



Newsletter of the
BURLEY GRIFFIN CANOE CLUB

Volume 27 Issue 01 August 2016

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Treasurer: Tom Hick

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- **Coming soon: our AGM. Volunteer! 11th September, 2016**
- **Discipline Reports: Canoe Polo, SUP, Marathon, BAK**
- **Coming Events, Boats for Sale, Happenings....[Membership Renewal!](#)**

SPORT & RECREATION ACT

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Coming Events:

- Saturday 6th August, 2016: Race 7, PNSW Marathon Series 9; HVPC, Cockle Creek, Teralba
- Saturday 3rd September, 2016: Race8, PNSW Marathon Series 9; Makai Paddlers, Burrill Lake
- Sunday 11th September: **BGCC AGM, at Molonglo Reach; barbecue lunch and meeting!**
- Saturday 17th September, 2016: PNSW Myall Classic; Tea Gardens; 12 km, 27 km or 47 km.
- Saturday 1st October, 2016: Race 9, PNSW Marathon Series 9; WBCC, Wagga Wagga, + Presentation Dinner
- Saturday 29th October, 2016: Hawkesbury Canoe Classic; 65 km Windsor to Wisemans or 111 km Windsor to Mooney Mooney. Make this a big event for BGCC! **Can we get 40 participants for the 40th HCC?**
- Saturday – Sunday November, 2016: Canoe Polo Invitational; Molonglo Reach, ACT
- Monday 21st to Friday 25th November, 2016: Massive Murray Paddle, 404 km, Yarrowonga to Swan Hill, 5 days
- Saturday 3rd - Sunday 4th December, 2016; **24 Hour Paddling Challenge, Molonglo Reach, ACT.**
- Friday 9th - Sunday 11th December, 2016 – Sprint Grand Prix 1 - West Lakes, SA
- Friday 3rd - Sunday 5th February, 2017 – Sprint Grand Prix 2 - SIRC, NSW
- Sunday 5th - Thursday 9th March, 2017 - Canoe Sprint National Championships - SIRC, NSW
- Saturday 11th March, 2017: Australian Marathon Championships, SIRC, Penrith, NSW



16 Wollongong Street, Fyshwick, Phone: 02 6239 1323

President's Report: Patricia Ashton

Well, winter is still here and cutting into some training time, with only the most dedicated braving the winds and snow!

Generally however, there are still plenty of paddlers out there, training for sprints, marathon, the Hawkesbury or the Myall, taking part in time trials and the National Time Trial series and finding real white water.

You may have noticed the removal (or partial removal till the ground dries up) of 5 large trees behind the shed. Hopefully, the unexpected closure of the car park didn't interfere with too many members.

The club AGM will be coming up soon – the year has gone so quickly! This year we are planning on running the AGM on a Sunday morning after time trials. See details later in the newsletter. We'll try and make it as comfortable as possible and hopefully the change in time and venue will mean that more members can come along.

Committee positions may only be held for 2 years and while your current committee was elected last year, all positions are available for nominations. So if you're interested in taking part in the running of the club please put your name forward – the Committee consists of President, Vice President, Secretary, Treasurer, Boat Captain and Safety and Training Officer plus 2 Ordinary Committee member positions. As well as these positions there are many others which may interest you: Editor, Membership Secretary, Assistant Boat Captain, Social and Discipline Convenor positions. Read more about these in Blazing Paddles or chat to a committee member if you'd like to know more.

Russell will have more on the Marathon Series later in this addition, but unfortunately we've slipped back in the points score again. The next race at Cockle Creek is probably only going attract the most committed Marathon Paddlers as it is up Newcastle way. Following that race however, are Burrill Lake and Wagga; both these are close by and great venues, so let's make a concerted effort to get to these races –the weather and the water will have warmed up by then, so no excuses!

You will have read the attached details on the shed extension, if not, they are also in this edition. Many thanks to Bob, who's computer has been in overdrive sending off emails to all and sundry to get things moving with the extension. Please make sure you read the committee's position on this and if you have any questions make sure you ask us. We're planning a 'walk through' before the AGM.



Don't forget the Hawkesbury Classic is coming up – it's the 40th Anniversary and you now have a choice of 65 km or the full distance. Training should be underway: see the invite to have a training paddle at Nelligen late August.

Catch you on the water *Patricia.*

Coming Events for your Diary:

Saturday 6th August, 2016: **Race 7**, PNSW Marathon 9 Series: HVPC, Cockle Creek, Teralba;

Saturday 3rd September, 2016: **Race 8**, PNSW Marathon 9 Series: Makai Paddlers, Burrill Lake;

Saturday 17th September, 2016: PNSW **Myall Classic**, Tea Gardens: 12 km, 27 km or 47 km;

Saturday 1st October, 2016: **Race 9**, PNSW Marathon 9 Series: WBCC, Wagga Wagga + Presentation Dinner;

Saturday 29th October, 2016: **Hawkesbury Canoe Classic**: 65 km Windsor to Wisemans or 111 km Windsor to Mooney Mooney. Make this a big event for BGCC! Can we get 40 participants for the 40th HCC?

Saturday – Sunday in October or November: **Canoe Polo Invitational**

Monday 21st to Friday 25th November, 2016: **Massive Murray Paddle**: 404 km, Yarrowonga to Swan Hill, 5 days;

Saturday 3rd/Sunday 4th December, 2016: **24 Hour Paddling Challenge**, Molonglo Reach, ACT.

Club Shed Update: Bob Collins, et al

Information for All Members

An updated position from the BGCC Sub-Committee for a Concessional Lease and Shed Extension

There are now 2 important considerations that impact on the Burley Griffin Canoe Club's future:

1. Should the Club accept the terms offered by the ACT Government and take up a concessional lease?;
and
2. Why should the Club embark on another shed extension?

Concessional Lease vs. existing Licence Agreement

In 2014 the Committee was appraised some of the benefits of BGCC occupying its premises under a Concessional Lease arrangement rather than what could, in future, be unattainable Licence agreements. In October 2014, BGCC applied to the Direct Sales area of the ACT Government to change the terms of occupation into a concessional lease which would include the shed area and approximate footprint. We have now been advised that our application has been successful.

Current Licence Agreement (expires in September 2019).

Under this arrangement we pay a fee based on the square meterage of the land we occupy and a flat fee for water and electricity (\$200).

The square meterage fee increases by 4% each year and the flat fee is reviewable annually.

Following the introduction of the licence and the completion of our extension in 2009, our annual fee was approximately \$1,240 plus \$200. At the end of the Agreement period BGCC will be paying approximately \$2,650 pa. with no shed extension and approximately \$3,990 if the extension goes ahead.

Concessional Lease (25 year period).

