, Fyshwick.

Tops are \$50 each      Shorts \$59 each

**However you can buy both the shorts and a top for \$70!**

## Reminders:

- ❖ Platinum Level memberships needed to be paid by 31<sup>st</sup> July, or you may be asked to remove your boat from the shed
- ❖ BGCC membership (and PNSW/AC membership) became due on 1<sup>st</sup> July. If you are two months overdue, you will be considered a non-member
- ❖ The club's AGM will be held at Molonglo Reach on Sunday 11<sup>th</sup> September, starting at 11:30 a.m. Come along and make your mark. Volunteer for a position. Nominate others for a position. Vote for who you would like to have taking care of your club.

## Latest Australian Canoeing Safety Guidelines

The latest Safety Guidelines are available at:

<http://canoe.org.au/wp-content/uploads/2015/06/Safety-Guidelines-2015.pdf>

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## *The Paddlers' Guide to New South Wales*

Now in its 2<sup>nd</sup> edition, this 479-page guide is the ultimate companion for seeing this amazing part of the world from the water. This is the most up-to-date paddling guidebook for Australia's "first state". It includes 140 paddling trips, descriptions, maps, GPS coordinates, trip locator maps, historic information, local points of interest, recommended places to eat, drink and stay overnight and expert equipment advice.

It comes complete with over 420 full-colour photos.

Price is \$39.95, available from BOATBOOKSAUSTRALIA, freecall 1300 boat books or at [www.boatbooks-aust.com.au](http://www.boatbooks-aust.com.au)

TAMS workers removing some of the trees washed into our bit of river in one of the recent downpours; this one was near our time trial start line. They are also working on one near the canoe polo field.

**"How to Paddle"** technique sessions by Epic's Clint Robinson and Greg Barton

<http://www.epickayaks.com/article/article/epic-technique-series>

**An Interesting Read:** <http://home.trainingpeaks.com/blog/article/10-things-endurance-athletes-need-to-stop-doing>

## BGCC Fees for 2016-2017

It is several years since we have changed the BGCC membership fees, but this year there has been an increase to all categories (except non-paddling volunteers who are still welcome at \$0 😊 )

New fees are:

Adult/Individual	\$70
Junior (under 18 years)	\$35
Family (up to 2 adults + Juniors living at the same address)	\$175
Adult/Individual: 5 years	\$350

The PNSW fees have increased a little this year:

Adult:	\$72
Junior (8 – 17):	\$58
Family:	\$170
5 year Adult:	\$300
Volunteers/Carers	\$0
Single Event	\$20

To re-join BGCC, go to either the PNSW Membership or the Australian Canoeing Membership and log-in with your membership number and password and pay the combined PNSW/BGCC fee. This is Standard Level BGCC membership.

For those who have a higher level of BGCC membership, there is a link to Register Now, to pay the fees for *Key Hire, Any Club Boat* use or *Platinum Level* (own boat in shed). These fees have been held at the same level as the past year.

A reminder to those who currently have Platinum Level BGCC Membership: you are required to use your stored, private boat at least 25 times per year. This will be checked in the log-sheets which you are to sign when you enter the club shed. The Club Shed is not for the storage of unused private boats! To remind you of the usage requirement, all current Platinum Level members Have been asked to complete and sign the latest Application Form to continue your BGCC Platinum Level membership. Please read the Club Rules at <http://www.bgcc.org.au/images/FormsAndGovernance/boatshedrules.pdf>

Particularly Section 8: Private Equipment Storage.

*Helen.*

## Newsletter Contributions Wanted!

**Please send in your contributions – as soon as your paddling happenings happen. That way I have lots of lovely news to publish and don't have to chase you at the last minute!**

Phone: 0418 861 613

*Helen.*



*Enough drumsticks for every member of the family around the dinner table.*