The ACT Government's Direct Sales area has valued BGCC's building and the land it occupies at \$160,000. We have been offered a 25 year Concessional Lease with an annual fee of 2.5% of the valuation - \$4,000 p.a. The valuation of \$160,000 was arrived at by a process which is opaque but against which there is no appeal. Direct Sales appoint three valuers and accept the highest valuation, even if this is nowhere near the other two valuations. There is no requirement to average the three valuations, simply to accept the highest figure.

The Shed Sub Committee recommends that the Club accept the Concessional Lease offer for the following reasons:

1. This Lease will give the club security of tenure for the next 25 years and the ability to approach commercial sponsors, as BGCC would have the facilities as an on-going asset to be used as required;
2. The ACT Government has agreed to bear the \$28,500 cost to bring additional water piping and a water meter to our shed;
3. Any future alterations to the externals of the building would not require approval from the ACT Government's Design Approval area (NCA and general TAMS approval would still be required);
4. The ACT Government is in the process of divesting itself of assets similar to our premises so there is no guarantee the Licence Agreement will be renewed after expiry in 2019;
5. The initial fee of \$7.70/sq.m. was considerably lower than standard fees charged to sporting clubs at the time. It is doubtful that such a low fee could be negotiated again;
6. By the end of the Licence period BGCC's annual rent will be almost the same as that under a Concessional lease with none of the benefits of a lease;
7. The Lease will be subject to review periodically (estimated at 3 year intervals) and based on the value of the site. Given that the lease has an 'aquatic only' caveat on its use, it is doubtful the value would rise considerably. Should the value rise inordinately, there is always scope to renegotiate with the ACT Government; as we have done with the current Lease offer. (Initially we were to be charged \$8,000pa.);

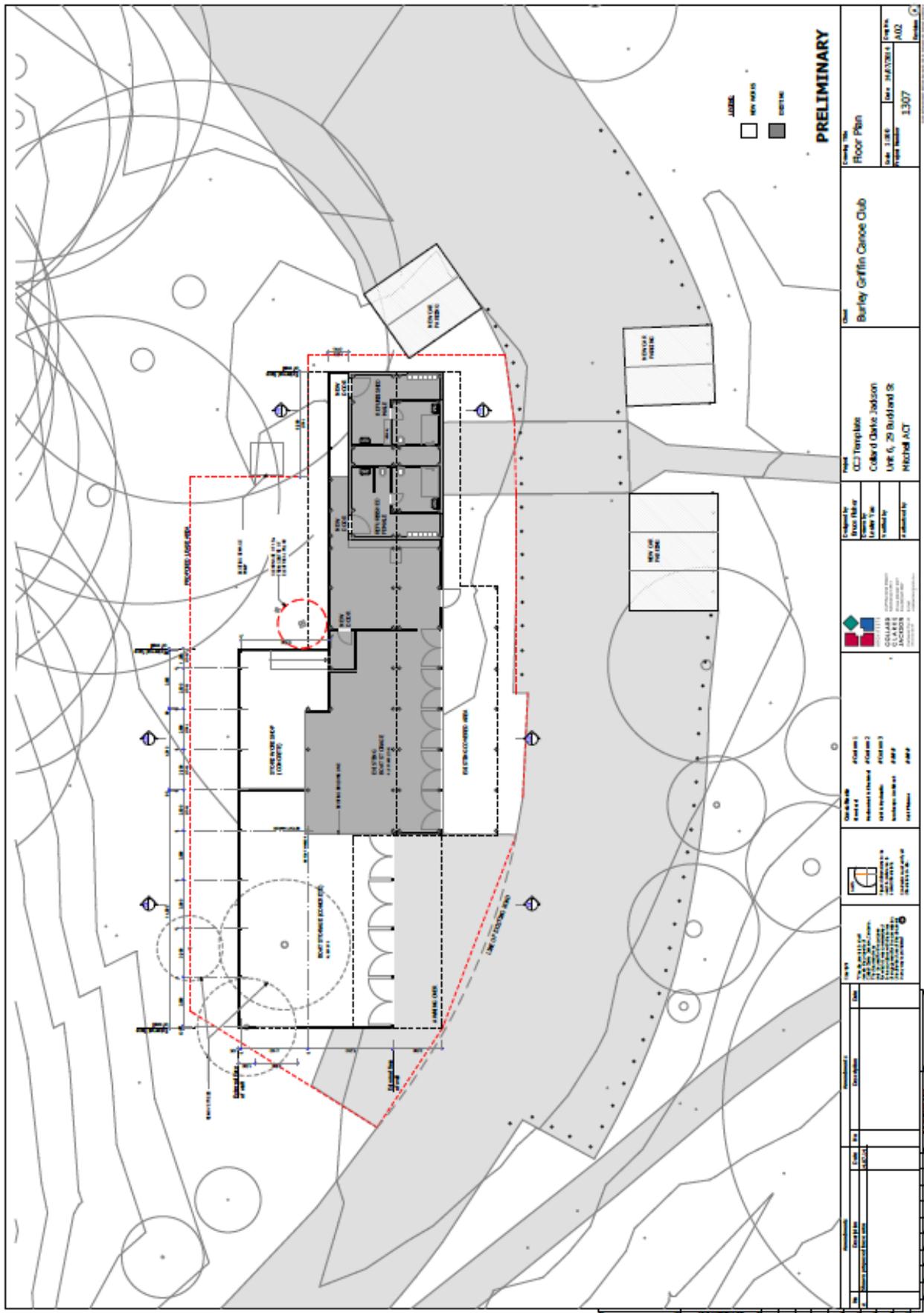
Why another Shed Extension

The last extension to the Club's facilities was completed in 2009. This extension catered solely for extra boat storage and was filled to capacity within weeks. Such has been the demand that racks, initially designed to carry 3 boats, now carry 4. As a result, over 3 years ago, the BGCC Committee set up a Sub-Committee to explore the possibility of extending the Club shed and improving the internal facilities. (Note: At that time a concessional lease was not on the horizon.)

The Sub-committee came up with a recommendation for a 2nd, shed extension - see attached floor/site plan. The plan caters for additional boat storage, showers, toilets & lockers, as well as an office and meeting area. The Shed Sub Committee recommends that the Club embark on a further shed extension for the following reasons:

1. There has been a rapid growth in member numbers and a continual demand for boat storage – the waiting list is now deterring some from becoming members;
2. With a Concessional Lease in the offing, the Club's security of tenure makes it attractive to plan for the long term future of the Club;
3. BGCC is now considered by Government stakeholders in Molonglo Reach to be a responsible and valuable asset to the area. We maintain our facilities and have invested in the area – we contributed \$5,000 to the overflow carpark, have been responsible for the removal of 5 large and dangerous trees and work closely with ACT Rangers and TAMS in all aspects of park management;
4. In 2013 we were unsuccessful in our bid for a Capital Assistance Grant, however, we have been liaising with the Grants office and 2016 looks like being our best chance to get a significant grant;
5. The Club is financial. In addition to owning some 30+ boats, it is estimated that the Club will have approximately \$100,000 in the bank by the end of 2016.
6. The Club has excellent sources of income. Each year the Club receives an operational grant of \$6,600 from the ACT Government, Triathlon swim assistance brings in around \$4,000, our hosting of a Divisional race and Canoe Polo competitions each year contributes another \$3,000 and 300 - 350 members pay membership and/or boat storage fees. Finally, Beginner's Kayak courses contribute around \$3,000 pa.
7. While we do not have a final quote for the extensions, Stage 1 will enable the storage of 50+ additional boats. Eventually the extension will pay for itself through additional boat storage revenue;
8. The Club needs to invest in additional boats for juniors, however at present there is no storage space for additional boats. The Club also owns a K4 that will be able to be stored in the new extension;
9. A storage area for assorted equipment (paddles etc.) and a meeting area will comprise Stage 2. This will mean the Club is no longer dependent upon the goodwill of Wetspot, the Eternity Church Kambah, and various committee members for the provision of space in which to hold meetings. It will also allow a space for warm up exercises and a training room to review paddler technique etc.
10. Stage 3 of the plans include a change area, lockers, toilets and showers, backing on to our current kitchen – we have the expertise within our Club to do much of Stage 3 ourselves. The upgrading of our change area will benefit all members, particularly our early morning trainers;
11. To date, the Club has spent more than \$10,000 on plans, surveys and approvals with the National Capital Authority (NCA) and other ACT Government organisations for the changed terms of our occupation and a future extension. Proceeding with extension plans will make this money well spent.
12. Some members have already committed to three and five year memberships as part assistance to fund-raising efforts.
13. Once the shed extension is finalised the income received from the various sources will allow us to update our club boats regularly and invest in things like a tinny (or equivalent), new trailer or perhaps an electronic timing system.

(See drawing of proposed extensions on next page)



Summing up:

The Club can continue to operate without extending the shed and improving the internals and use existing funds for short-term purposes, including boat acquisition, however, no other proposal presented so far has the short, medium and long-term potential of the now well-developed plans to take the Club into the future.

The Sub-Committee welcomes any queries from Club members seeking further information.

Sub-Committee Members:

Bob Collins: email bobcollins@grapevine.com.au
Scott MacWilliam: email scottmac69@grapevine.com.au
Scott Hunter: email info@wetspot.net.au
John Lockie: email jplockie@bigpond.net.au
Robert Bruce: email robertba@netspeed.com.au

Meanwhile, at the shed surrounds:

Going: the big old trees marked for removal.....



Going: getting the chop.... (or saw...)



→ **Gone:** well – almost gone.

(Soil too wet to work on)

Thanks to Russell Lutton for these photos.

Avon Descent 2016

At least two intrepid BGCC paddlers, Tom Hick and James Suthern, are making the trek to the west as *Blazing Paddles* goes to press, to compete in the 124 km Avon Descent on 6 and 7 August. The event descriptors like “descent,” “picturesque scenery” and “steep and spectacular gorges” give a pretty good idea of what this river paddle is like; not for the faint-hearted. Good luck, James and Tom, and look forward to a report on your descent in a future newsletter.

Flatwater Marathon Convener's Report: Russell Lutton

2016 PNSW Marathon Series, Race 6, Davistown

Race 6 of the marathon series was held on 17th July in great paddling conditions at Davistown on the NSW central coast – a long drive for BGCC competitors who travelled from the south coast and Canberra to compete. So congratulations to all 14 BGCC paddlers, their support crews and George who made the trek, and in particular to Jack Jessen who was rewarded with division 9 win.



This was Brisbane Waters Paddlers first PNSW marathon event and they are certainly spoilt for choice in a labyrinth of beautiful waterways; a great place to paddle and race, albeit a long way away.

Try as I might in this report, there is no way to avoid the ugly cumulative club points score after race 6 in the series. So let's get this over with: Lane Cove River Kayakers head the table with 212 points, Manly Warringah are second with 178 points and BGCC is third – 54 points behind the leader – with 158 points.

The understandable lack of our club participation at the more remote races, with Cockle Creek in the Hunter yet to come, has worked against us this year. However, with two of the final three races – Burrill Lake and Wagga Wagga – closer to home, the “remoteness factor” might be reversed for Lane Cove and Manly paddlers and we perhaps can claw back some of the points deficit.

(Allan Newhouse in his beautiful TC1 – photo Russell Lutton)

The results achieved by BGCC paddlers at Brisbane Waters are below:

Division 1		
5 th	Ben Rake	1.42.58
8 th	Gary Rake	1.44.47
Division 2		
4 th	Russell Lutton/Richard Fox	1.42.21 (2 club points)
Division 3		
14 th	Dominic Hides	1.59.45
Division 4		
	No BGCC paddlers	
Division 5		
12 th	Graeme Bacon	2.04.10
Division 6		
	No BGCC paddlers	
Division 7		
6 th	Helen and David Tongway	2.22.29
Division 8		
5 th	Graeme Ison	1.25.13
Division 9		
1st	Jack Jessen	57.43 (8 club points)
5 th	Margi Bohm	1.01.27
Division 10		
5 th	Robert Bruce	1.03.12
9 th	Ian Castell-Brown	1.07.50
Division 11		
5 th	Allan Newhouse	1.17.06
Division 12		
	No BGCC paddlers	



(Gary Rake paddling hard – photo Russell Lutton)



“After alighting from the Royal Barge, the Tongways prepare to race.”

Next race in the 2016 marathon series, hosted by Hunter Valley Paddle Sports Club, is at another new venue, Cockle Creek, Teralba in the NSW Hunter region. BGCC paddler Craig Elliott, a former HVPC member and Hunter resident, is probably one of the few Canberrans who has heard of Cockle Creek, let alone paddled there.

His intelligence is that it is a good protected waterway to race on, that it is a little tidal and that while generally a deep-water the creek, it has one shallow section. And most importantly, the bowling club overlooks the finish line and serves nice cold beverages and good food. At least it should be warm up there.

Look forward to seeing you all on Saturday, 6 August!

National Time Trial Series

Gabrielle Hurley has asked me to report that we are making a couple of changes to the NTTS over the Canberra winter. We'll take a paddler's fastest recorded time for any trial time for that month and submit that time to the NTTS.

This means that a paddler can paddle any of the club time trials during the month and we'll take the fastest time for that category of boat, e.g. Ski, K1, K2, SUP, C1 etc. It also means that paddlers can paddle the time trial in other crafts during the month and submit their fastest times for that boat type too – e.g., paddle a Ski in one time trial and paddle a K2 in another time trial in the same month.

We will submit your best times to the NTTS for that month and for each type of boat paddled in a club time trial. The NTTS results are updated each month and available at this link: <http://kayak.net.au/timetrials.html>

Molonglo River time trial course

An update on debris clearing from our Molonglo River time trial course: last Monday contractors removed most of the large trees from the area around our start-finish line and the canoe polo court.

As one of them commented, the stuff is “like icebergs” with only a small part above the water and extremely heavy due to the long period the wood has been immersed in the water.

At this stage they have not been tasked with removing debris in other parts of the river and on the Molonglo River Bridge pylon but they thought they would be contracted to do this in the future.

Thanks to Bob Collins who doggedly followed up with his contacts in ACT government to have the debris removed and to Danielle Winslow who responded to the call for bricks so we can re-set the course. Not sure when we can do this, but it is certainly on the top of the to-do list when it gets a bit warmer.

As those of you who paddle on the course regularly will know, some large and treacherous snags remain in the river; so please be alert to this when paddling. We will try to mark a couple of the more dangerous, but one to watch for is completely submerged, but still at paddle strike depth, as you approach the pedestrian bridge heading towards the hospice. Best to stay closer to the centre of the river to avoid hitting it.

Russell Lutton

Calendar of events:

- [2016 PNSW Marathon Series Round 7 HVPC Cockle Creek](#) Sat, 06/08/2016 - 11:00
- [2016 PNSW Marathon Series Round 8 Makai, Burrill Lake](#) Sat, 03/09/2016 - 11:00
- [2016 Myall Classic Ultramarathon](#) Sat, 17/09/2016 - 06:00
- [2016 PNSW Marathon Series Round 9 & Series Presentations WBCC Wagga Wagga](#)
Sat, 01/10/2016 - 13:00 Presentation Dinner 18:30

National Time Trial Series

Note that local time trials are not held on weekends that coincide with PNSW marathon races. The calendar for the remainder of the winter is below, with NTTS events marked as well. Big thanks to those of you who have volunteered to assist with time keeping during the winter.

2016 BGCC WINTER TIME TRIAL/NTTS SERIES

DATE	ACTIVITY
Sunday, 7 August 2016	Coaching/other activity day, TBA, start time 9 a.m.
Sunday, 14 August 2016	NTTS + Time trial, start time 9:30 a.m. (two laps) 9:35 a.m. (1 lap)
Sunday, 21 August 2016	NTTS + Time trial, start time 9:30 a.m. (two laps) 9:35 a.m. (1 lap)
Sunday, 28 August 2016	NTTS + Time trial, start time 9:30 a.m. (two laps) 9:35 a.m. (1 lap)
Sunday, 4 September 2016	Coaching/other activity day, TBA, start time 9 a.m.
Sunday, 11 September 2016	NTTS + Time trial, start time 9:30 a.m. (two laps) 9:35 a.m. (1 lap)
Wednesday, 12 October 2016	Wetspot summer time trials 2016-17 commence

SUP Convener’s Report: Joanna Nelson

Greetings All: A few of us have been back on the lake with multiple layers of clothing and booties for weekend morning paddles, others have been keen getting over to the coast catch some winter waves.

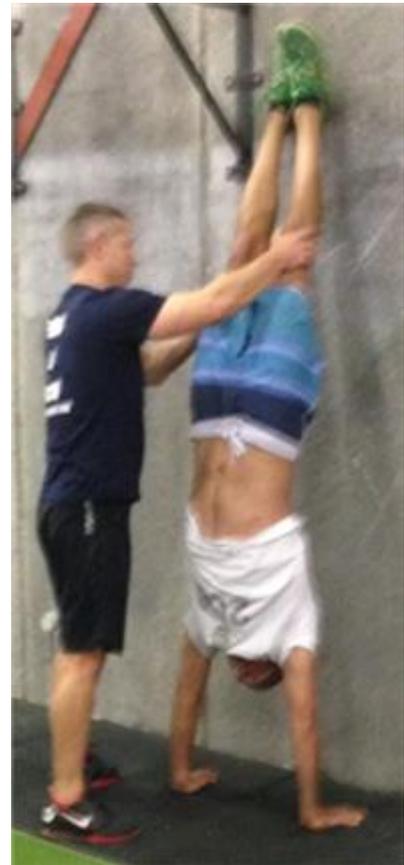


Friendly reminder - if you haven't renewed your BGCC membership there is a link on the CAP SUP page that will allow you to complete both your club - BGCC and Paddle NSW memberships under the one transaction.

Photo provide by Joanna of Justine Buist

A number of us have taken the recent Face book challenge of [#22pushups22day4ourmilitary](#). The purpose of the cause is to raise awareness of suicide prevention amongst our Veterans. You are to complete 22 push ups each day for 22 days. If you've not been 'tagged' and want to be a part of the cause, I'm looking for nominations!

I have included some inspirational photos from our SUP fitness/mobility training sessions attended by Matt, Roh, Nick, Lana, Drew and myself with 'Unbranded Sports Preparation' at Fyshwick. We are all feeling the results and enjoying the mobility sessions to work on our sore muscles.



Photo's of Matt Scott and Rohan Evans provided by Joanna



Photo of Matt & Misty Taylor provided by Joanna

Joanna

Don't forget: Sunday 11th September
BGCC AGM: Vote; Take on a position;
Nominate a friend – or yourself! 😊
Shed walk-around; Barbecue lunch!

Canoe Polo Report: Kai Swoboda

It has been a quiet month in canoe polo. Rowan Holt and James Deakin have continued to train through the winter preparing for the canoe polo world champs.

Sunday afternoon sessions at Tuggeranong Pool (3 p.m. to 4:30 p.m.) for juniors and beginners have been well attended, with the paddlers honing their skills for a return to the lake over summer.

Wednesday night games (8:30 p.m. to 10:30 p.m.) will continue through to the end of daylight savings. We will soon start planning for our annual canoe polo invitational event, to be held in early November 2016.

Kai

White-Water Event: Aiden Lewis

The Snow is flowing! The Snowy River Extreme race is to be held on the 2nd of October on the section of the Snowy River between Munyang Power Station and Island Bend.



Two classes of event will be held, catering for both expert and intermediate kayakers:

The expert race will be contested on a 2 km Class III-IV stretch of the river, starting just below the "Can Opener" rapid and ending at the "Rafter's Track".

The intermediate race will be held following the expert race on the 1.7 km class III stretch of the river, starting at the "Rafter's Track" and ending at the flying fox at the gauging station. Both events will be run as "pairs" time-trial races, which require competitors to race in groups of two.

Proudly sponsored by: [Wetspot Watersports](#).

Our sponsorship will be donating a Dagger Jitsu playboat. The race organisers have decided to make this a bib-draw, so any entered paddler on the day can win this boat, as well as one of two other kayaks, plus numerous smaller prizes.

Check out the Facebook page for more info.

Sprint Conveners' Report: Cherrie Reid and Kiaran Lomas

Round 1 – Sprint Series

The Sprint Calendar stated with a blast on 23rd July at Penrith. But that was a blast of wind rather than the blast of the starter's gun. From BGCC, Marcello, Nick and I made the trip from Canberra; which turned out to be its own Challenge. Marcello's roof racks proved to be inadequate to for the high winds we encountered on the roads. He waited at Goulburn for a couple of hours until I took his boat for him. So now, loaded with Marcello's C1 and Nicks C2, I started towards Penrith; being slowed to 90 km for most of the trip to manage the cross-winds. But my car didn't actually make it to SIRC after bad tank of fuel ground me to a halt 5 km from the venue.

The main C-boat (sad)action at Penrith – but at least food was nearby. Kiaran's truck now back in use. Photo Nick Hocking.



Meanwhile at SIRC Marcello go to paddle up the course to the 1000m start. Paddling past Kayak Paddlers, who were swimming in the water. The organizers decided the winds were too strong and cancelled the event. This left Marcello with the problem of turning around. This proved to be too much of a challenge so he beached his Canoe turned it around on the beach and then paddled back to the finish being one of the few boats not to capsize at the event.

Nick and I weren't too disappointed that we never got to the start as we are confident we wouldn't have managed as well as Marcello. As I didn't get to the venue I don't know if any others from the club attended, and my apologies for not including them in this report.

The next round is at Avoca on 14 Aug. See the PaddleNSW website as soon as the details become available.

C1 Clinic – Penrith

KL: I'm sure that most of the club has been watching the growing numbers of C1 paddlers. To help develop this fleet of paddlers Sebastian Marczak has been spending considerable time and effort conducting clinics for any paddlers interested in this discipline. The most recent clinic on 16th July

CR:, Only new info to report was we had our first NSW/ACT C Boat training clinic day of the 2016/2017 season with Sebastian Marczak - with big thanks to Kieran Lomas for carting Nick Hocking's fleet of C boats to Penrith, with NSW and ACT /BGCC members Louise Yabsley, Jackie Williams, Marcelo Cabezas, Breanna Reid, Nick Hocking and Kieran Lomas taking part.

KL: A feature of the clinic was due to Nick's kind offer to bring his K4 along. This provided great experience for all paddlers along with some, laughs and in some cases, swims.



Pic below is how hard you can train in winter - beads of sweat rolling of Marcello's back! Photos by Cherie Reid.



CR: NATIONAL EVENTS ANNOUNCEMENT

The national event dates have now been confirmed and are available via the calendar on the AC web-site:

<http://canoe.org.au/calendar/>

Dates and locations are as follows:

Friday 9th – Sunday 11th December, 2016 Grand Prix 1 West Lakes, SA

Friday 3rd – Sunday 5th February, 2017 Grand Prix 2 SIRC, NSW

Sunday 5th – Thursday 9th March, 2017 Canoe Sprint National Championships SIRC, NSW

* Please note the change in days of competition for Sprint Nationals, now running from Sunday to Thursday.

This will be followed the weekend after by the Marathon Oceania Championships, also at SIRC (11th – 12th March)

Entry details for the events will be available in due course.

24 Hour Paddle Challenge: Kieran Lomas



Approvals for the 24 Hour Paddle Challenge are being finalised with the ACT government, but you will be seeing more information about this event shortly. The partnering charity this year is the RSPCA. The race is on 3-4 December and this year will be from midday to midday to provide more time for interstate paddlers to attend. Another new initiative will be a 6+6 race which will involve a 6 hour session on Saturday and a 6 hour session on Sunday avoiding the

paddling at night. The full details of this format are still being worked out.

But these events don't run themselves and we will be seeking a number of volunteers closer to the time to assist with the set up and conduct of the event. More details of the likely jobs and tasks will be provided in the next post.

BGCC 2016 AGM: Sunday 11th September.

Following the Sunday morning time trial – at approximately 11:30 a.m. – the 26th BGCC AGM will be held at Molonglo Reach. We will have tents/shelter and heaters in case of not-so-nice weather. Meeting will include a walk-around with the Shed Extension Committee members, a barbecue lunch, voting on changes to the club's Constitution plus the all-important spill of all club committee, convener and all other positions, with nominations for the coming year to be voted in to take on the next batch of tasks. Remember, you must be a current, financial club member in order to stand for and/or vote on any of the club positions.

Reminders:

- ❖ Only current, Financial Members are eligible to stand for and vote at the AGM
- ❖ And, any unpaid Platinum Level members with unpaid fees at the end of July may be asked to remove their boat from the Club Shed
- ❖ And, two months after membership fees become due, unfinancial members may become non-members

See club Constitution and Club Rules, under Administration, on the BGCC web-site.

Hawkesbury Canoe Classic 29th October: Names, Numbers, Training Paddles, etc.

Are you planning on paddling the Classic this year?

The club generally runs a club-based land-crew – that could be transportation for you and your boat up and back, assisting you with scrutineering, helping you at the checkpoints and the finish, carrying your boat (and you, if need be).

Please let me know if you think you would be taking advantage of our land crew.

Land Crew Volunteers

At this stage I don't know how many paddlers will be taking part; however, we will require some land crew. We try to have a few people at each checkpoint and at the finish, so land crew have the opportunity to have a rest/sleep.

If you're interested in finding out what it's all about, or if you think you might like to paddle it one year, come along and spend the weekend helping out your fellow paddlers. If you'd like more information or you'd like to volunteer please let me know.

Nelligen Paddle

Are you interested in a training paddle on the Clyde River? Tidal waters feel quite different to our river and lake here. Depending on which date is more popular I was looking at Sunday 21st or Sunday 28th August. The 28th will be the more challenging paddle tide wise!

We start at Nelligen at 9 a.m. at the boat ramp, paddle up river towards Shallow Crossing for approximately 20 km, then return. There is the option to paddle up to the Crossing if the tide is not too low, which will add another 5-6 km to the trip.

This paddle is open to anyone, not just those training for the Hawkesbury (or the Myall). You can go as far upstream as you like. While we start off together and hopefully end up at the cafe for lunch together, paddlers will paddle at their own rate.

Patricia

Apart from the potential paddle from Nelligen:

From Jack Ward's Facebook Page: *Time for another HCC practice paddle. We are going to paddle from Wisemans Ferry to Spencer on 13th August. Leaving at the beach near the ferry by 9:00 a.m.. We should have outgoing tide all the way. Distance is approximately 28 km. It's a paddle among friends so try to paddle with someone and arrange your land crew to drop you off and pick you up. No costs just paddle. Life jackets are now compulsory. Set your kayak up with water system as you would for the HCC.*

A few of us will have lunch at the Spencer store after the paddle. If you want to paddle let us know. If you want to stay for lunch then let us know so I can tell the store at Spencer approx. numbers. Tell your land crew not to park in front of the store to pick you up.

Repost to all people you know. The more people the more fun.

Jack Ward CCCC (Double Dragon).

PNSW Myall Classic: at Tea Gardens is on 17th Sept.; you can enter for 12 km, 27 km or 47 km. This has been on our bucket list (or more Bob's list) for a while now, so, as Bob's son has decided to get married on the weekend of the Hawkesbury, we (Bob), needed to look forward to another long distance Marathon. So this year is the Myall. By all accounts a lovely race although we've been told many a horror story about the wind: boats flying overhead, races cancelled last minute...still, why not try it out yourself?

Burley Griffin Canoe Club: Annual General Meeting

This year's AGM will be held on Sunday 11th September at 11:30 a.m. at the river. We will have the club and the Wetspot gazebo out and will hire some heating, so it should be comfortable enough. Time trials will be held at the usual time of 9:30 a.m. with a 'walk through' of the proposed shed extension held about 11 a.m. There will be a BBQ afterwards.

All members are invited to attend and as mentioned in the Presidents report, all positions are open for nominations.

Included below are some rewording for the constitution (finances). These have been doing the rounds for a while now, but we need them to go through at this AGM if we are to be able to use a Debit card for online payments. There are guidelines in place to support this. While many of our larger payments will still be paid by cheque with 2 to sign, it will allow us to pay smaller invoices, reimbursements or sponsorship funds directly to members. Please read through them and if you have any concerns or questions let us know before the AGM.

Also in this issue of *Blazing Paddles* is the committee's position on the shed extension. To many of you this will seem like a pipe dream we have been banging on about for years – and to some extent we have, it will be almost 4 years in the planning and harassing by the time we hear about grant funding. But things are on the move and getting closer to becoming a reality. The committee is aware there is some concern from a few members about the need for a shed extension and that the money saved could be better spent...please read the item, then, again, if you have questions or concerns; get back to us before the AGM.

Patricia

BGCC proposed constitutional changes re financial management

(Current Constitutional rules in black print, proposed changes in red print. To be voted on at the AGM)

Constitution:

3 FINANCES

- i. All monies of the Club shall be paid to the credit of the Club and shall be accountable to the Treasurer of the Club.
- ii. **All expenditure of club monies must be in accordance with the rules of the Club.**
- iii. Any such accounts shall be operated on by any ~~two~~ one signatures of the President, Vice President, Secretary and Treasurer, **following internal Club authorisation as set out in Clause iv below. Accounts can include financial products such as debit cards**
- iv. **Internal Club authorisation processes are as follows.**
 - a. **All expenditure must be approved in writing by a minimum of two of the President, Vice President, Secretary and Treasurer prior to expenditure. For moderate and major expenditure [defined below], this step will follow the additional authorisation processes set out in (b) and (c) below.**
 - b. **Moderate Expenditure: Any expenditure in a single transaction, greater than the "lower threshold", but less than the 'upper threshold' [defined below in clause v] must be authorised by a majority of the Committee members prior to expenditure approval;**
 - c. **Major Expenditure: Any expenditure in a single transaction, greater than the "upper threshold" [defined below in clause v] must be authorised by a simple majority of those present at a Special General Meeting, or Annual General Meeting**

prior to expenditure approval.

- d. Expenditure must not be split to bring it under a lesser category.
- v. The “lower threshold” is one thousand dollars (\$1,000). The upper threshold is ten thousand dollars (\$10,000).
- vi. The “lower threshold” and “upper threshold” can be amended by a simple majority of those present at a Special General Meeting or Annual General Meeting.
- vii. The Treasurer shall keep full and proper records of ALL monies received and paid by the club, and associated records of expenditure approvals.
- viii. The Treasurer shall place a brief statement showing the condition of club funds and financial position before each meeting.
- ix. The Treasurer shall prepare a complete audited statement of income and expenditure of the Club during the preceding financial year and produce all books for inspection by members at each Annual General Meeting.

Duties of Club Committee Positions (abbreviated)

Public Officer: *(An ACT Government-required position, but not a committee member)*

Presents to the ACT Government, a copy of the incoming committee members plus a copy of the audited financial statement for the previous financial year

Officers of the Club:

President: (The Buck Stops Here.)

Be a supportive leader of all club members over all disciplines

Be well informed of all club activities, plans and future directions of the club and its members

Manage club committee and other meetings as chairperson – or appoint a replacement to chair

Ensure that planning and budgeting is carried out in accordance with the wishes of club members and within the bounds of the club’s Constitution

Delegate to other club members such duties as are needed for the smooth running of the club

Vice-President:

Acts in the position of the President in periods of his or her absence

Has a good working knowledge of the club’s Constitution, club rules and the duties of all Office Holders and Sub-Committees

Secretary:

Is the chief administrative officer for the club; he or she provides the link between the members, the committee and external organisations

Receives and records all incoming and outgoing correspondence

Provides the agenda for club meetings and records the minutes of all meetings

Possesses definitive copies of all official documents; including Constitution, Club Rules, Letter-head, etc

Treasurer:

Is responsible for the financial management of the club

Maintains a record of all current Income and Expenditure, presenting a monthly update to all club meetings

Prepares monthly accounts and presents invoices for approval by the committee

Collects and banks all club monies

Prepares annual financial accounts for auditing.

Boat Captain:

Keeps a record of all equipment owned by BGCC and suggests any equipment replacement needs
Consults with Committee on who is permitted access to the Club Shed and use to club equipment
Allocates racks for the storage of both club and privately-owned/stored boats
If appropriate, performs minor repairs to club boats and/or arrange for more heavily damaged boats to be repaired off-site

Safety and Training:

Ensures all events are conducted in a safe manner
Checks club shed, club equipment and grounds around the paddling events for any dangerous conditions
Makes sure club coaches, instructors and guides are fully qualified and when needed, hold WWVP cards

Other Committee Members:**Two Ordinary Members:**

Aim to have people from different disciplines to ensure a greater spread of expertise in the Committee
Club members who can take on some of the tasks of other committee members to lighten their work-loads

Other club positions: (*Not Committee positions*)**Membership Secretary:**

Keeps an up-to-date record of all club members; along with any payments for club extras
Up-dates on-line payment systems for club memberships and club extras

Editor:

Asks for and edits contributions to the monthly publication of *Blazing Paddles* club newsletter
Publishes newsletter on-line and sends out a club email to let club members know it is available

Triathlon Co-ordinator:

Liaises with Triathlon ACT and other triathlon events in ACT organisers with regards to fees per swimmer to the club, plus any other requests; where, when, how many waves of swimmer and any other information the organisers can provide to the club

Organises via club emails and/or personal contact, sufficient club members to support the organisers' requests

Coaches' Representative:

Does not need to be a coach, but takes up any concerns of coaches with the committee
Coordinates coaches getting their qualifications, courses, first aid qualifications, etc

Web Maestro:

Keeps the club's web-site up-to-date by liaising with various club committee members re relevant information

Discipline Conveners:

Needed for each paddling discipline, to represent their discipline at open meetings or by special request at Committee meetings

Ensures their discipline is able to conduct events and training in a suitable manner

And then the rest!

Throughout the year there are many things which need to be done – some annually, or weekly, or for a special event. Things like washing the boat wipe-down towels, shed clean-ups, canoe polo field maintenance, pontoon maintenance, food preparation and cooking at barbecues, time-keeping at time trials, umpiring at CP games, applying for ACT Government Grants, cleaning the kitchen area, club trailer maintenance, etc. etc.!!

Helen

The Paddlers' Guide to New South Wales

Now in its 2nd edition, this 479-page guide is the ultimate companion for seeing this amazing part of the world from the water. This is the most up-to-date paddling guidebook for Australia's "first state". It includes 140 paddling trips, descriptions, maps, GPS coordinates, trip locator maps, historic information, local points of interest, recommended places to eat, drink and stay overnight and expert equipment advice.

It comes complete with over 420 full-colour photos.

Price is \$39.95, available from BOATBOOKSAUSTRALIA, freecall 1300 boat books or at www.boatbooks-aust.com.au

TAMS workers removing some of the trees washed into our bit of river in one of the recent downpours; this one was near our time trial start line. They are also working on one near the canoe polo field.



A Fightback to Life, Involved Two Humble Little Kayaks: Ian Castell-Brown

As we overtook the close-hauled sloop near Drummoyne, its skipper called out “You’re doing ten knots!” We waved and smiled disbelievingly, flattered that she thought we could go so fast. That was back in 1994 when my wife, Judy, was able-bodied. We enjoyed our kayaking immensely. Our Estuary double, unbeknown to us, was an ideal hull for what lay ahead; with its large key-hole entries and generous cock-pit separation.

In all my time on the water I had only seen one disabled rough-water kayaker; a young paraplegic male with amazing upper-body development. Out with his mates for the day, he remained in his kayak at the water’s edge for lunch at a beach where we had landed. As we chatted I noted how much he was enjoying the experience. That was the summer of 1999-2000 and Judy too had become a disabled paddler.

Let me now tell you something of Judy’s story and the role kayaking was to play in her disabled life.....

In February 1997 Judy suffered a major neurological event, resulting in a coma. Surgery and further coma followed. It was to be 14 months before we could return home. By that time multiple disabilities were manifest.

While still in Sydney, towards the end of her treatment, I took over Judy’s care. Even though managing her physically was quite a challenge, it occurred to me that kayaking might again be possible.



Her trachy and feeding tube were gone; she had always been a top swimmer; and she had never been afraid of water. In fact, areas of her brain including, I think, her fear centre, had been affected by the trauma. Although she lacked muscle-tone, she could move about with support. Once a highly intelligent girl, she now lacked cognitive skills, but could follow instructions quite well.

So in February 1998 I “bit the bullet” and bought an inflatable Gumotex Helios 380 double kayak; a good choice as it turned out, when the same boat became the readers’ choice in the 2005 “Sea Kayaker” awards. I reasoned I could lift Judy in, let her recline in comfort and take off for a paddle. It worked! The inflatable hull contoured to her body, providing good support.

Soon Judy’s condition plateaued and our stay in Sydney was over. For her to continue kayaking, a lot of work had to be done to strengthen and co-ordinate her movements. I used music and humour to help achieve this. We’d march along the front verandah to the beat of “Colonel Bogey” or “dance” around the living room to the strains of Strauss or even Bill Haley. As we marched along the beach I’d recite these words, reminding her of the short shorts she once wore (she had great legs!):

“Left right, left right
Ooh ouch my shorts are tight.
Pull them up with all my might
Before they disappear out of sight!”

And we would both laugh and I felt we were getting somewhere. Lots of water activity strengthened her further and re-introduced her to the environment.



When it seemed Judy was ready for the rigid hull, I got out the Estuary, placed it on a foam mat and gently lowered her sideways into it. I then picked up her legs and placed them in position with her feet against the braces. I rocked the boat around a bit and all seemed pretty stable. We worked out an exit routine and then practiced entries and exits. After converting the steering to aft control, I felt we were ready.

Our first paddles were on our own. I cut a double bladed paddle down to a single and fashioned a grip from the discarded blade remnants,

that worked and soon we were back to doubles blades but NEVER in sync! Music and humour had worked for walking but I couldn’t implement “combo” paddling. I sang; I counted; but to no avail. Since Judy was bow paddler I tried to follow her lead but couldn’t combine sustained power with the rapid, fluttery stroking she was using. So, I just let it go and although purists would think it poor form, it worked.

With that hurdle overcome, I looked for a way to use kayaking as a basis for re-socialising Judy. Enquiries lead me to the nucleus of a new paddling group which grew to become the Eurobodalla Kayakers. Gradually we got to know many people through kayaking. It was wonderful social and physical therapy for Judy.

Between 1999 and 2002 we had three trips to Canada and the U.S. where we kayaked and camped with our daughter in Barkley and Desolation Sounds, the Gulf Islands and Alaska. At home we kayaked both on quiet

waterways and at sea. We paddled along the coast and camped; we rounded Montague Island. We had few anxious moments in all that paddling.

Sadly and as expected, Judy's condition deteriorated. Her will to live had been strong and she had already exceeded her life expectancy five-fold. However there was now no real quality of life remaining and despite her severe dementia, she knew this. One morning she emerged from the dark mists which enveloped her mind and grasping both my hands in her own, while fixing me with an earnest gaze, said slowly and deliberately, "I don't want to go on."

She died soon after, on her day-bed, overlooking the ocean she had always loved. We farewelled her in the front paddock. Fellow kayakers formed an arch of paddles as we carried her to the waiting hearse.

Her ashes are scattered on the cliff-face of what was once our property.

Jan P-OB.

Spring is in the Air?



Reminders:

- ❖ Platinum Level memberships need to be paid by today, 31st July, or you may be asked to remove your boat from the shed
- ❖ BGCC membership (and PNSW/AC membership) became due on 1st July. If you are two months overdue, you will be considered a non-member
- ❖ The club's AGM will be held at Molonglo Reach on Sunday 11th September, starting at 11:30 a.m. Come along and make your mark. Volunteer for a position. Nominate others for a position. Vote for who you would like to have taking care of your club.

Boats for Sale

Contact Cherie-Anne on 0413 605 518 for the Nelo below:



Nelo Quattro Vintage K2.
 Very Stable. Great for beginners.
 A1 Construction Large 10-18 kg
 Regretful sale: True Blue's deck has bodyguard (protective layer) installed professionally so you will not scratch or chip it with paddle blades. Signage done in reflective material – it glows in the dark.
 Boat is in near new condition.
 Paid \$6,800. **Sell for \$4,000 ono (reduced)**
 Located at Gundar near Goulburn.



Mirage 730 for sale

Helen and David have put their up their "spare" Mirage 730 for sale. It has a slightly lighter build than the standard expedition model and carries a few minor scars from a Murray and three Hawkesbury CCs.

\$2,500 negotiable 0418 861 613 or dtongway@iinet.net.au

Ex demo and stock OS1's since exiting Carbonology:

Model: Zest - great beginner's boat. Similar stability to original V10 sport.

1x Glass Epoxy ~14kgs -\$1000

Model: Flash- racing ski great in ocean and flat water

1x Glass Epoxy ~14kgs -\$1200

1x Carbon/glass epoxy ~12.5kgs \$2000

Model: Vault - intermediate boat

1x Glass Epoxy ~14kgs -\$1000

Model: Pulse - lower volume racing boat, very fast racing boat best for <85kgs

1x Carbon/glass epoxy ~12.5kgs \$2200

Happy to bring to winter time trials for try-out
Malcolm 0459 824 315
Mally.hall@bigpond.com

Penguin Sea Kayak by Q Kayak NZ



- Sit in sea kayak
- Very stable responsive and low profile for less windage
- Paddle included
- 2 watertight hatches
- Rudder controlled by foot peddles
- Length 480cm
- Beam 61cm
- Weight 23kg
- Cockpit 80 x 46cm
- Volume 305L
- Construction polyethylene foamed core
- Excellent condition
- Garaged only a few minor scratches underside
- **\$900**
- **Contact:** Bob 0417264365 hootonjay@gmail.com
- **Location:** Broulee NSW

KayakPro Nemo racing sea kayak

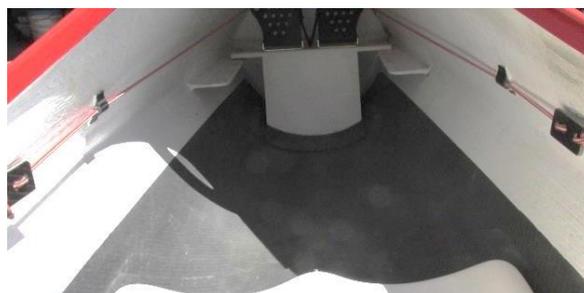


A competition-ready sit in sea kayak designed by Rob Feloy. Fast and smooth on flat water; easy and predictable in the sea. Nemo has a low volume cockpit area to allow unrestricted paddling action. It comes as standard: fitted with Bulkheads, deck-lines with recessed deck fittings, carrying handles, hatches a retractable pull-up rudder system. Paddle included
Full Carbon Kevlar, Vacuum Bagged, heat cured
Length: 17'11.5" [5.47m]
Width: 21.5" [547mm]
Cockpit Size: 42.5cm/16.73in and 81cm/31.8in
Volume: Front 80 litres, Aft 110 litres,
Weight: 39 lbs 17.7 kg
Garaged only a few minor scratches **\$1100**
Contact: Bob 0417 264 365 hootonjay@gmail.com
Location: Broulee NSW

Sladecraft Sonic for sale:



5.8m long. 46cm wide. Underslung rudder with foot pedals.
Good to excellent condition. Always stored under cover.
\$2000 Or offer. Contact Barry: 0419 603 119



Other Items for Sale

- Latest design BGCC long-sleeved paddling top, Medium size - \$45 (unused)
- Phone Cherie on 0413 605 513

Club Uniforms for Sale: Get yours for the racing season!



Club Uniforms are available at:

Wetspot Watersports, Fyshwick.

Tops are \$50 each Shorts \$59 each

However you can buy both the shorts and a top for \$70!

Working with Vulnerable People (WWVP) Cards

A letter from ACT Government, Access Canberra –

The Working with Vulnerable People (Background Checking) Act 2011 (the Act) required that coaches and volunteers in sporting clubs to register by November 2015. This means that people who coach or volunteer with a child's sporting team must now be registered.

Access Canberra (formerly the Office of Regulatory Services) is responsible for ensuring compliance with the Act. Accordingly, **during July and August 2016**, Access Canberra Inspectors will be visiting game days and training sessions at a number of Junior sporting venues. They will be ensuring that coaches/managers are registered and will be asking them and volunteers, to show their Working with Vulnerable People (WWVP) card. They will also be taking advantage of this opportunity to engage with participants to provide information on registration and answer questions relating to the scheme.

All inspections will be conducted in a manner to cause as little disruption as possible to schedules and coaches/managers will not be approached during actual competition, games or events.

I am sure you will agree that the WWVP scheme serves as a valuable mechanism in ensuring the safety and well-being of, not only our young people, but vulnerable people in general. As the scheme is an important component of overall community safety, I hope you will support the upcoming inspection program as we strive towards a fully compliant activity.

Should you require any further information about the WWVP scheme, please visit www.act.gov.au/accessCBR or contact Peter Budworth, Manager WWVP Compliance at:

peter.budworth@act.gov.au or phone 02 6207 7245

Yours sincerely,

Derise Cubin

Deputy Director

Compliance and Enforcement

Community, Business, Transport Division

Access Canberra.

Latest Australian Canoeing Safety Guidelines

The latest Safety Guidelines are available at:

<http://canoe.org.au/wp-content/uploads/2015/06/Safety-Guidelines-2015.pdf>

“How to Paddle” technique sessions by Epic's Clint Robinson and Greg Barton

<http://www.epickayaks.com/article/article/epic-technique-series>

Newsletter Contributions Wanted!

Please send in your contributions – as soon as your paddling happenings happen. That way I have lots of lovely news to publish and don't have to chase you at the last minute!

Phone: 0418 861 613

Helen.

BGCC Fees for 2016-2017

It is several years since we have changed the BGCC membership fees, but this year there has been an increase to all categories (except non-paddling volunteers who are still welcome at \$0 ☺)

New fees are:

Adult/Individual	\$70
Junior (under 18 years)	\$35
Family (up to 2 adults + Juniors living at the same address)	\$175
Adult/Individual: 5 years	\$350

The PNSW fees have increased a little this year:

Adult:	\$72
Junior (8 – 17):	\$58
Family:	\$170
5 year Adult:	\$300
Volunteers/Carers	\$0
Single Event	\$20

To re-join BGCC, go to either the PNSW Membership or the Australian Canoeing Membership and log-in with your membership number and password and pay the combined PNSW/BGCC fee. This is Standard Level BGCC membership.

For those who have a higher level of BGCC membership, there is a link to Register Now, to pay the fees for *Key Hire*, *Any Club Boat* use or *Platinum Level* (own boat in shed). These fees have been held at the same level as the past year.

A reminder to those who currently have Platinum Level BGCC Membership: you are required to use your stored, private boat at least 25 times per year. This will be checked in the log-sheets which you are to sign when you enter the club shed. The Club Shed is not for the storage of unused private boats! To remind you of the usage requirement, all current Platinum Level members have been asked to complete and sign the latest Application Form to continue your BGCC Platinum Level membership. Please read the Club Rules at <http://www.bgcc.org.au/images/FormsAndGovernance/boatshedrules.pdf>

Particularly Section 8: Private Equipment Storage.

Helen.

